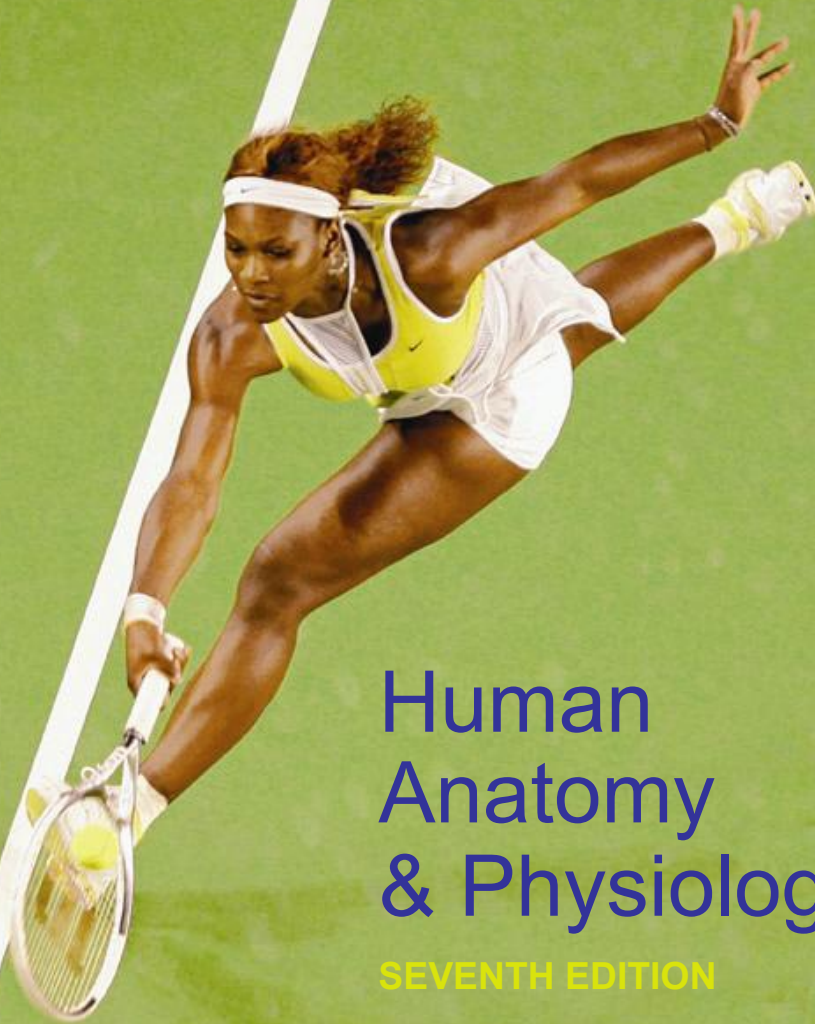


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Katja Hoehn



# Human Anatomy & Physiology

SEVENTH EDITION

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prepared by Vince Austin,  
Bluegrass Technical  
and Community College

CHAPTER

# 25

PART A

## The Urinary System

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# Kidney Functions

- Filter 200 liters of blood daily, allowing toxins, metabolic wastes, and excess ions to leave the body in urine
- Regulate volume and chemical makeup of the blood
- Maintain the proper balance between water and salts, and acids and bases

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## Other Renal Functions

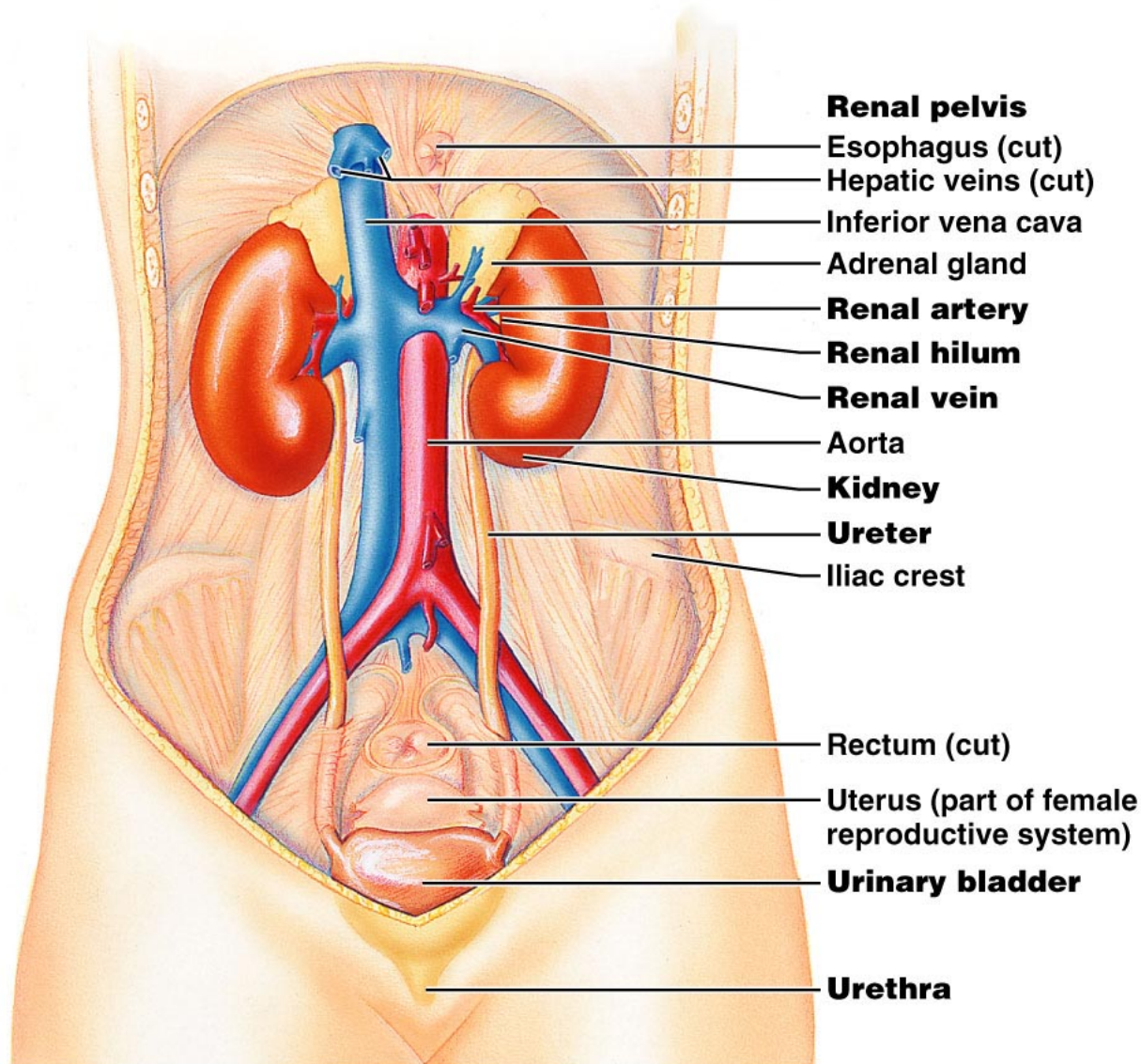
- Gluconeogenesis during prolonged fasting
- Production of rennin to help regulate blood pressure and erythropoietin to stimulate RBC production
- Activation of vitamin D

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## Other Urinary System Organs

- Urinary bladder – provides a temporary storage reservoir for urine
- Paired ureters – transport urine from the kidneys to the bladder
- Urethra – transports urine from the bladder out of the body

# Urinary System Organs



(a)

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# Kidney Location and External Anatomy

- The kidneys lie in a retroperitoneal position in the superior lumbar region
- The right kidney is lower than the left because it is crowded by the liver
- The lateral surface is convex; the medial surface is concave
- The renal hilus leads to the renal sinus
- Ureters, renal blood vessels, lymphatics, and nerves enter and exit at the hilus

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# Layers of Tissue Supporting the Kidney

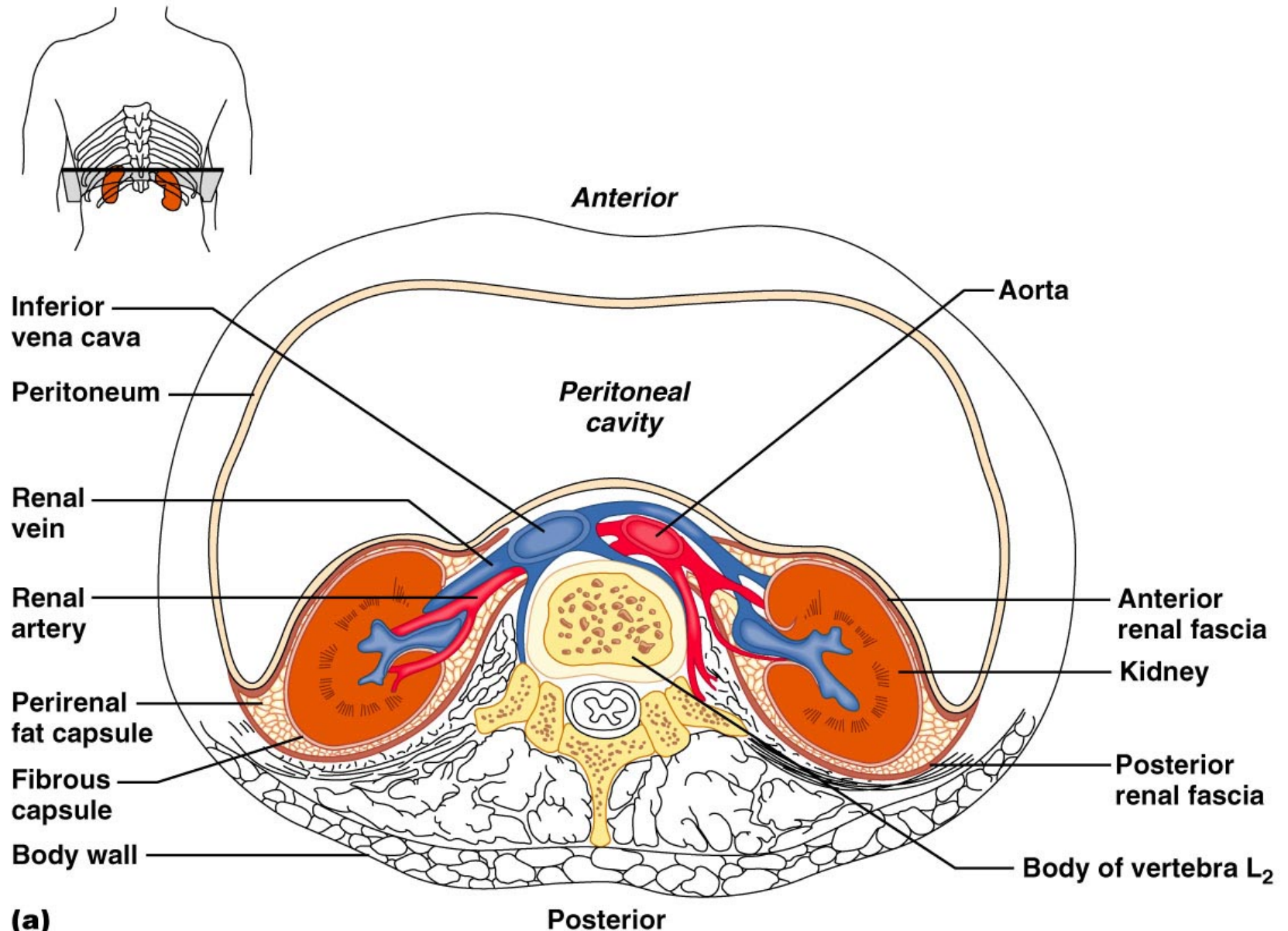
- Renal capsule – fibrous capsule that prevents kidney infection
- Adipose capsule – fatty mass that cushions the kidney and helps attach it to the body wall
- Renal fascia – outer layer of dense fibrous connective tissue that anchors the kidney



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Anatomy Review, page 4



# Kidney Location and External Anatomy





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## Internal Anatomy (Frontal Section)

- Cortex – the light colored, granular superficial region
- Medulla – exhibits cone-shaped medullary (renal) pyramids separated by columns
  - The medullary pyramid and its surrounding capsule constitute a lobe
- Renal pelvis – flat funnel shaped tube lateral to the hilus within the renal sinus

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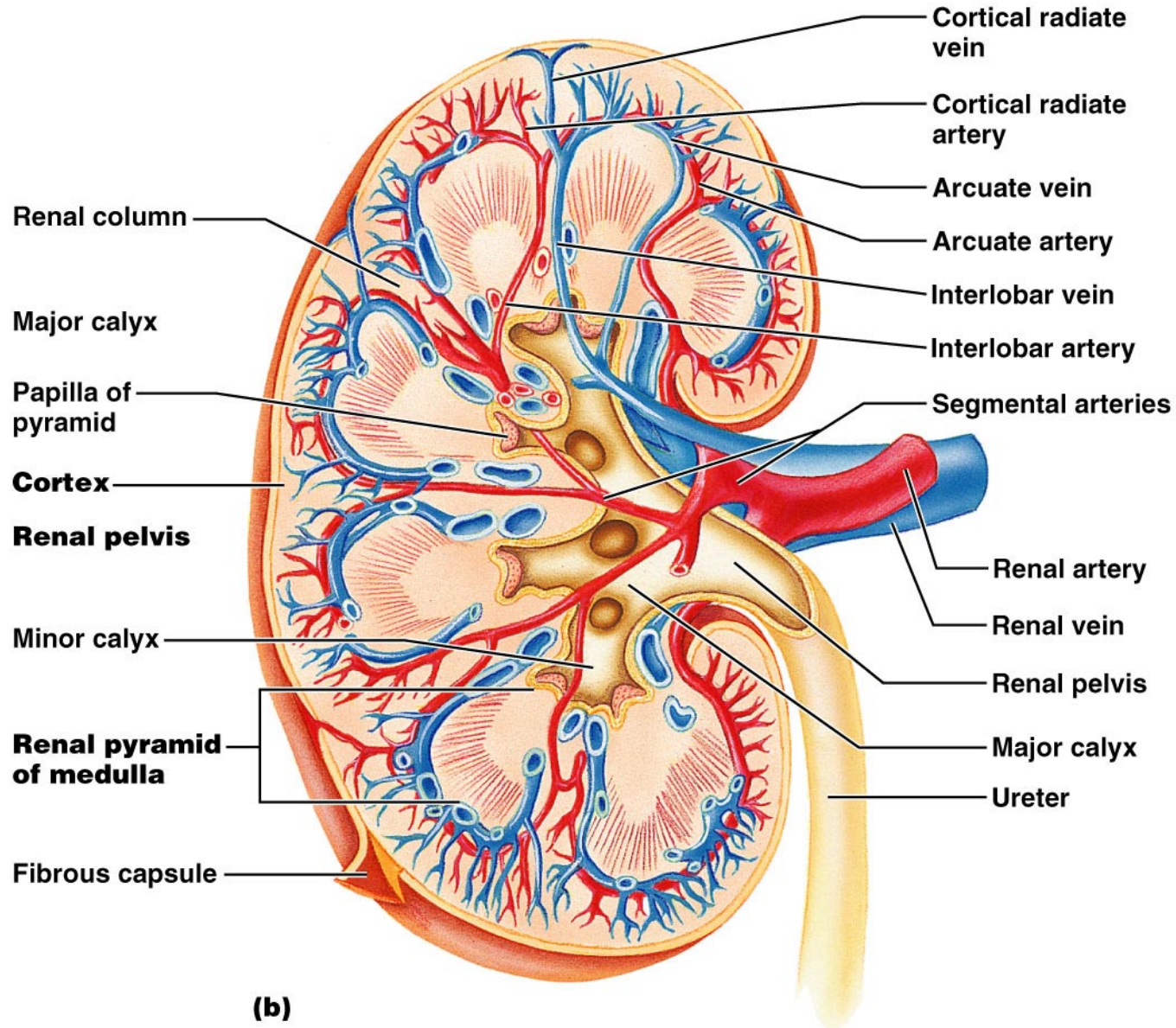
# Internal Anatomy

- Major calyces – large branches of the renal pelvis
  - Collect urine draining from papillae
  - Empty urine into the pelvis
- Urine flows through the pelvis and ureters to the bladder



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# Internal Anatomy



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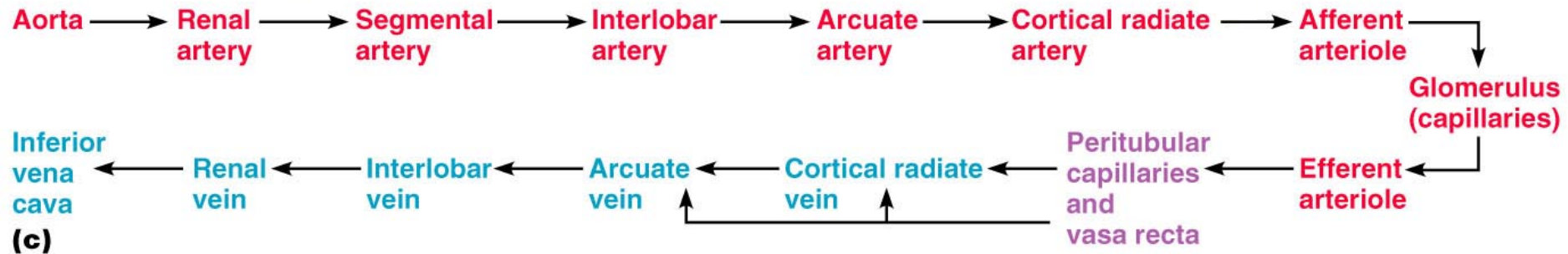
# Blood and Nerve Supply

- Approximately one-fourth (1200 ml) of systemic cardiac output flows through the kidneys each minute
- Arterial flow into and venous flow out of the kidneys follow similar paths
- The nerve supply is via the renal plexus



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# Renal Vascular Pathway



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# The Nephron

- Nephrons are the structural and functional units that form urine, consisting of:
  - Glomerulus – a tuft of capillaries associated with a renal tubule
  - Glomerular (Bowman's) capsule – blind, cup-shaped end of a renal tubule that completely surrounds the glomerulus



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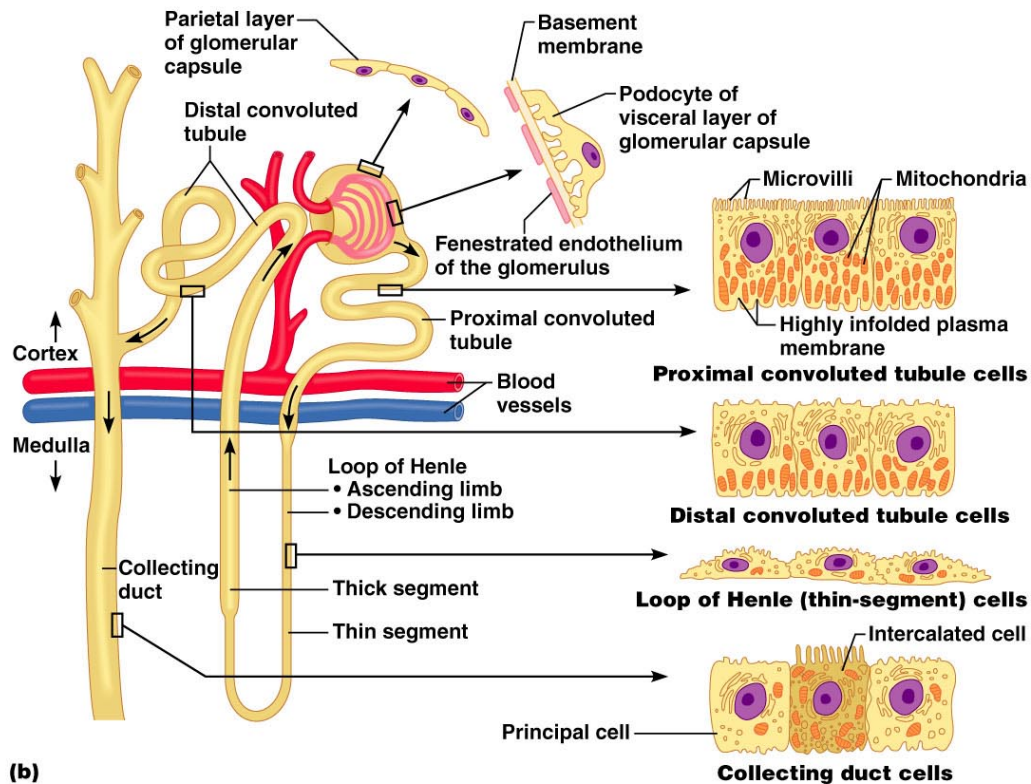
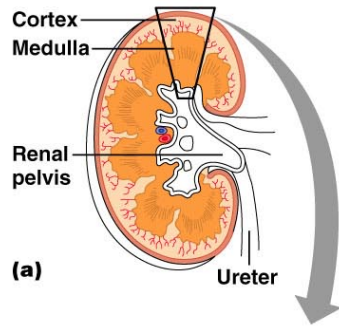
# The Nephron

- Renal corpuscle – the glomerulus and its Bowman's capsule
- Glomerular endothelium – fenestrated epithelium that allows solute-rich, virtually protein-free filtrate to pass from the blood into the glomerular capsule

A green oval button with a white border and the word "PLAY" in white capital letters.

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Urinary: Anatomy Review, pages 7-9

# The Nephron



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# Anatomy of the Glomerular Capsule

- The external parietal layer is a structural layer
- The visceral layer consists of modified, branching epithelial podocytes
- Extensions of the octopus-like podocytes terminate in foot processes
- Filtration slits – openings between the foot processes that allow filtrate to pass into the capsular space

**PLAY**

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# Renal Tubule

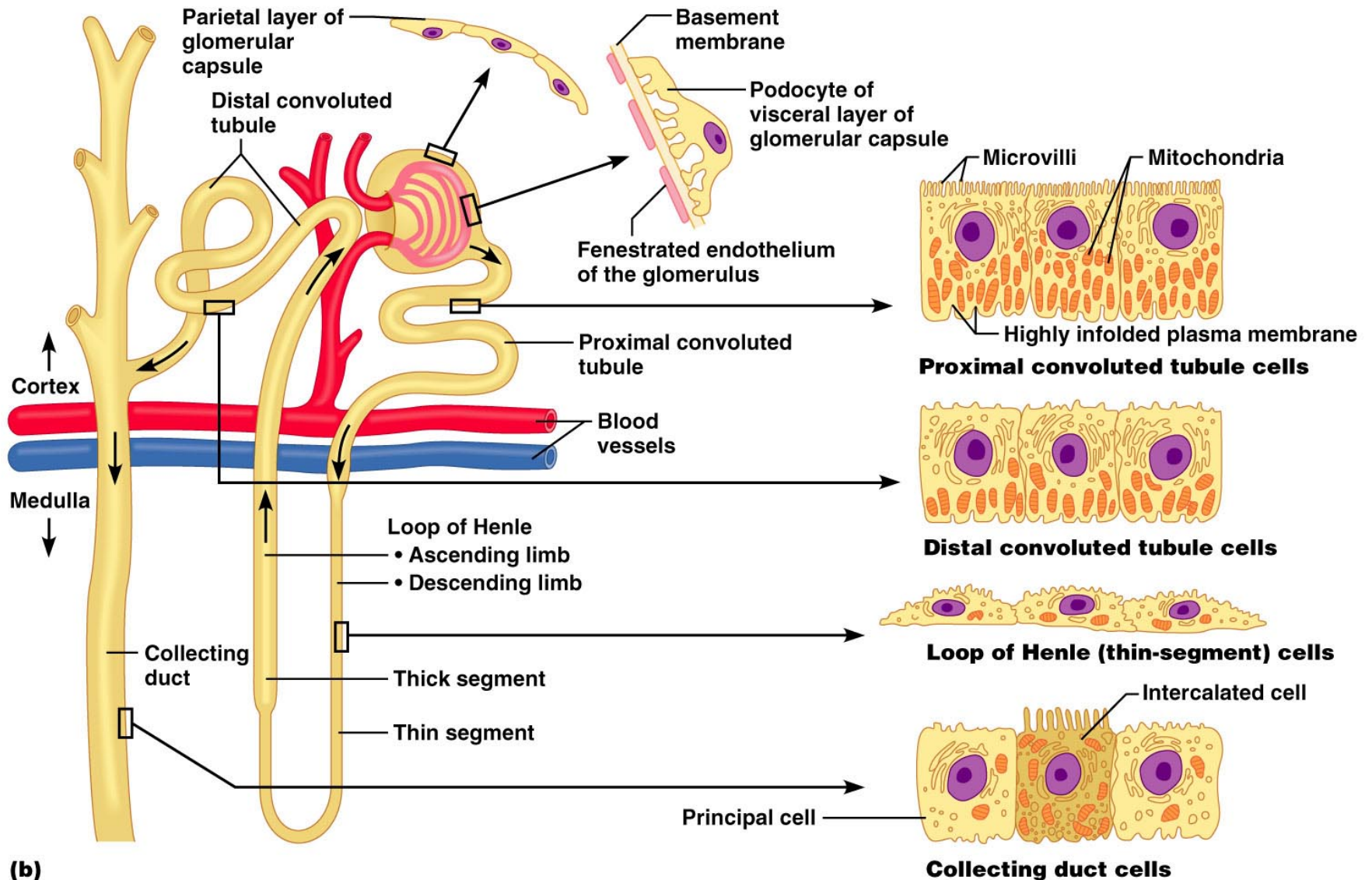
- Proximal convoluted tubule (PCT) – composed of cuboidal cells with numerous microvilli and mitochondria
  - Reabsorbs water and solutes from filtrate and secretes substances into it

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# Renal Tubule

- Loop of Henle – a hairpin-shaped loop of the renal tubule
  - Proximal part is similar to the proximal convoluted tubule
  - Proximal part is followed by the thin segment (simple squamous cells) and the thick segment (cuboidal to columnar cells)
- Distal convoluted tubule (DCT) – cuboidal cells without microvilli that function more in secretion than reabsorption

# Renal Tubule





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# Connecting Tubules

- The distal portion of the distal convoluted tubule nearer to the collecting ducts

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# Connecting Tubules

- Two important cell types are found here
  - Intercalated cells
    - Cuboidal cells with microvilli
    - Function in maintaining the acid-base balance of the body
  - Principal cells
    - Cuboidal cells without microvilli
    - Help maintain the body's water and salt balance

**PLAY**

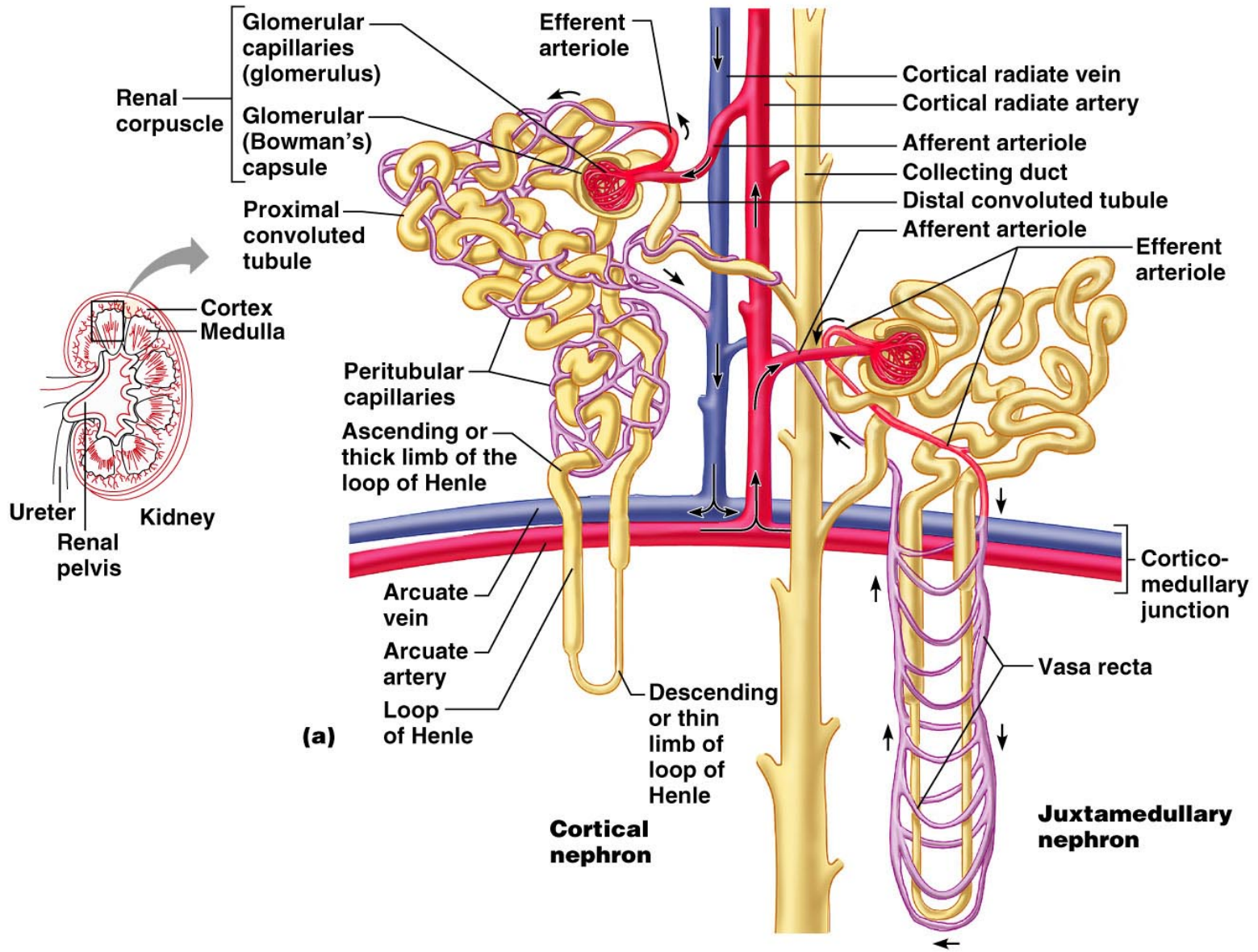
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**Anatomy Review, pages 12–15, 17–19**

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# Nephrons

- Cortical nephrons – 85% of nephrons; located in the cortex
- Juxtamedullary nephrons:
  - Are located at the cortex-medulla junction
  - Have loops of Henle that deeply invade the medulla
  - Have extensive thin segments
  - Are involved in the production of concentrated urine

# Nephron Anatomy



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# Capillary Beds of the Nephron

- Every nephron has two capillary beds
  - Glomerulus
  - Peritubular capillaries
- Each glomerulus is:
  - Fed by an afferent arteriole
  - Drained by an efferent arteriole

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# Capillary Beds of the Nephron

- Blood pressure in the glomerulus is high because:
  - Arterioles are high-resistance vessels
  - Afferent arterioles have larger diameters than efferent arterioles
- Fluids and solutes are forced out of the blood throughout the entire length of the glomerulus

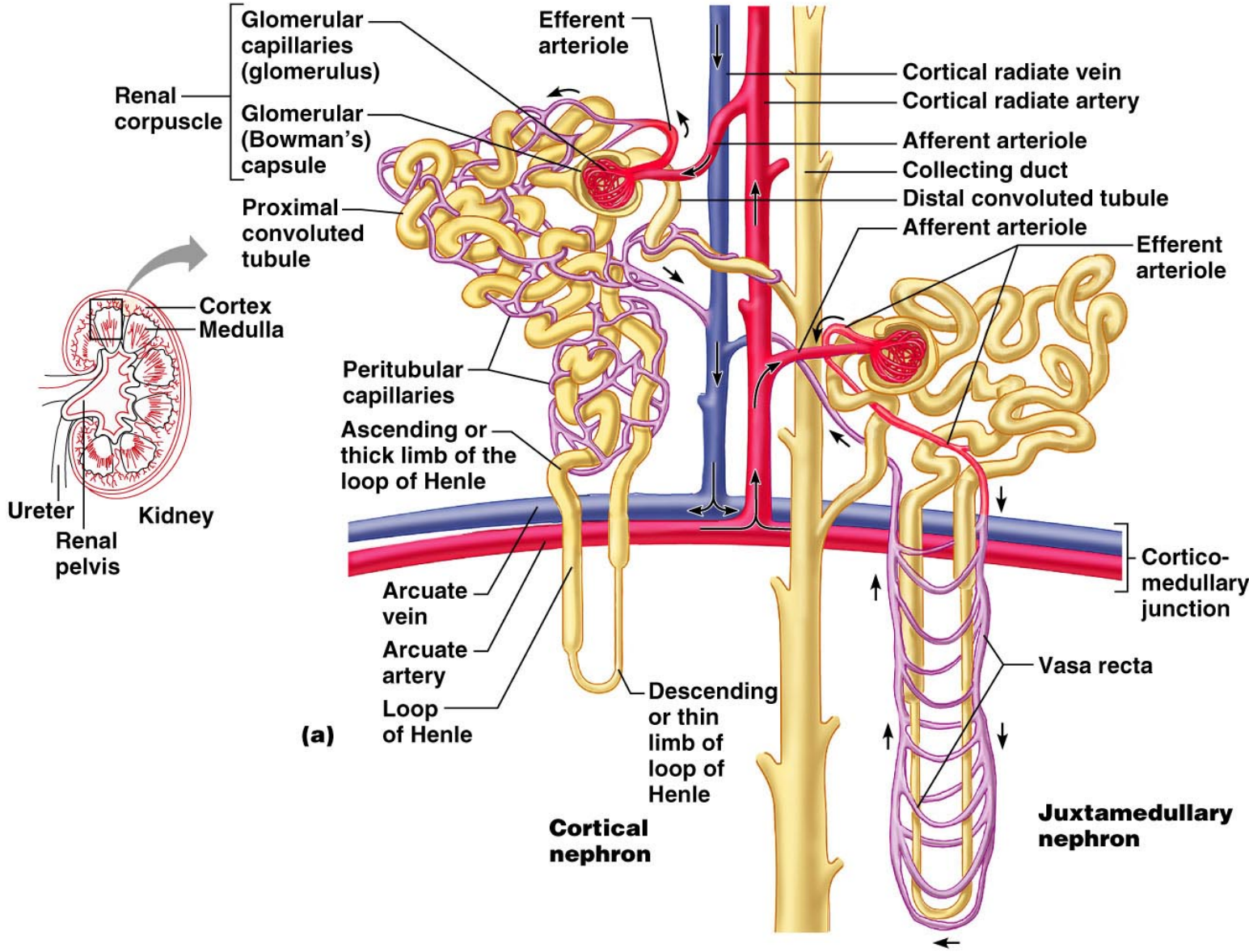


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# Capillary Beds

- Peritubular beds are low-pressure, porous capillaries adapted for absorption that:
  - Arise from efferent arterioles
  - Cling to adjacent renal tubules
  - Empty into the renal venous system
- Vasa recta – long, straight efferent arterioles of juxtamedullary nephrons

# Capillary Beds



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# Vascular Resistance in Microcirculation

- Afferent and efferent arterioles offer high resistance to blood flow
- Blood pressure declines from 95mm Hg in renal arteries to 8 mm Hg in renal veins

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# Vascular Resistance in Microcirculation

- Resistance in afferent arterioles:
  - Protects glomeruli from fluctuations in systemic blood pressure
- Resistance in efferent arterioles:
  - Reinforces high glomerular pressure
  - Reduces hydrostatic pressure in peritubular capillaries

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# Juxtaglomerular Apparatus (JGA)

- Where the distal tubule lies against the afferent (sometimes efferent) arteriole
- Arteriole walls have juxtaglomerular (JG) cells
  - Enlarged, smooth muscle cells
  - Have secretory granules containing renin
  - Act as mechanoreceptors

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# Juxtaglomerular Apparatus (JGA)

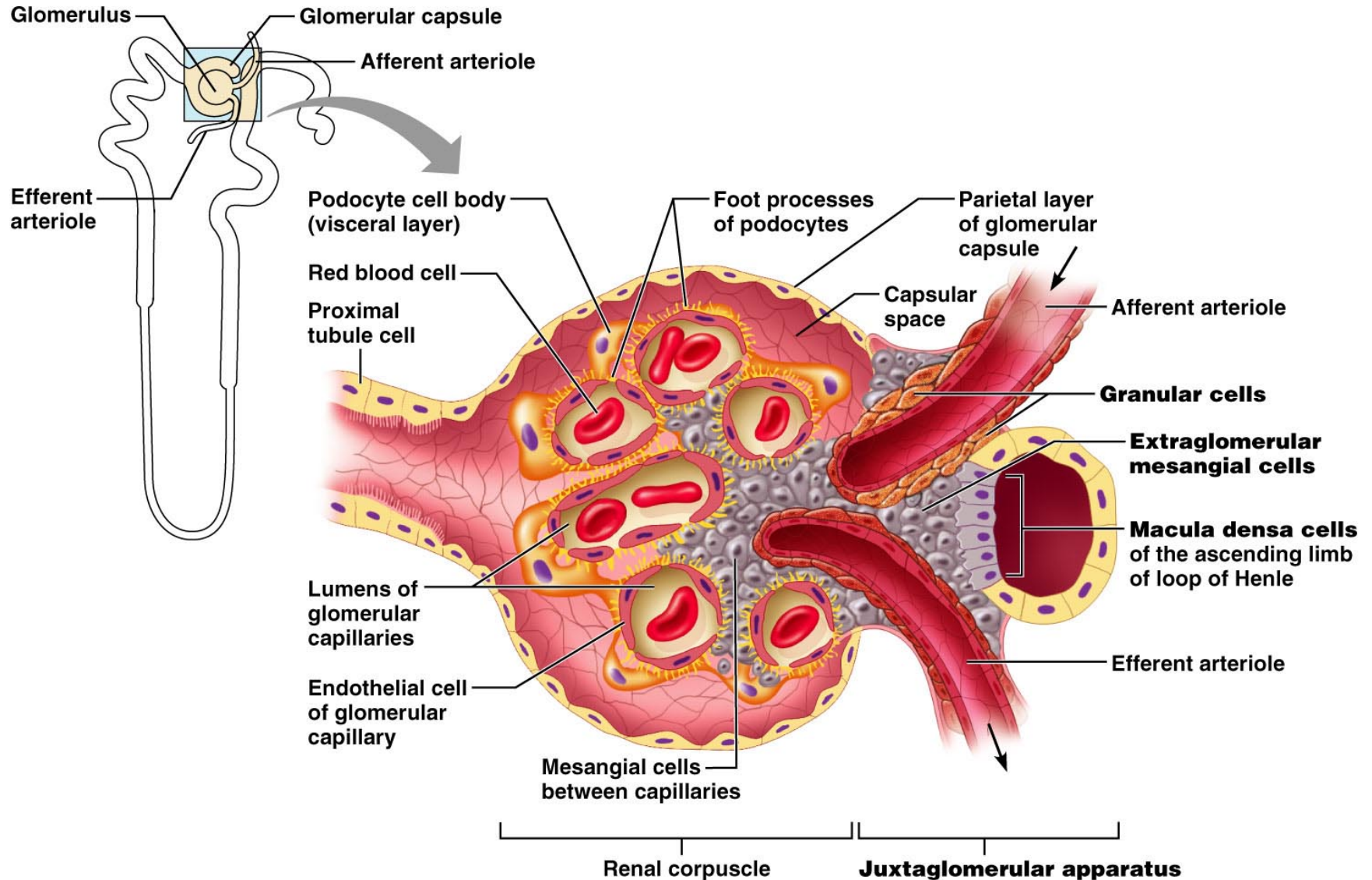
- Macula densa
  - Tall, closely packed distal tubule cells
  - Lie adjacent to JG cells
  - Function as chemoreceptors or osmoreceptors
- Mesangial cells:
  - Have phagocytic and contractile properties
  - Influence capillary filtration

**PLAY**

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Anatomy Review: page 16



# Juxtaglomerular Apparatus (JGA)

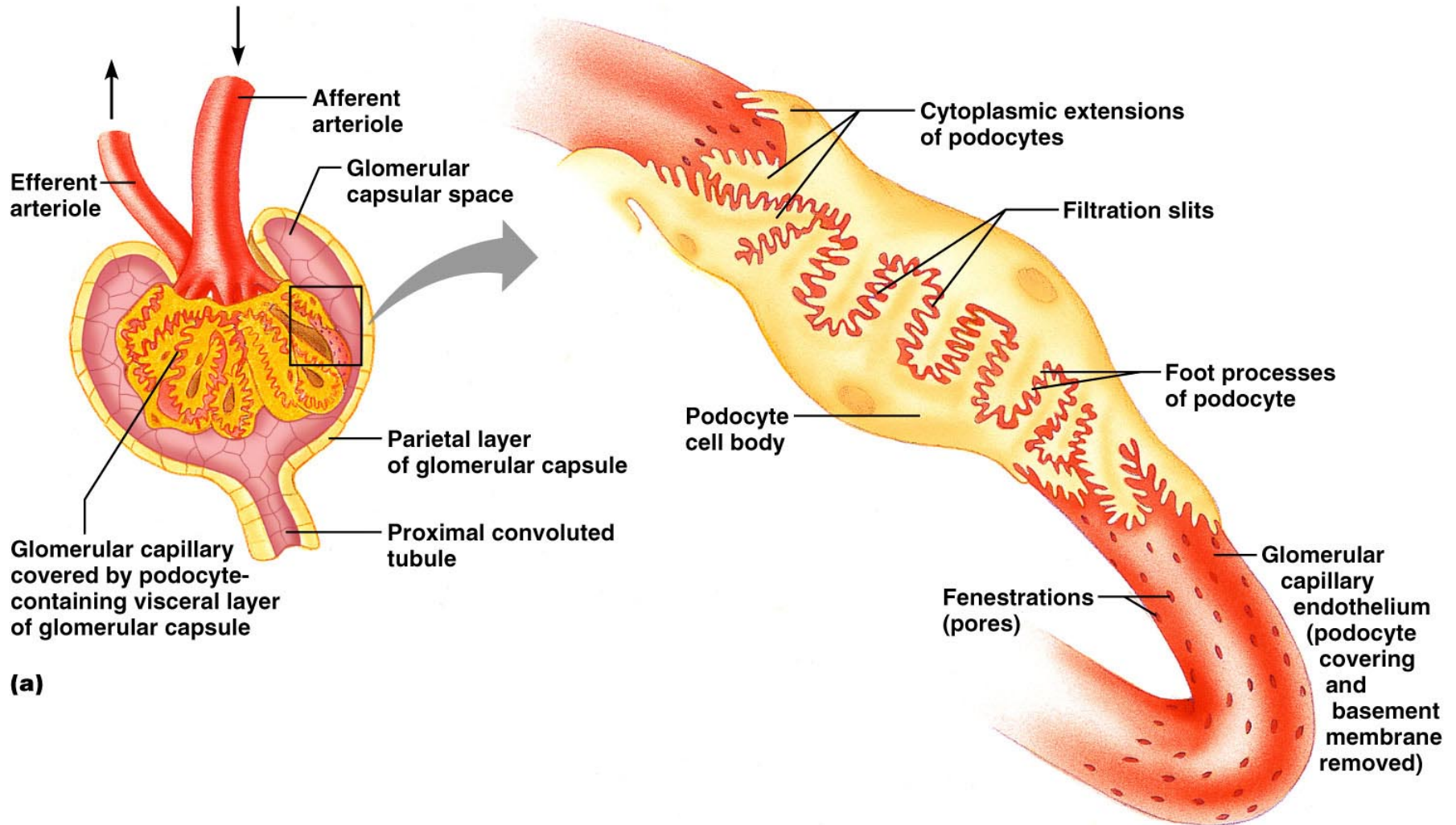


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# Filtration Membrane

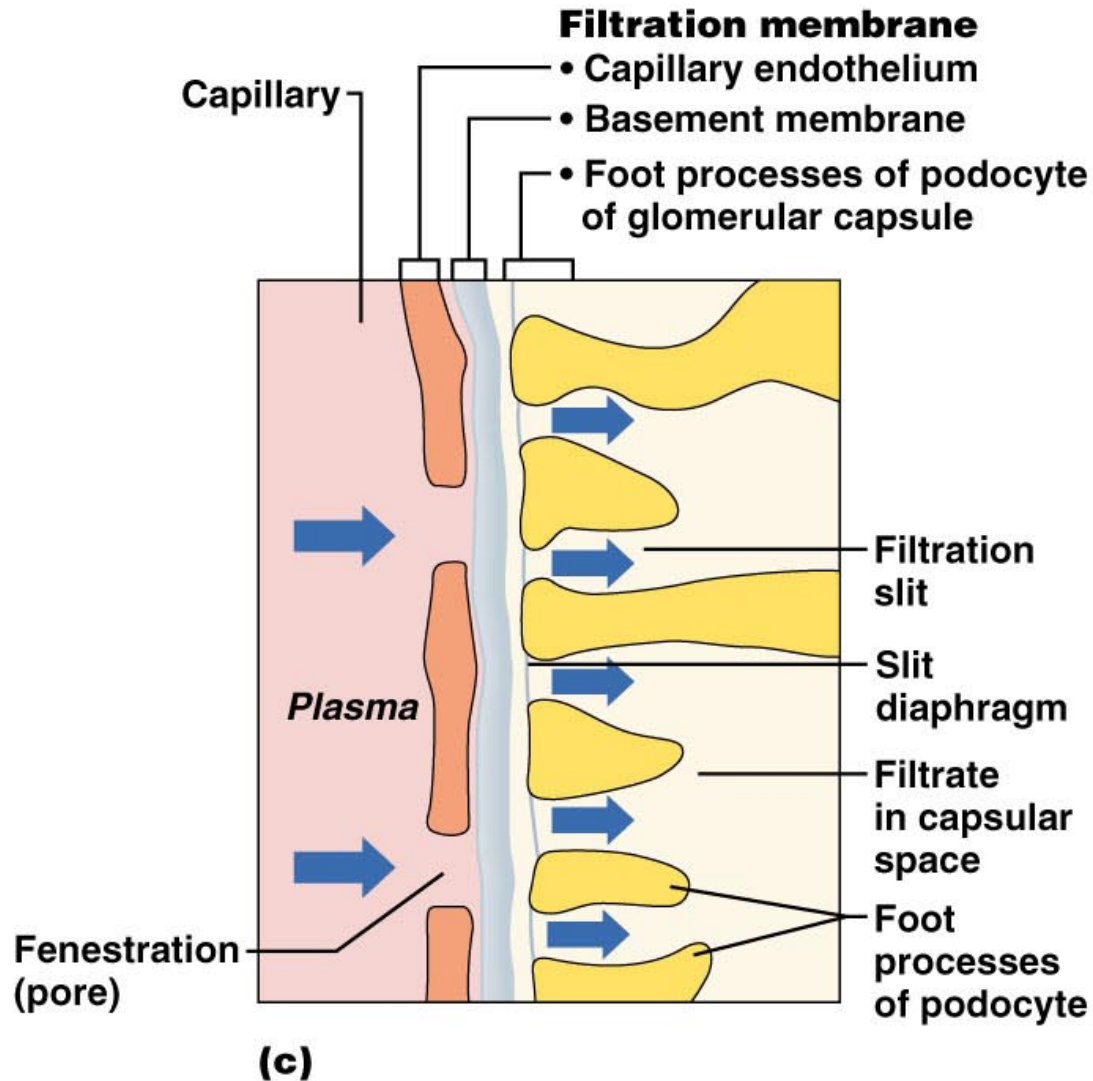
- Filter that lies between the blood and the interior of the glomerular capsule
- It is composed of three layers
  - Fenestrated endothelium of the glomerular capillaries
  - Visceral membrane of the glomerular capsule (podocytes)
  - Basement membrane composed of fused basal laminae of the other layers

# Filtration Membrane



(a)

# Filtration Membrane



PLAY

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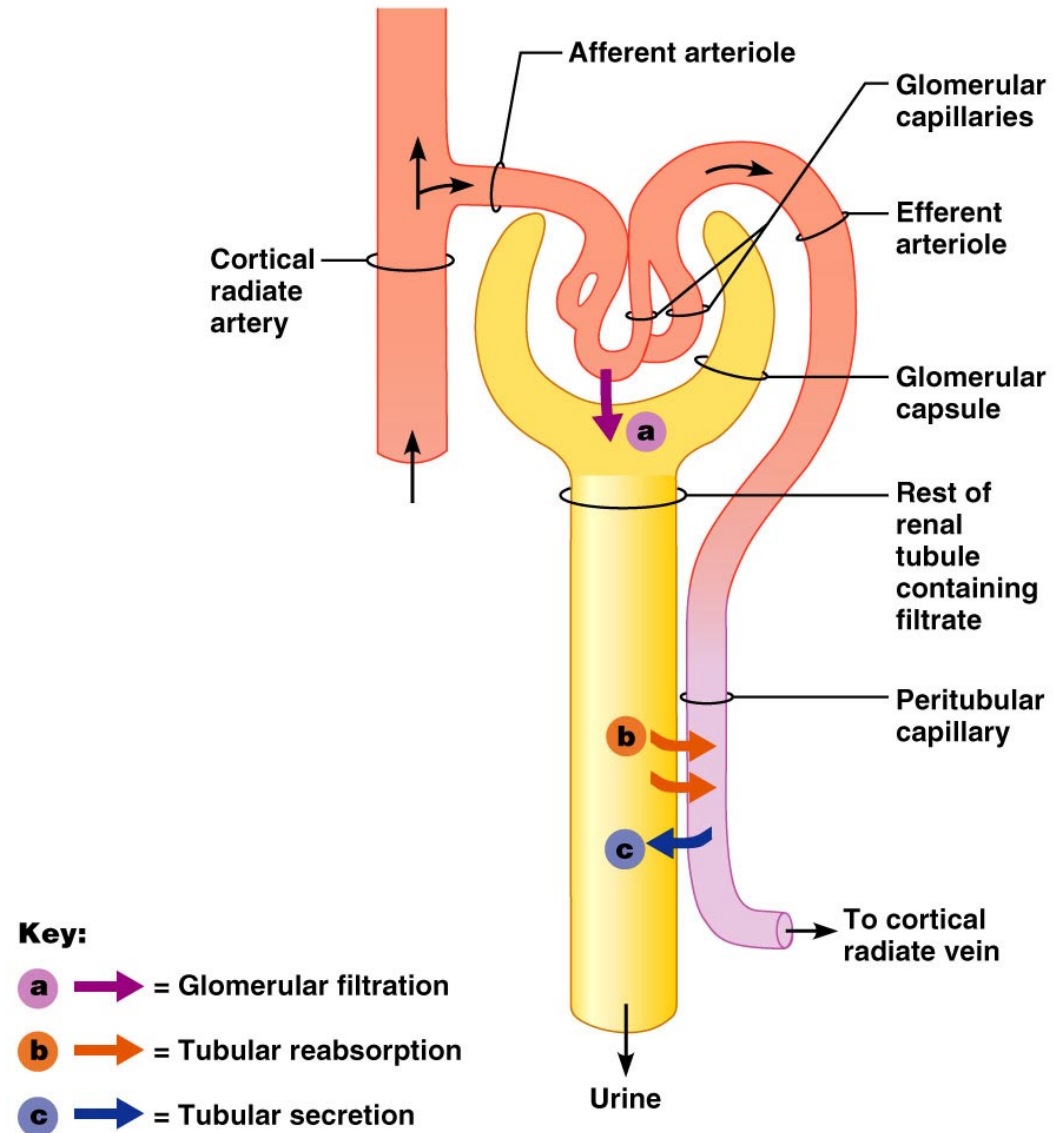
# Mechanisms of Urine Formation

- The kidneys filter the body's entire plasma volume 60 times each day
- The filtrate:
  - Contains all plasma components except protein
  - Loses water, nutrients, and essential ions to become urine
- The urine contains metabolic wastes and unneeded substances



# Mechanisms of Urine Formation

- Urine formation and adjustment of blood composition involves three major processes
  - Glomerular filtration
  - Tubular reabsorption
  - Secretion



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# Glomerular Filtration

- Principles of fluid dynamics that account for tissue fluid in all capillary beds apply to the glomerulus as well
- The glomerulus is more efficient than other capillary beds because:
  - Its filtration membrane is more permeable
  - Glomerular blood pressure is higher
  - It has a higher net filtration pressure
- Plasma proteins are not filtered and are used to maintain oncotic pressure of the blood



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# Net Filtration Pressure (NFP)

- The pressure responsible for filtrate formation
- NFP equals the glomerular hydrostatic pressure ( $HP_g$ ) minus the oncotic pressure of glomerular blood ( $OP_g$ ) combined with the capsular hydrostatic pressure ( $HP_c$ )

$$NFP = HP_g - (OP_g + HP_c)$$

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# Glomerular Filtration Rate (GFR)

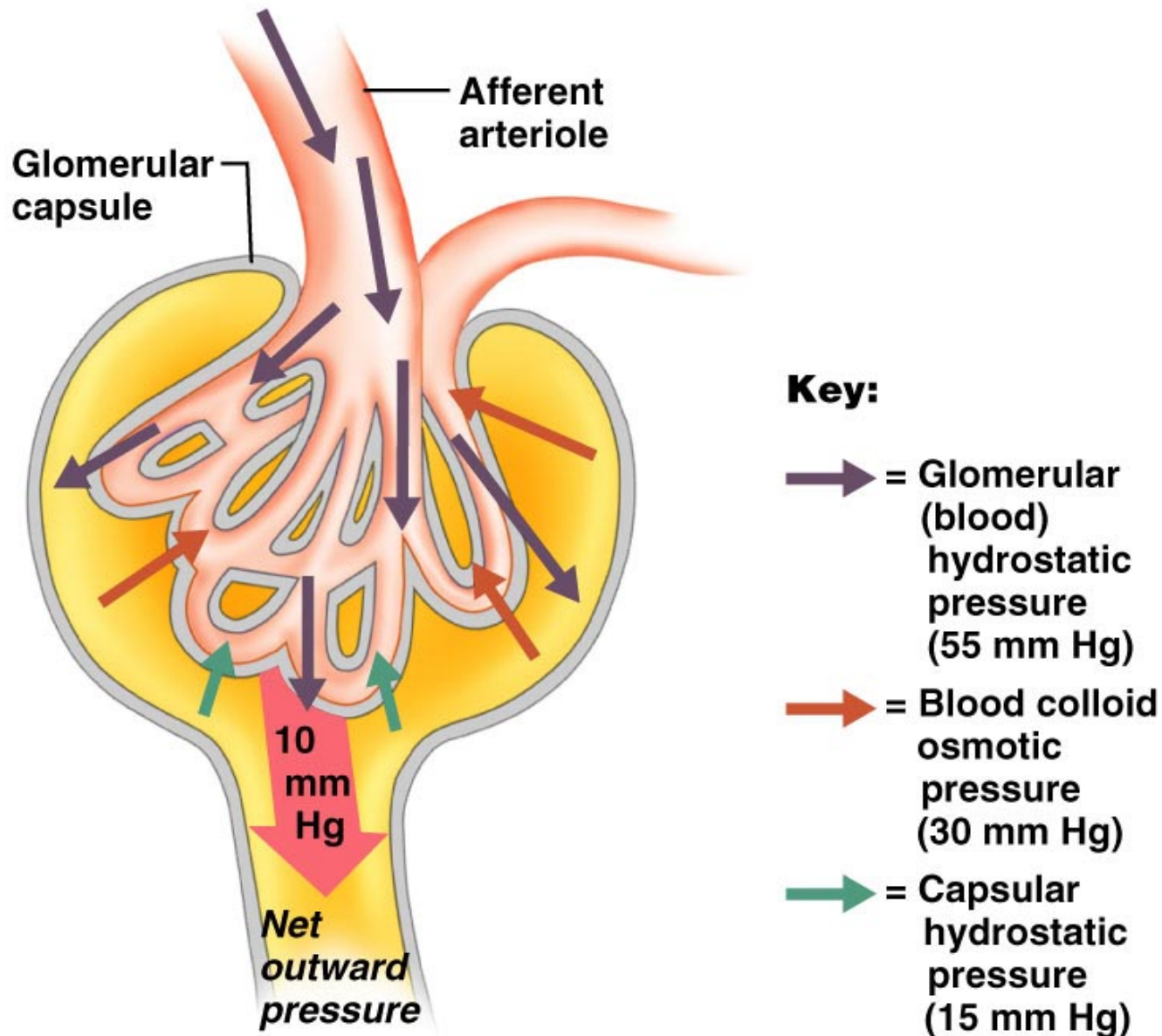
- The total amount of filtrate formed per minute by the kidneys
- Factors governing filtration rate at the capillary bed are:
  - Total surface area available for filtration
  - Filtration membrane permeability
  - Net filtration pressure

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# Glomerular Filtration Rate (GFR)

- GFR is directly proportional to the NFP
- Changes in GFR normally result from changes in glomerular blood pressure

# Glomerular Filtration Rate (GFR)



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# Regulation of Glomerular Filtration

- If the GFR is too high:
  - Needed substances cannot be reabsorbed quickly enough and are lost in the urine
- If the GFR is too low:
  - Everything is reabsorbed, including wastes that are normally disposed of

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# Regulation of Glomerular Filtration

- Three mechanisms control the GFR
  - Renal autoregulation (intrinsic system)
  - Neural controls
  - Hormonal mechanism (the renin-angiotensin system)

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# Intrinsic Controls

- Under normal conditions, renal autoregulation maintains a nearly constant glomerular filtration rate
- Autoregulation entails two types of control
  - Myogenic – responds to changes in pressure in the renal blood vessels
  - Flow-dependent tubuloglomerular feedback – senses changes in the juxtaglomerular apparatus

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# Extrinsic Controls

- When the sympathetic nervous system is at rest:
  - Renal blood vessels are maximally dilated
  - Autoregulation mechanisms prevail



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# Extrinsic Controls

- Under stress:
  - Norepinephrine is released by the sympathetic nervous system
  - Epinephrine is released by the adrenal medulla
  - Afferent arterioles constrict and filtration is inhibited
- The sympathetic nervous system also stimulates the renin-angiotensin mechanism



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Glomerular Filtration, pages 3–14

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# Renin-Angiotensin Mechanism

- Is triggered when the JG cells release renin
- Renin acts on angiotensinogen to release angiotensin I
- Angiotensin I is converted to angiotensin II
- Angiotensin II:
  - Causes mean arterial pressure to rise
  - Stimulates the adrenal cortex to release aldosterone
- As a result, both systemic and glomerular hydrostatic pressure rise

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# Renin Release

- Renin release is triggered by:
  - Reduced stretch of the granular JG cells
  - Stimulation of the JG cells by activated macula densa cells
  - Direct stimulation of the JG cells via  $\beta_1$ -adrenergic receptors by renal nerves
  - Angiotensin II

# Renin Release

