Faculty of Pharmacy, Nursing, & Health Professions

Department of Nutrition & Dietetics

NUTD 3290-Ethics of Nutrition Profession

Lecturer-Mohannad Kafri, PhD

Spring 2022

**Course description**

Ethics and the practice of nutrition and dietetics, ethical issues in implementing scientific research on humans or animals, and the role of nutrition in improving the quality of life are the focus of this course. Promoting students ethical awareness in scientific and health professions is the main objective for this course.

**Learning outcomes**

By the end of the course, the student will be able to:

1. Define the meaning of ethics and explain the various theories that promote ethical behavior.
2. Understand ethical issues encountered in scientific research, health professions, health research, and clinical settings.
3. Develop the necessary structured thinking in order to reach ethical decisions in the field of health practice and research
4. Evaluate and analyze ethical problems while being able to communicate them in writing and orally
5. Provide evidence based reasoning for ethical decisions sought after.

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| WEEK | TOPICS |
| 1 | What is ethics, theories of ethics, Why? |
| 2 | The importance of Bioethics in scientific research  The importance of bioethics in health practice |
| 3 | Ethics theories and principles  Utilitarianism, Social contract theory, Deontological/duty theory,  Ethical intuitionism, Ethical egoism, Natural law theory, Virtue ethics.  Fundamental ethical principles: respect for persons, Beneficence, and justice. |
| 4 | Ethics in  Animal Research, Clinical Trials, the WHO guidelines |
| 5 | Codes of medical ethics  decision making model  Conflicts of interest |
| 6 | Consent vs. Informed Consent |
| 7 & 8 | Ethical issues in the practice of nutrition and dietetics  Communication, Relationships, Professionalism, Boundaries, confidentiality  The role of nutrition in improving the quality of life  Examples of ethical issues in the practice of nutrition/registered Dietitian. |
| 8&9 | Ethical issues in global health. Vaccines, resource allocation, and access to health care, world hunger…etc. |
| 10 | Ethical issues and public health: obesity, smoking, drug addiction. |
| 12 | Ethical issues: Reproductive ethics, genetic screening. |
| 13 | Ethical issues: Cloning, stem cells. |
| 14 | Ethical issues: Euthanasia, Palliative care. |
| 15 | Ethical issues: media, morality and eating disorders |
| 16 | review |

**Evaluation**

Midterm case study 30%

Assignments- written case studies 20%

Term paper &presentation 15%

Final exam 35%

Total 100%

Passing grade 60%