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A review of acute or chronic renal failure, common kidney diseases, and herbal plants used for management

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In this article, the types of kidney diseases and risk factors such as diabetes, hypertension, and obesity and how does it happen how do these diseases are treated with some herbal plants, and is it effective or not.

Firstly, the article talks about the causes that cause complications and mortality in patients with renal diseases and it mentions that infections and cardiovascular disease are the top causes, and it is unknown how to avoid it to develop renal failure, hypertension is the top cardiovascular disease that causes renal issues.

Secondly, the article mentions the types of kidney diseases and the difference between them, AFR is a slow persistent reduction of the glomerular filtration rate leading to accumulation of nitrogen waste and uremic, and a drop in urine production, CFR which is categorized as a persistently irregular GFR with renal fibrosis and decreased renal activity and its diagnosed with the high levels of creatinine in the blood.

Risk factors, the article discusses that having Chronic kidney disease is itself a risk factor for acute kidney disease, other risk factors such as age, diabetes, CVD, and liver disorders play a major role in affecting the kidney status

Other kidney issues like glomerulonephritis which is considered to be the major cause of end-stage renal disease in the UK and USA this disease covers all forms of glomerular diseases these diseases don’t cause progressive renal dysfunction but cause severe morbidity, the article talks about several different diseases like kidney stones and polycystic kidney diseases.

These days herbal treatment became more common due to reduced side effect and the availability of these herbal plants, clinical trials show that many of these plants have potential benefits in laboratory animals, and in some trials with patients who have AFR in Africa, some of these plants are papaya camelthorn, Carob, there are some reports that these plants play a significant role on slowing or stopping the progression of renal disease.

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