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**Care plan for pt with Ischemia heart disease .**

**Pt name : Saleh Ahmed Qart .**

**Pt age : 69 y .**

**PMH : Aspirin , Plavix , lipidix , Clexane , Insulin , Enapril , Mepral , Concor .**

**Dx : Ischemia heart disease .**

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| **Pt Evaluation** | **Pt Rational** | **Pt Action** | **Pt Dx** |
| **-we monitored the oxygen level ,skin color ,temp and pulse in the extremities to avoid any change can**  **occur .** | **- Oxygen must be carefully monitored because this disease is caused by lack of oxygen to the heart muscle .**  **- Color and temp ( if the color pale & cool ) is incidence of decrease peripheral tissue perfusion .**  **- Decrease pulse is incidence of decrease tissue perfusion from vasoconstriction the vessels .** | **- Monitor VS**  **- Note color ang temp of the skin .**  **- Monitor peripheral pulse .** | **Pt risk of ineffective tissue perfusion r/t decrease cardiac output .** |
| **- When monitoring pain based on its severity and the pt's condition , we determine the degree of risk**  **-When we give it painkiller the pain reduce** | **- To have data about pain for planning .**  **- To reduce pain .**    **- To have data**  **- To keep the pt away from any stress** | **- Assess pain location and severity .**  **- Administer painkiller**  **- Monitor VS (Spo2) .**  **-provide comfortable environment .** | **Pt risk of acute pain r/t imbalance of oxygen supply to myocardial demands** |