

**Faculty of Nursing , Pharmacy, & allied Health Sciences**

**Course: Health Assessment (NURS220)**

**Course’s Instructor: Maram Jaghama**

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**Section No. : 4L**

**Date of implemented CVS Assessment: 4/12/2021**

**Pt. Name: F.F.**

**Gender: Female**

**Age: 72 years old**

**Dx: NSTEMI**

**Chief complaint: Dizziness**

**Health History:**

* **General Data: obese female, no smoking, no fatigue , no stress ( The Pt. said: “I am calm and rarely nervous”), no exercise, no alcohol consumption , healthy diet ( the Pt. said: “ I eat different types of food such as: eggs, avocado, steamed vegetables and I don’t eat fast food.” , she also has Diabetes Mellitus.**
* **Cardiovascular: No cardiac disease history, no chest pain or tightness, regular heartbeat, the Pt. is suffering from dizziness( chief complain) & said: “ I was feeling dizziness due to weakness in my heart muscle”, he has Hypertension from 7-8 years, pt. also suffers from SOB (used Nasal Cannula) , no orthopnea, no cough, no edema, the skin was normal( moist, warm, intact), No nocturia.**

**Physical Assessment of Pt. :**

**Height & Weight**

**Height: 1.60 m weight: 95 Kg BMI: 37 ( considered obese)**

**Vital signs**

**BP: 103/65 mmHg Spo2: 96% Temp. 38 c**

**Pulse rate (Apical & Radial): 84 bpm , Regular rhythm ,volume is +2 normal.**

**Inspection:**

**Normal Skin color, even pigmentation, normal Temperature, hair is smooth & there are voids in the hair ( with aging), & scalp has no lesions, the nail shape is normal ( no clubbing or spooning) , color of the nail beds are pinkish, capillary refill within 2 seconds ( good perfusion) , the Cuticle is normal, face structures are symmetrical , eyes are normal in appearance , Carotid arteries aren’t visible but pulsated & no bruit sound, Jugular veins aren’t distended , chest color & contour are normal with no scars, chest shape is symmetry, chest configuration: AP:T = 1:2 , apical impulse & rhythm is normal, no abdominal pulsations.**

**Palpation :**

**Skin is normal( warm, intact, moderately moist), chest is warm bilaterally, apical pulse is felt on 5th ICS at MCL, no pulsation at: RSB, LSB- 2ICS, LSB- 3,4 ICS.**

**Percussion:**

**On 5th ICS at the left anterior axillary line a resonance sound is heard , left MCL -5 ICS: dullness, left LSB – 5 ICS: dullness.**

**Auscultation:**

**Aortic valve RSB( 2- ICS) : S2 sound louder than S1**

**Pulmonic valve LSB (2- ICS): S2 sound louder than S1**

**ERBs point LSB ( 3-ICS) : S1=S2**

**Tricuspid valve LSB ( 4-ICS): S1 sound louder than S2**

**Mitral valve ( 5- ICS): S1 sound louder than S2**

**No S3 or S4 Sounds**

**No Murmurs**

**No Bruits**