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prepared by Vince Austin,
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and Community College

CHAPTER

23

PART A

The Digestive System

*Gastro-Intestinal
- probiotics*

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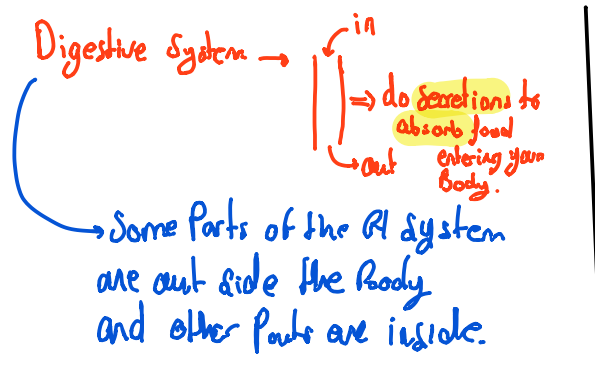


Human Anatomy & Physiology

SEVENTH EDITION

Digestive System: Overview

- The alimentary canal or gastrointestinal (GI) tract digests and absorbs food → *Start from Oral cavity.*
- Alimentary canal – mouth, pharynx, esophagus, stomach, small intestine, and large intestine
- *Supporting Glands + Organs.* Accessory digestive organs – teeth, tongue, gallbladder, salivary glands, liver, and pancreas



Alimentary Canal

Accessory digestive organs

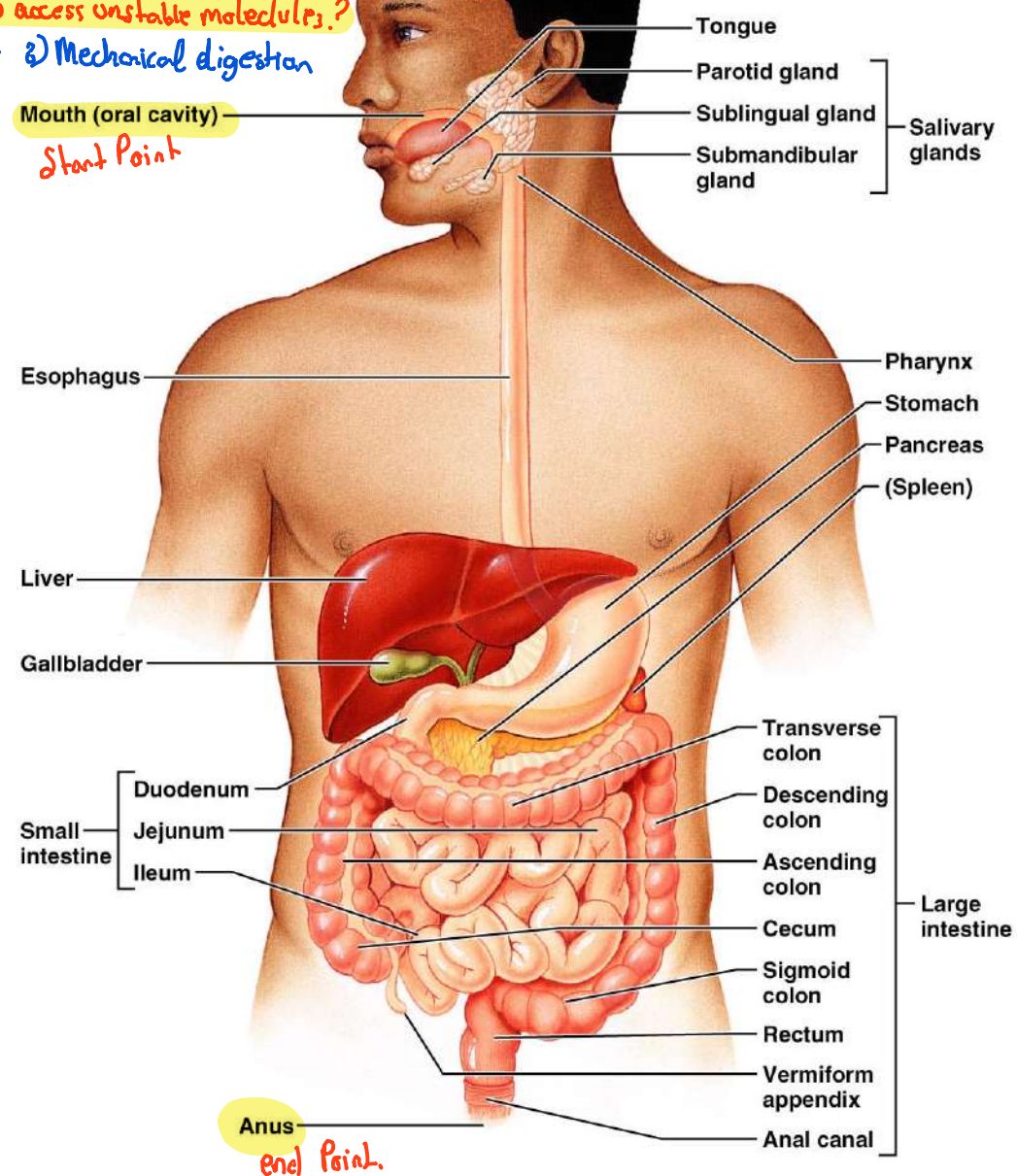
What is the function of the GI system?

↳ making nutrient accessible to the body.

→ what kind of activity we do to access unstable molecules?

- 1) Ingestion
- 2) Moving food down
- 3) Mechanical digestion

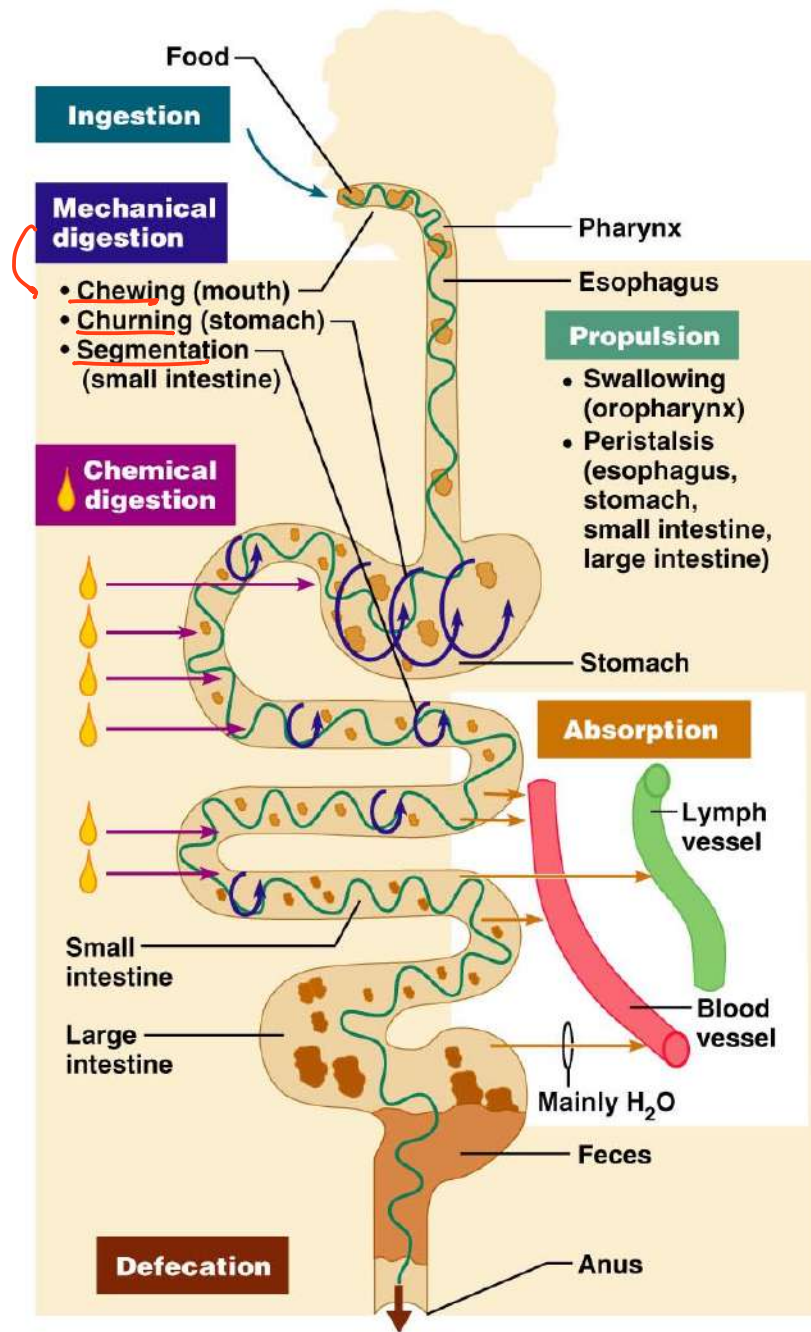
Mouth (oral cavity)
Start Point



Anus
end Point.

Digestive Process

- The GI tract is a “**disassembly**” line
 - Nutrients become more available to the body in each step → As we go down in the GI Tract → more absorption → so nutrients are more available to the Body.
- There are six essential activities:
 - Ingestion, propulsion, and mechanical digestion
 - Chemical digestion, absorption, and defecation
 - ↳ Producing fluids containing enzymes and Co. enzymes → so they can break up Bonds in Ingested food.
 - ↳ taking up nutrients for the use of the Body.
 - ↳ moving the rest of non used molecules outside the Body.



How Does absorption happen?

E CF

endothelium

AS example: Esophagus

Gastrointestinal Tract Activities

- **Ingestion** – taking food into the digestive tract

Movement → by muscles

- **Propulsion** – swallowing and peristalsis

- Peristalsis – waves of contraction and relaxation of muscles in the organ walls → Happens to move food down the GI Tract

- **Mechanical digestion** – chewing, mixing, and churning food
Segmentation.

Moving from esophagus to the large intestine ⇒ all parts in the Tracts have 4 walls.

- 1) Mucosa
- 2) Submucosa
- 3) Muscularis
- 4) Serosa

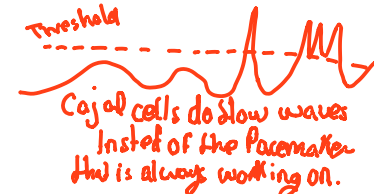
* we have something called **Cajal cells**..?

↳ the one the Pacemaker for the GI Tract (Stomach)
But they are not regular as Pacemakers in the Heart why?

Because they contract in a way depending on the condition and type of food ingested

* The Activity of GI System is Controlled by its own AP initiation and also has its own Brain

↳ Have Cajal cell, Pacemaker



PLAY

InterActive Physiology®:
Motility, pages 3-5

Peristalsis and Segmentation

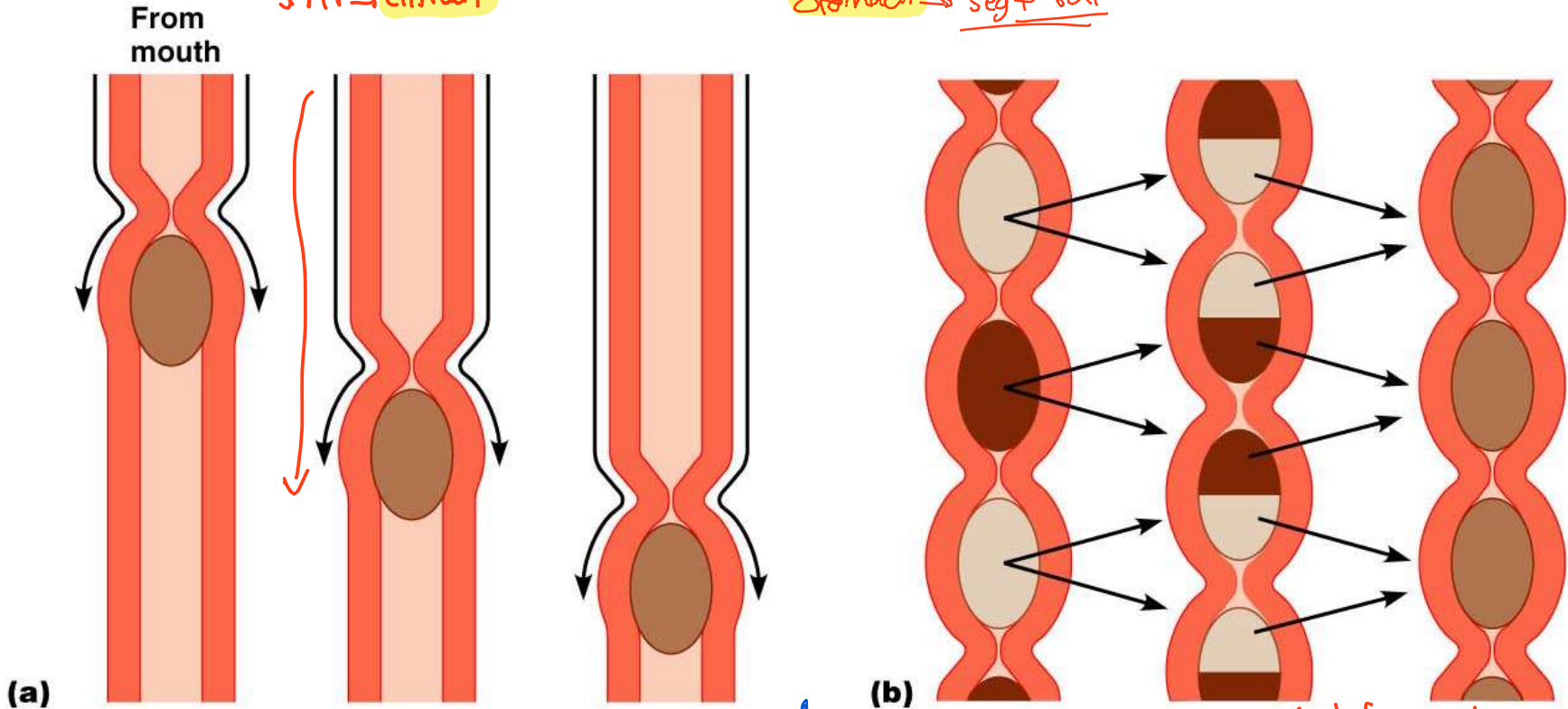
Contraction

Mixing of the food.

* At any situation Peristalsis Happen whereas Segmentation Only Happen at specified Parts of the GI Tract.

esophagus → Peri only
 Stomach → Seg + Peri

* AP → enteric



(a)

(b)

Adjacent segments of the alimentary canal organs alternately contract and relax } Food is moved down along + at Primary Propulsive Some mixing may occur.

* Nonadjacent segments contract + relax. & Food moves forward and backward * Primarily → mix But Propulsion may occur

Gastrointestinal Tract Activities

- **Chemical digestion** – catabolic breakdown of food
- **Absorption** – movement of nutrients from the GI tract to the blood or lymph
- **Defecation** – elimination of indigestible solid wastes

GI Tract

- External environment for the digestive process
- Regulation of digestion involves:
 - Mechanical and chemical stimuli – **stretch receptors, osmolarity, and presence of substrate in the lumen**
 - Extrinsic control by **CNS** centers
 - Intrinsic control by (**ENS**) local centers

Receptors of the GI Tract

Our GI tract have different Receptors which are all important because we need

- Mechano- and chemoreceptors respond to:

Distension →
↳ How much do you eat.

- **Stretch**, **osmolarity**, and **pH** → acidity
↳ water

to know
How the
food is getting
injected
* Polypeptide
↳ Proteins.

- **Presence of substrate, and end products of digestion**

- They initiate reflexes that:

* Any kind of activity require
Sensation by these
Receptor

- Activate or inhibit digestive glands

- **Mix** lumen contents and **move** ^{Down} them along

↳ Receptor → Produce Reflexes: **Active / Inhibit**

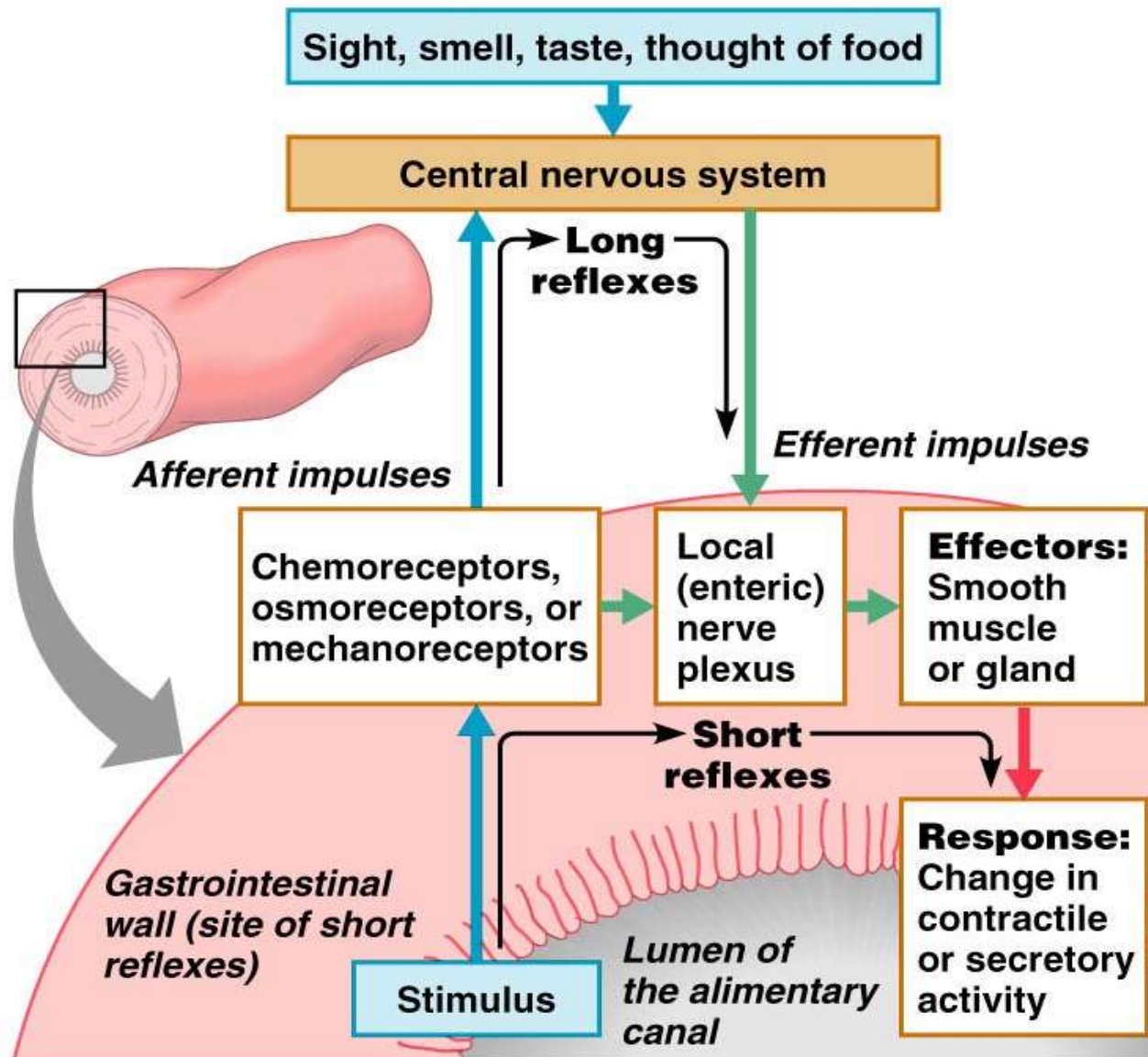
Nervous Control of the GI Tract

- **Intrinsic controls** → these are the ones created by within the GI → Hormone
 - Nerve plexuses near the GI tract (ENS) initiate short reflexes
 - Short reflexes are mediated by local enteric plexuses (gut brain)
- **Extrinsic controls** → triggered from Brain. (Pleasure center)
↳ anxiety, Pressure.
 - Long reflexes arising outside the GI tract
 - CNS centers and extrinsic autonomic nerves

Gastrin → activated by other factor...

For example
Creating Rotting
OR Bacteria full
Food which effect
our Body and
that depends on
the within of
GI system
(ENS)

Nervous Control of the GI Tract



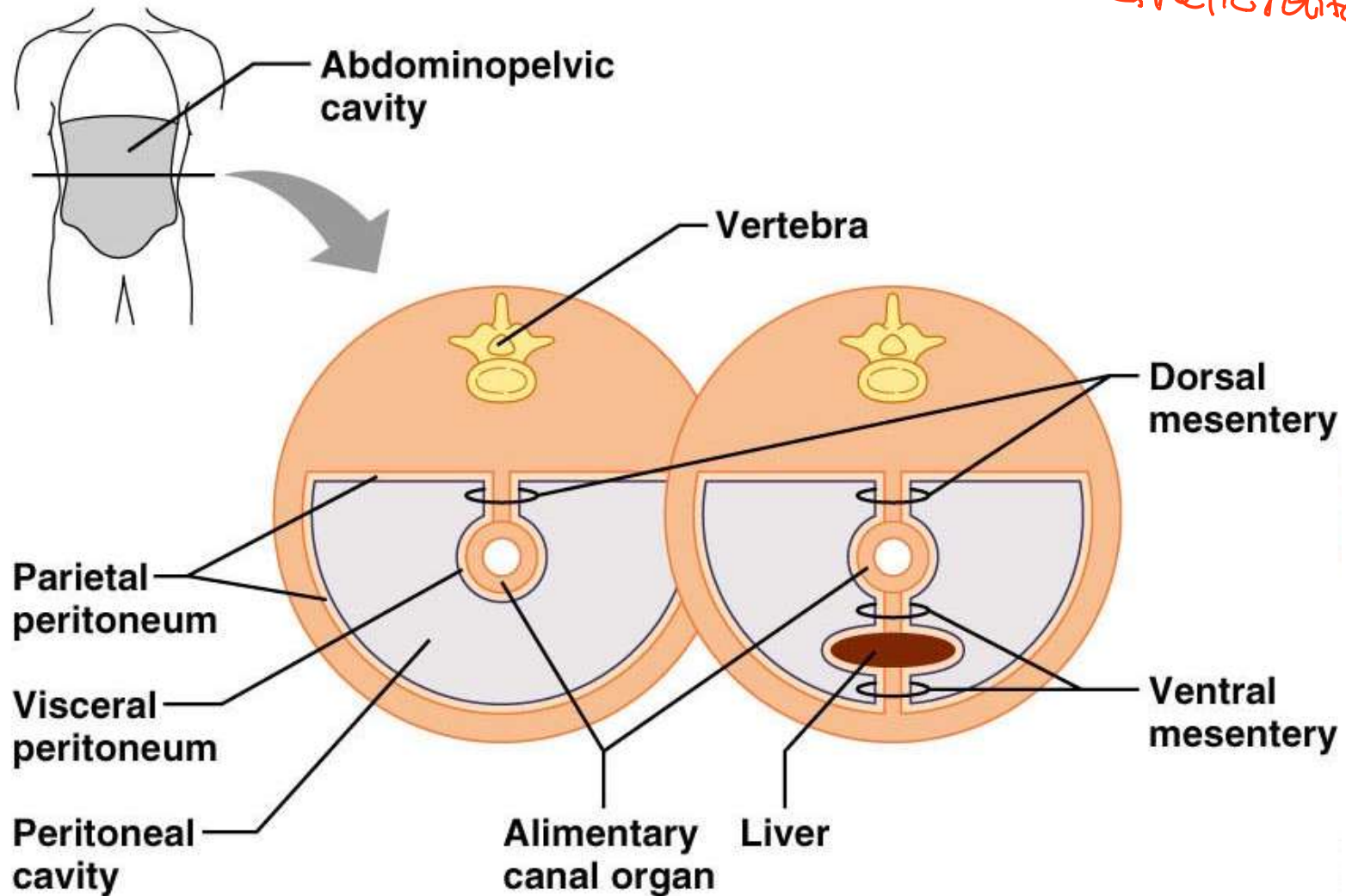
Peritoneum and Peritoneal Cavity

↳ lined up by a double membrane
which attached directly with the inner organs.

- **Peritoneum** – serous membrane of the abdominal cavity
 - Visceral – covers external surface of most digestive organs
 - Parietal – lines the body wall
- **Peritoneal cavity**
 - Lubricates digestive organs
 - Allows them to slide across one another

Peritoneum and Peritoneal Cavity

*Kidney
↳ Retro Peritoneum.*



(a) Transverse section of abdominal cavity

Peritoneum and Peritoneal Cavity

- **Mesentery** – double layer of peritoneum that provides:

- Vascular and nerve supplies to the viscera
- Hold digestive organs in place and store fat

- **Retroperitoneal organs** – organs outside the peritoneum (Kidneys)

- **Peritoneal organs** (intraperitoneal) – organs surrounded by peritoneum → Stomach, liver, pancreas

↳ Inside the abdominal cavity → surrounded by a peritoneum.

Blood Supply: Splanchnic Circulation

↳ We have something different, different arteries which supply blood to organs.

- Arteries and the organs they serve include
 - The hepatic, splenic, and left gastric: liver, spleen, and stomach
 - Inferior and superior mesenteric small and large intestines

↳ when you do workout
Nothing happen to your
organs because of the
membrane.

(Saw (giblets to stool))

↳ makes blood
vessels inside

Blood Supply: Splanchnic Circulation

↳ (whole circulation that comes from the GI).

▪ **Hepatic portal circulation:**

- Collects nutrient-rich venous blood from the digestive viscera
- Delivers this blood to the liver for metabolic processing and storage

**Purifying Blood before it goes out to Blood Stream again.*

Histology of the Alimentary Canal

- From esophagus to the anal canal the walls of the **GI tract have the same four tunics**

Vary in shape + long + irregular + connective tissue + blood vessels + lymphatic and nerves.

- From the lumen outward they are the **mucosa, submucosa, muscularis externa, and serosa**

3 layers of muscle.

epithelial cells + Connective Tissues. absorptive and secretory layer of the GI Tract. on it we have villi + microvilli to increase absorption.

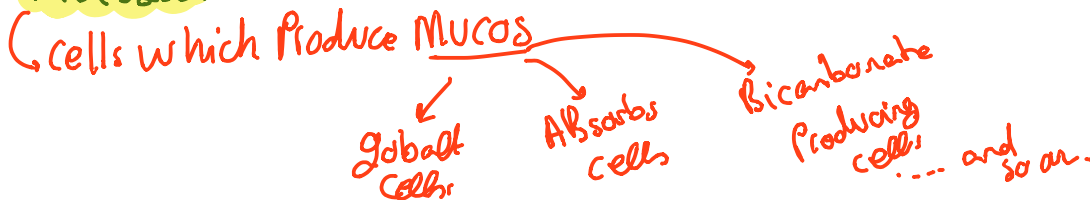
Picks up nutrient that comes from the mucosa

Responsible for the segmental contraction + peristalsis movement

Secretory epithelial cells + connective tissue. Reduce friction from muscle movement

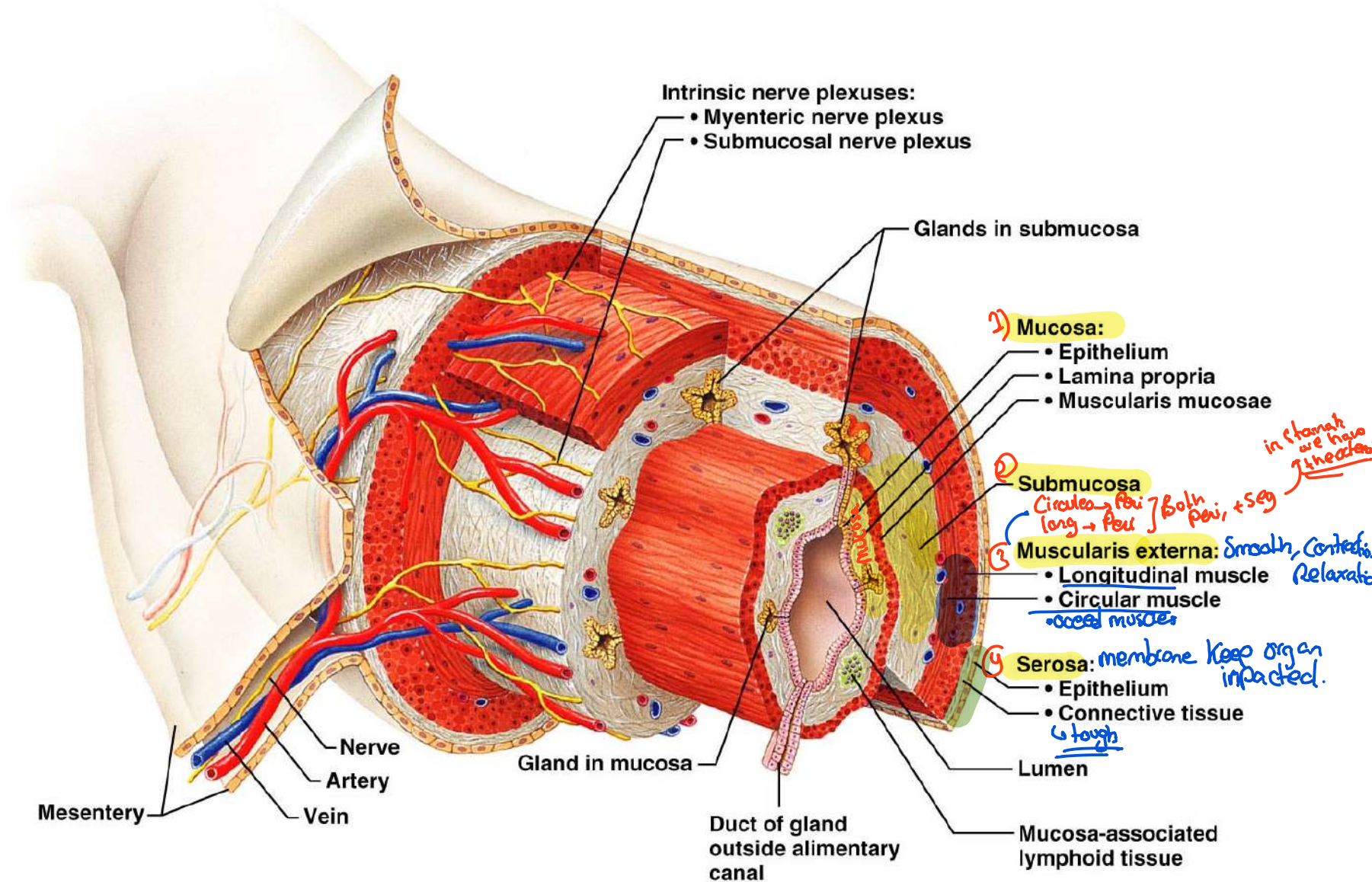
- Each tunic has a predominant tissue type and a specific digestive function

Mucosa:



What separates the submucosa from muscularis? Nerve plexus.

Histology of the Alimentary Canal

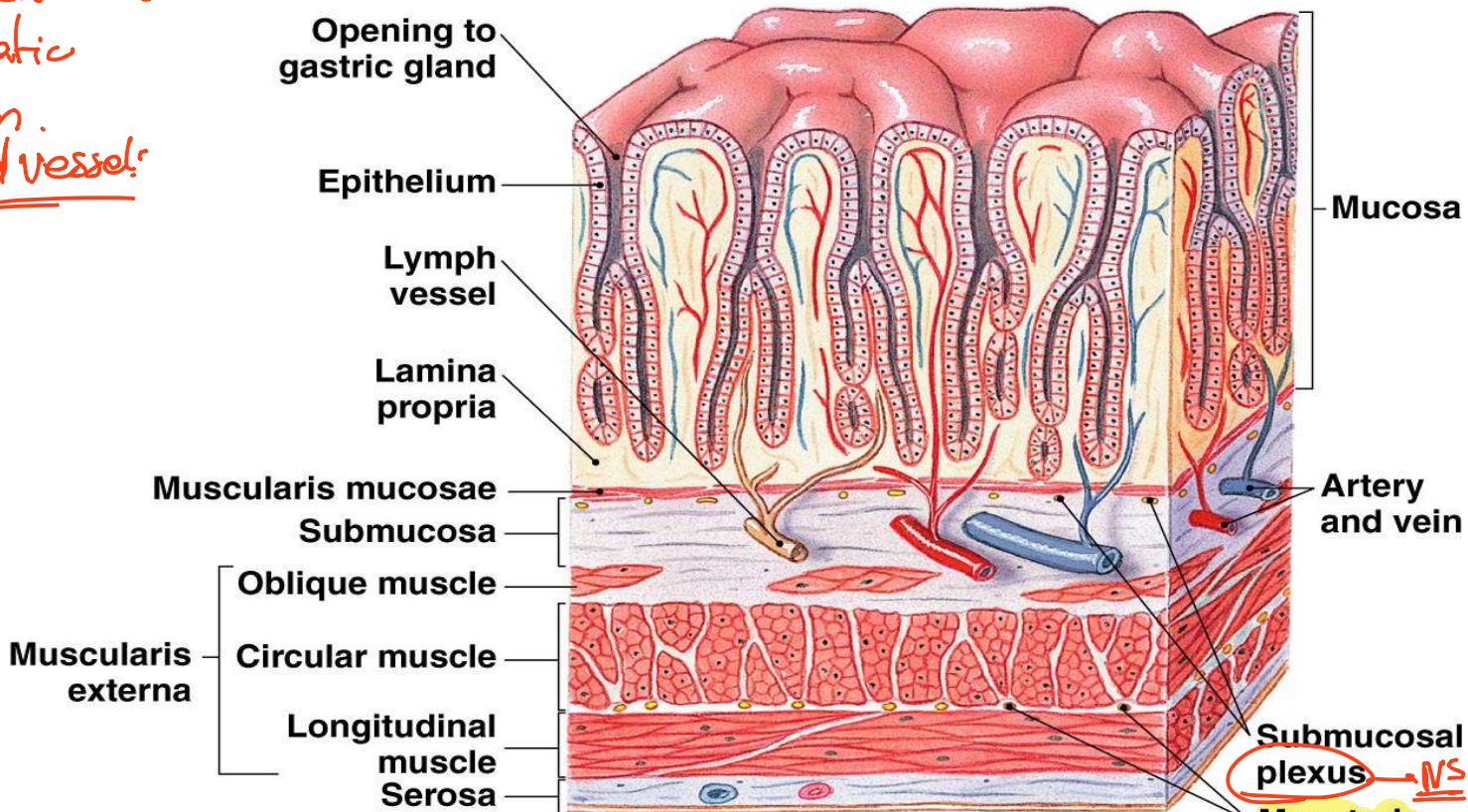


Layers of GIT

Sub mucosal layer:

- ① Submucosal Plexus
- ② Lymphatic
- ③ Smooth.
- ④ Blood vessel!

(c) In the stomach, surface area is increased by invaginations called gastric glands.



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Submucosal plexus → NS
 Myenteric plexus

the plexus that control movement of smooth muscles.

الأعصاب التي تتحكم في حركة العضلات الملساء

Mucosa

- Moist epithelial layer that lines the lumen of the alimentary canal
- **Three major functions:**
 - **Secretion** of mucus + enzymes + Hormones + Acids.
 - **Absorption** of end products of digestion
 - **Protection** against infectious disease
- Consists of three layers: a lining epithelium, lamina propria, and muscularis mucosae

Mucosa: Epithelial Lining

- Simple columnar epithelium and mucus-secreting goblet cells
- **Mucus** secretions:
 - **Protect digestive organs from digesting themselves**
 - **Ease food along the tract**
- Stomach and small intestine mucosa contain:
 - **Enzyme-secreting cells**
 - **Hormone-secreting cells (making them endocrine and digestive organs)**

Other Sublayers

- **Submucosa** – dense connective tissue containing elastic fibers, blood and lymphatic vessels, lymph nodes, and nerves
- **Muscularis externa** – responsible for segmentation and peristalsis
- **Serosa** – the protective visceral peritoneum
 - Replaced by the fibrous adventitia in the esophagus
 - Retroperitoneal organs have both an adventitia and serosa

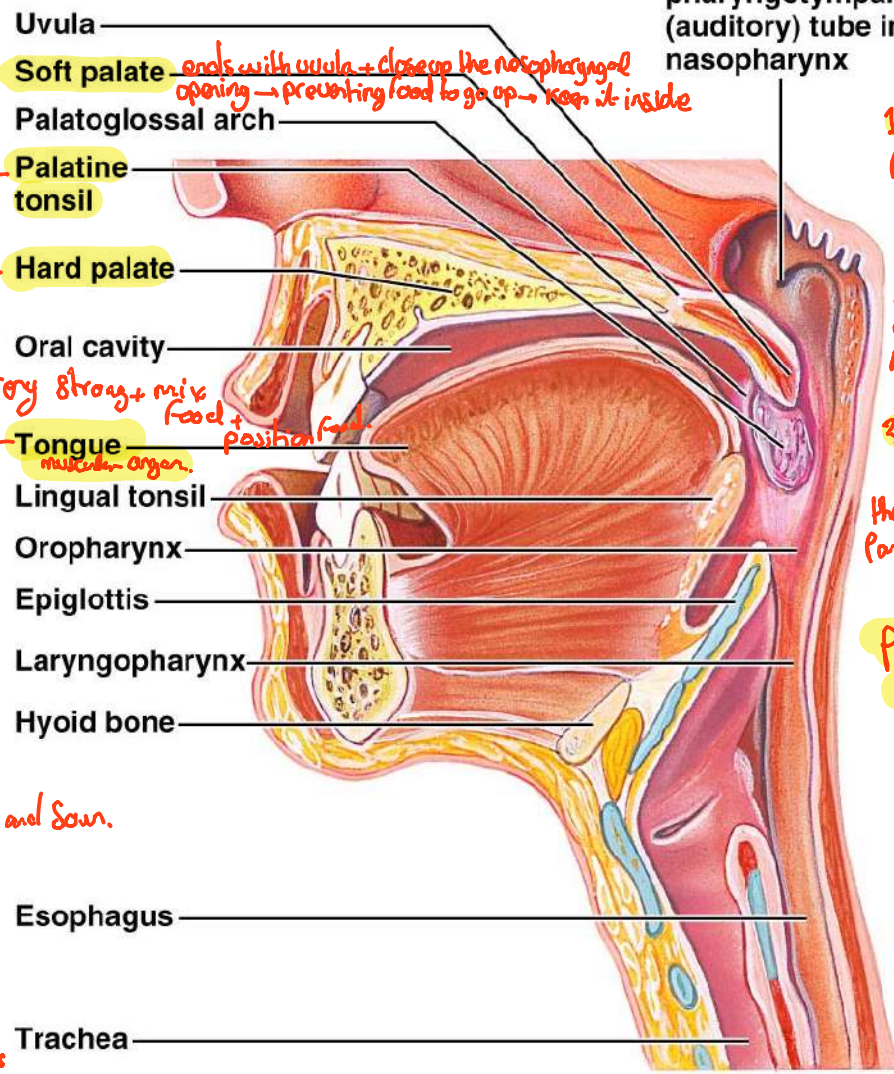
Enteric Nervous System

- Composed of two major intrinsic nerve plexuses:
 - **Submucosal nerve plexus** – regulates glands and smooth muscle in the mucosa
 - **Myenteric nerve plexus** – Major nerve supply that controls GI tract mobility
- Segmentation and peristalsis are largely automatic involving local reflex arcs
- Linked to the CNS via long autonomic reflex arc

Anatomy of the Oral Cavity: Mouth

✗ We usually start with the oral cavity: we have structures that are present in the oral cavity and those structures aiming to do the function. ✗ we need to ingest food + speech by the oral cavity.

Opening of pharyngotympanic (auditory) tube in nasopharynx



ends with uvula + close up the nasopharyngeal opening → preventing food to go up → keep it inside

First defense to the body → easily get infected → *circum*

Bony → important to crush and to help with following -

at it's upper surface it has papillae → they help to do friction on the food

→ it's covered with *circum*

+ it has taste buds → site for tasting food.

very strong + mix food + position food

muscular organ

1) Lips: they have essentially receptors for sensitivity → for temperature, touch, texture

+ it's the entrance to the external organs and at the same time they are surrounded by strong muscles and those muscles are from the strongest muscles in body.

2) Teeth: important for speech but they are important for cutting and crushing the food so we can ingest food in smaller particles

Palate is superior to teeth and tongue.

✗ we have 4 tastes that can be tasted by mouth: sweet, bitter, salt and sour. But we also have different tastes

→ Apples + Bananas have different tastes that we can differentiate: by smell that also contribute to how we taste things → mixture of receptors from smell + taste. Together

(a)

Palate

- **Hard palate** – underlain by palatine bones and palatine processes of the maxillae
 - Assists the tongue in chewing
 - Slightly corrugated on either side of the raphe (midline ridge)
- **Soft palate** – mobile fold formed mostly of skeletal muscle
 - Closes off the nasopharynx during swallowing
 - Uvula projects downward from its free edge
- Palatoglossal and palatopharyngeal arches form the borders of the fauces

Tongue

- Occupies the floor of the mouth and fills the oral cavity when mouth is closed
- Functions include:
 - **Gripping and repositioning food during chewing**
 - **Mixing food with saliva and forming the bolus**
 - **Initiation of swallowing, and speech**
- **Intrinsic muscles** change the shape of the tongue
- **Extrinsic muscles** alter the tongue's position
- **Lingual frenulum** secures the tongue to the floor of the mouth

Provide the shape of the tongue → some people have genetically characteristics that are different (folding their tongue) } 2 main muscles of the tongue.

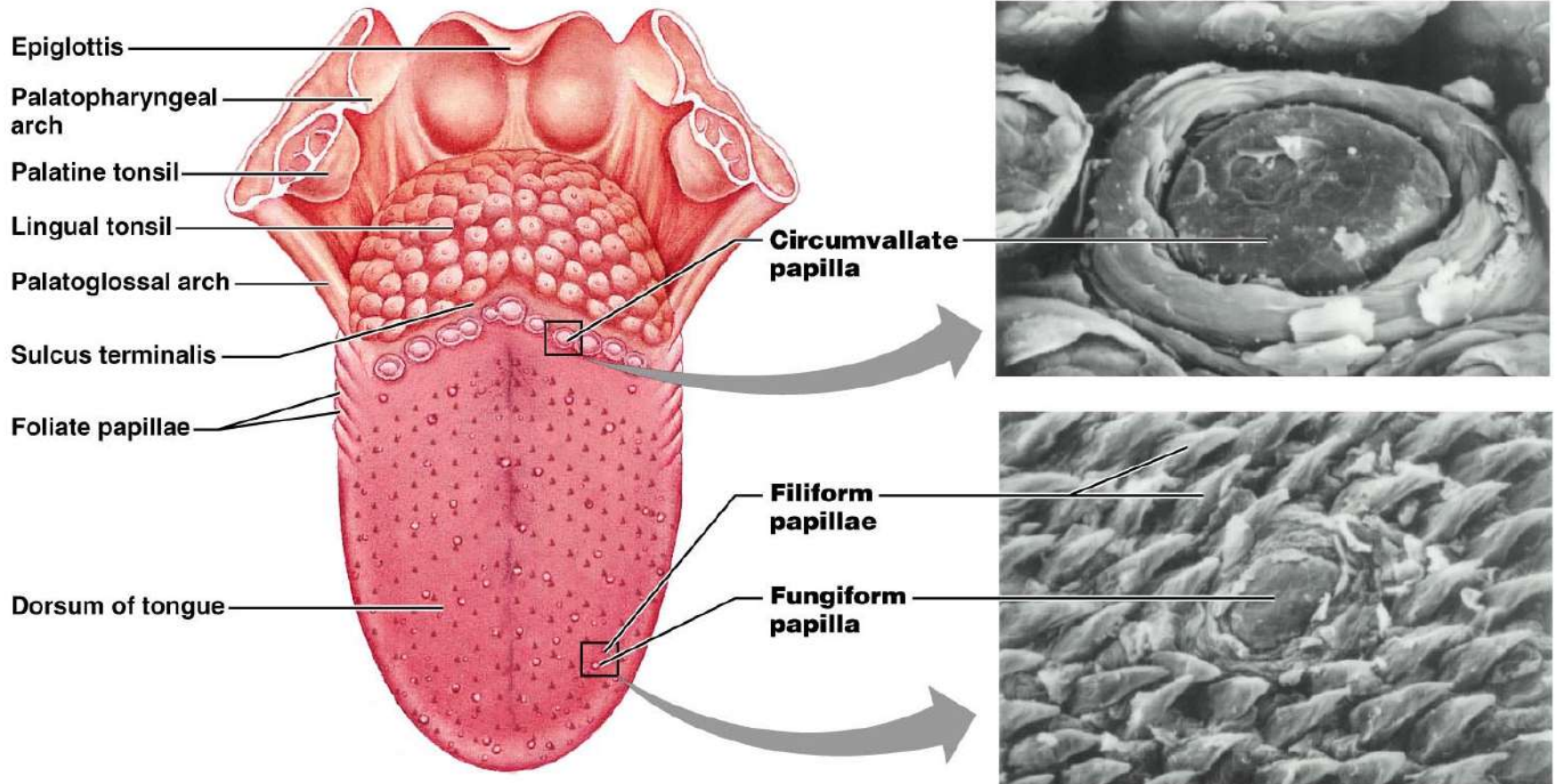
↳ Provide the position of tongue → left + right

↳ اللحمية
Position it inside at place

x if tongue go back more than usual
↳ اللسان في الفم

Tongue

Papilla → Friction



Tongue

- Superior surface bears three types of papillae
 - ✓ **Filiform** – give the tongue roughness and provide friction
 - **Fungiform** – scattered widely over the tongue and give it a reddish hue
 - **Circumvallate** – V-shaped row in back of tongue

↳ contain the
Taste Buds

Salivary Glands

2 main types of salivary glands
 Intrinsic Extrinsic

- Three pairs of extrinsic glands – **parotid, submandibular, and sublingual**

Production of mucosa to keep the cavity more moist. *لإنتاج اللعاب للحفاظ على تجويف الفم رطباً*

- Intrinsic salivary glands (buccal glands)** Cells scattered within the oral cavity they are not unified. / Boundaries less.
 scattered throughout the oral mucosa

- Function of Saliva:

- Cleanses the mouth**

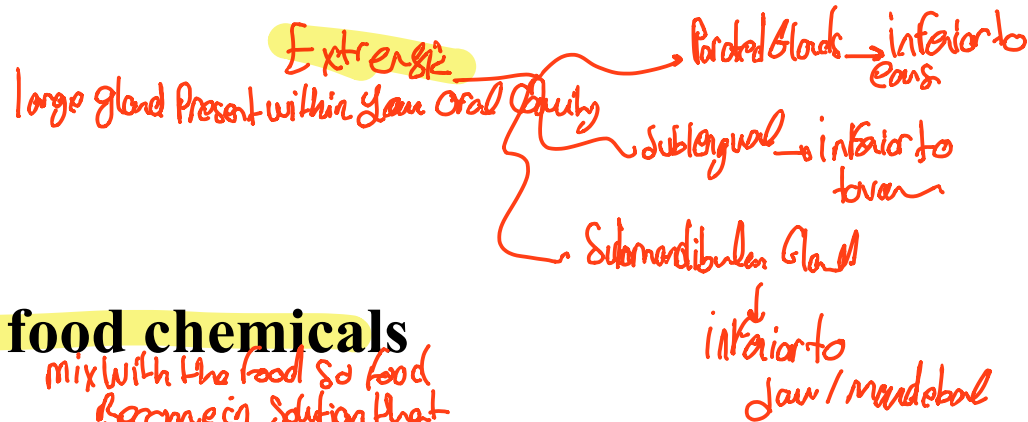
- Moistens and dissolves food chemicals**

- Aids in bolus formation**

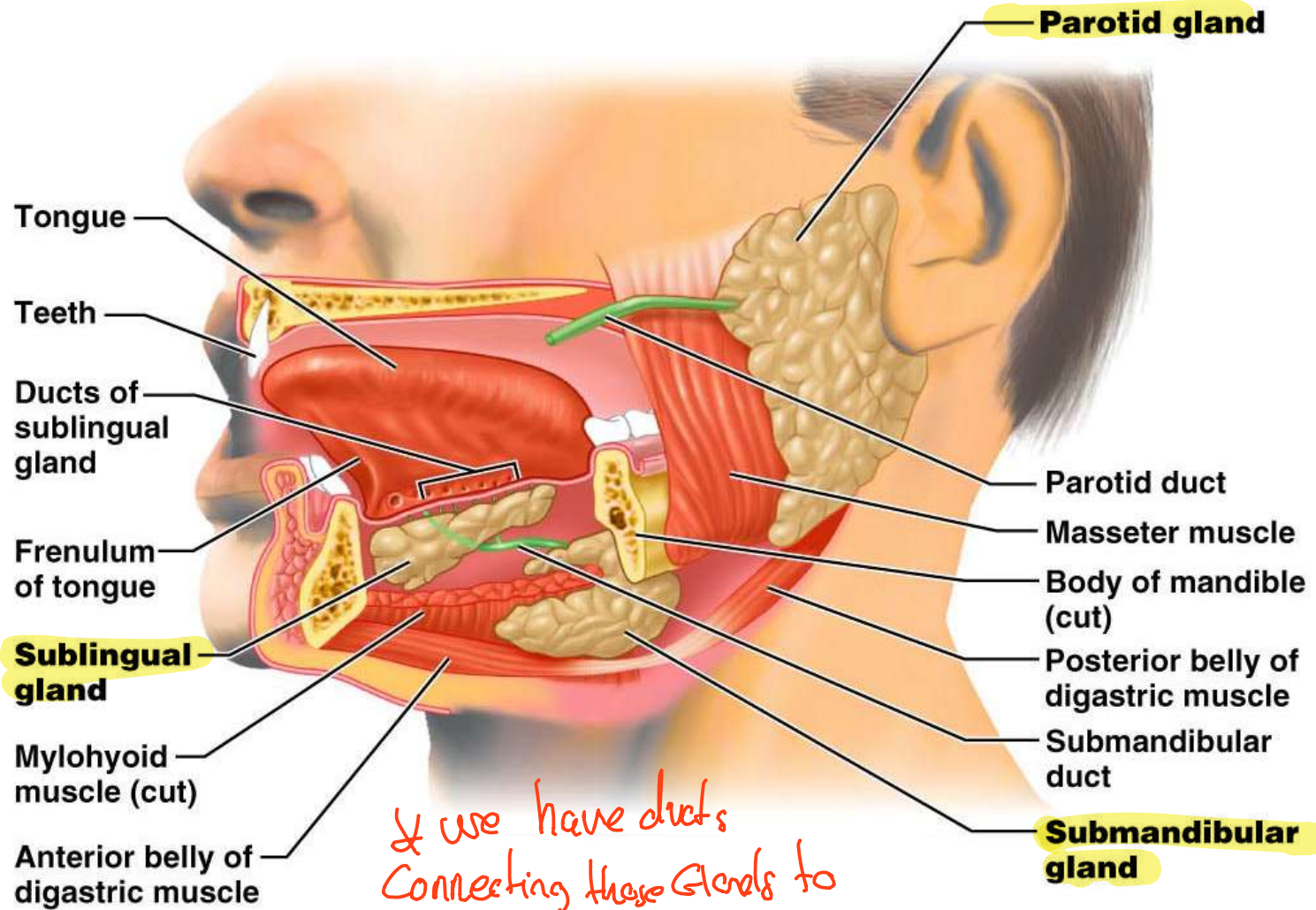
↳ make food easier to swallow it

- Contains enzymes that break down starch**

↳ Proteins → fighting Bacteria, viruses



Salivary Glands



*if we have ducts
connecting these glands to
oral cavity - exocrine glands*

↳ not for blood but in lumen.

(a)

Saliva: Source and Composition

- Secreted from serous and mucous cells of salivary glands
- **97-99.5% water**, hypo-osmotic, slightly acidic solution containing
 - **Electrolytes** – Na^+ , K^+ , Cl^- , PO_4^{2-} , HCO_3^-
 - **Digestive enzyme** – salivary **amylase** → *Salivary amylase.*
 - **Proteins** – **mucin**, lysozyme, defensins, and IgA
Produce mucus
 - **Metabolic wastes** – **urea** and **uric acid**

↳ Saliva may contain lipase

Control of Salivation

→ Has to do with Parasympathetic

↳ main process to produce Saliva

↳ Sympathetic inhibit Salivation.

- **Intrinsic salivary glands** keep the mouth moist
- **Extrinsic salivary glands** secrete serous, enzyme-rich saliva in response to:
 - Ingested food which stimulates chemoreceptors and pressoreceptors
 - The thought of food
- **Strong sympathetic stimulation inhibits salivation and results in dry mouth**

Pharynx → Common Pathway → it has 3 openings

- From the mouth, the **oro-** and **laryngopharynx** allow passage of:

1)

2).

3) Nasopharynx

↓
But it's not a place for food entering -

directs →

- Food and fluids to the esophagus**

- Air to the trachea** → it's open all the time

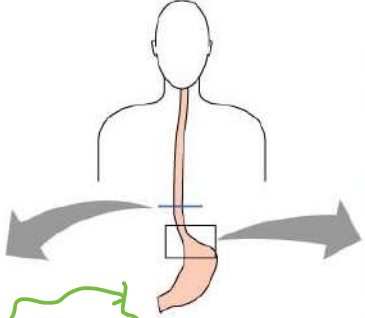
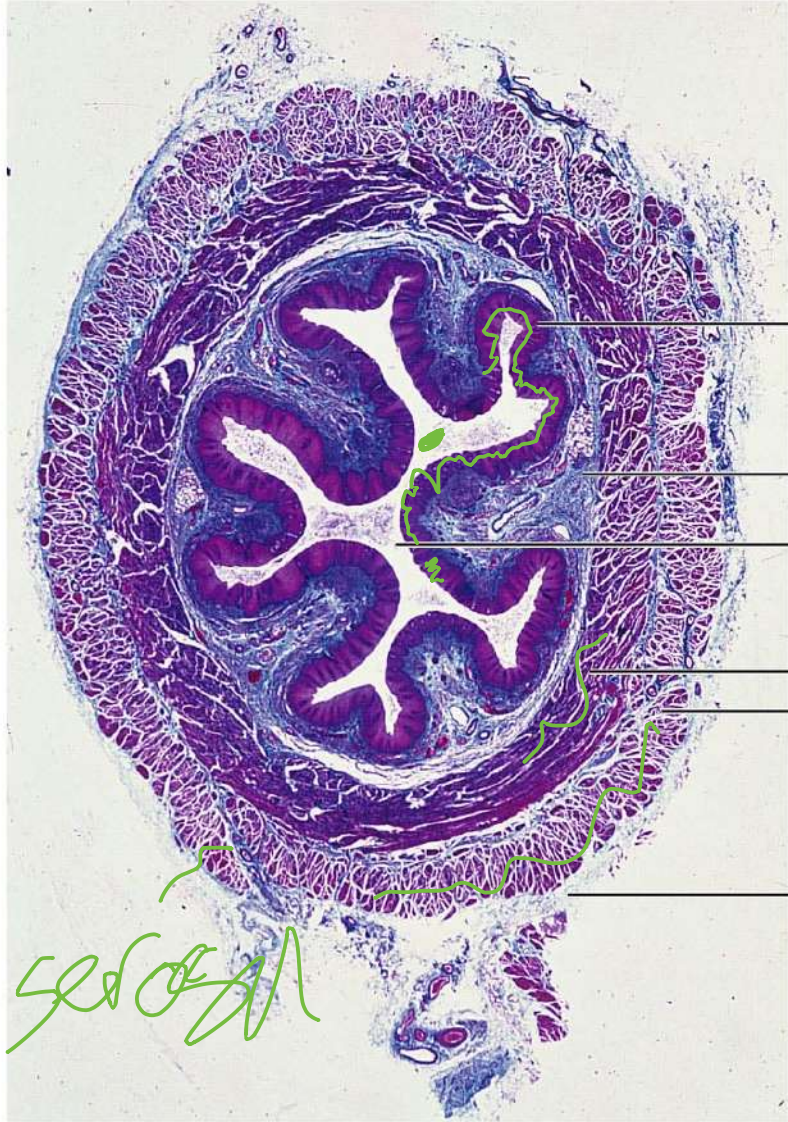
- Lined with stratified squamous epithelium and mucus glands

- Has two skeletal muscle layers

- Inner longitudinal
- Outer pharyngeal constrictors

} 2 muscles
↓

Esophagus



- Mucosa (contains a stratified squamous epithelium)
- Submucosa (areolar connective tissue)
- Lumen
- Muscularis externa
 - Circular layer
 - Longitudinal layer
- Adventitia (fibrous connective tissue)

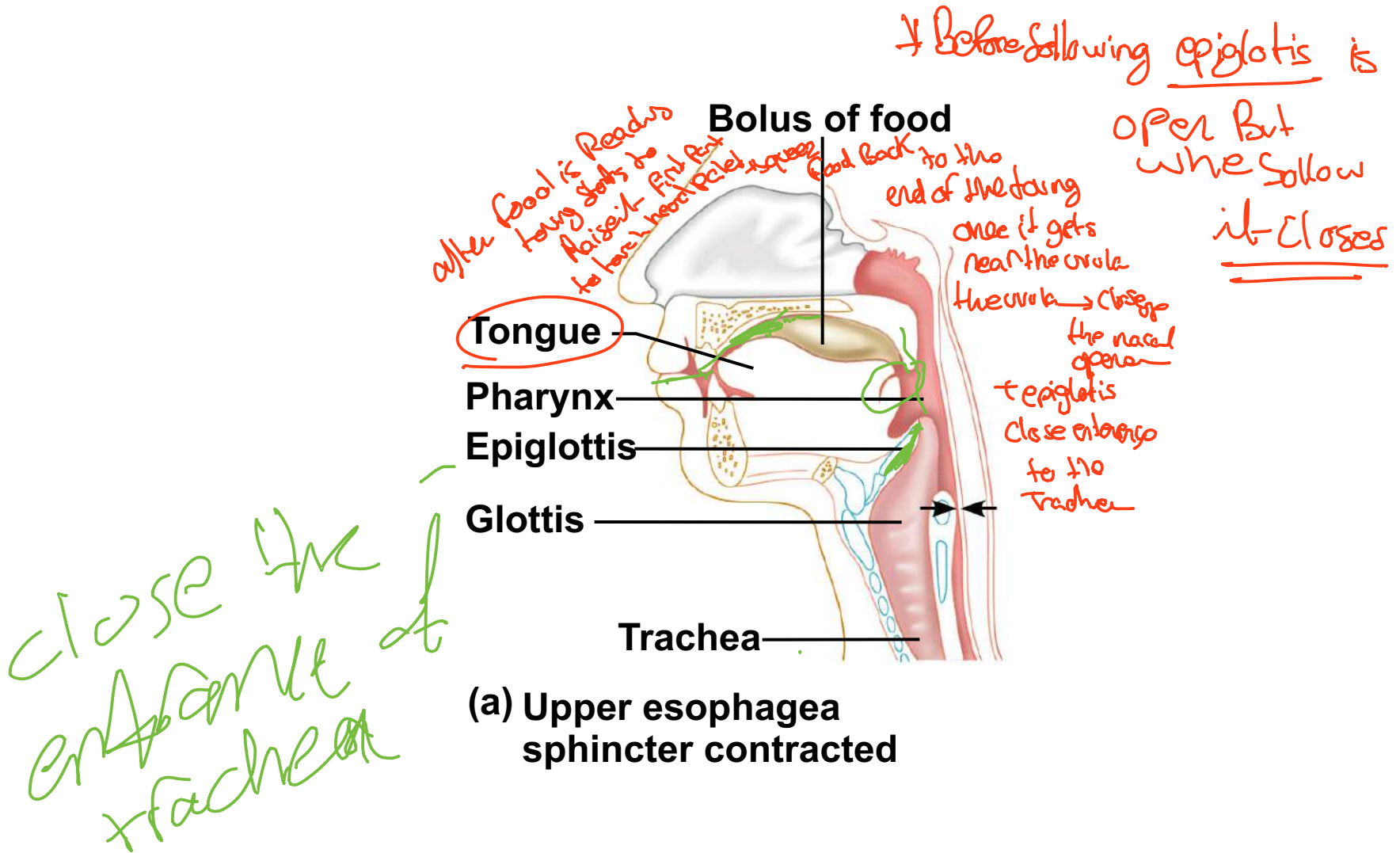


Digestive Processes in the Mouth

- Food is **ingested**
- **Mechanical digestion** begins (chewing)
- **Propulsion** is initiated by swallowing
- Salivary amylase begins **chemical** breakdown of starch
- The pharynx and esophagus serve as conduits to pass food from the mouth to the stomach

↳ *Swallowing Reflex* → Starts from the min that food touches the back of the soft palate → continues until food enters the stomach.

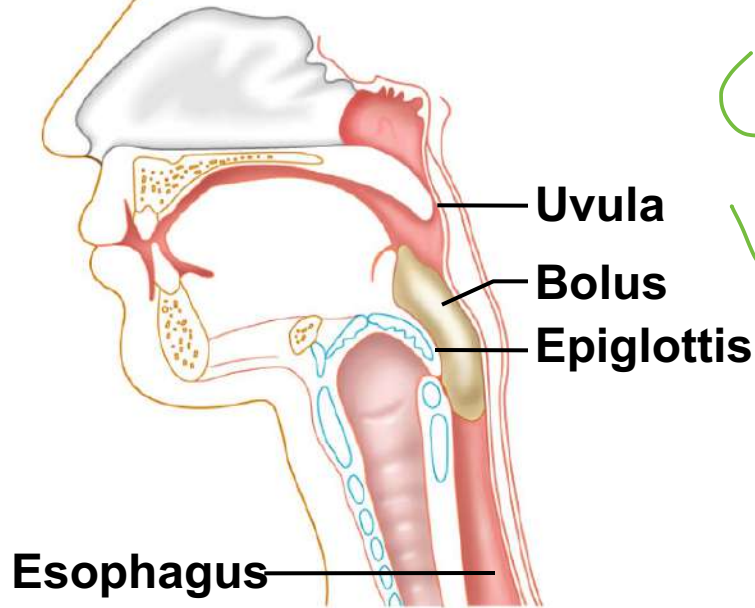
Deglutition (Swallowing)



(a) Upper esophageal sphincter contracted

Deglutition (Swallowing)

الهدف من ارتجاع (Larynx) عنانة الاكل - سمر
منه العرفين
منه فوقها

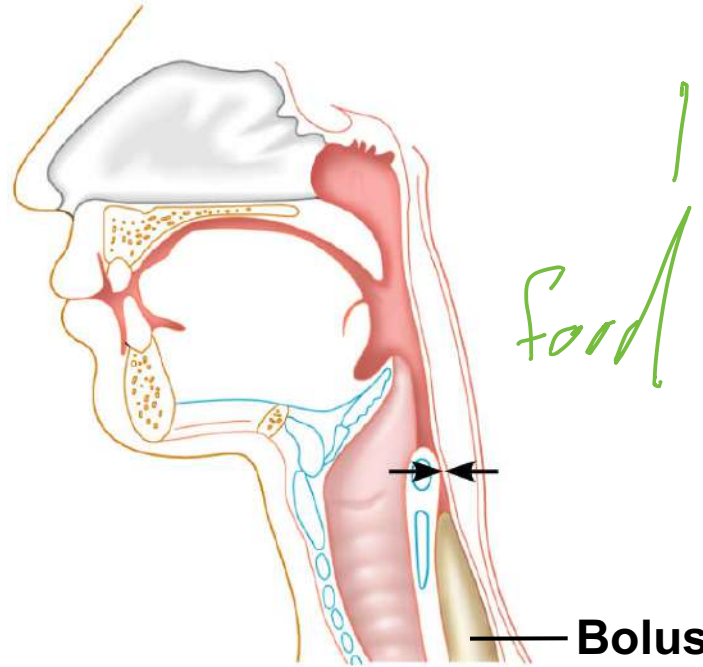


(b) Upper esophageal sphincter relaxed

Deglutition (Swallowing)



Fluidd Stoffes



↳ water
food

↳
wie in 16/10/15
max with
gastro.

(c) Upper esophageal sphincter contracted

Deglutition (Swallowing)

Relaxed muscles

Circular muscles contract, constricting passageway and pushing bolus down

Bolus of food

Longitudinal muscles contract, shortening passageway ahead of bolus

Gastroesophageal sphincter closed

Stomach

(d)

peristalsis is

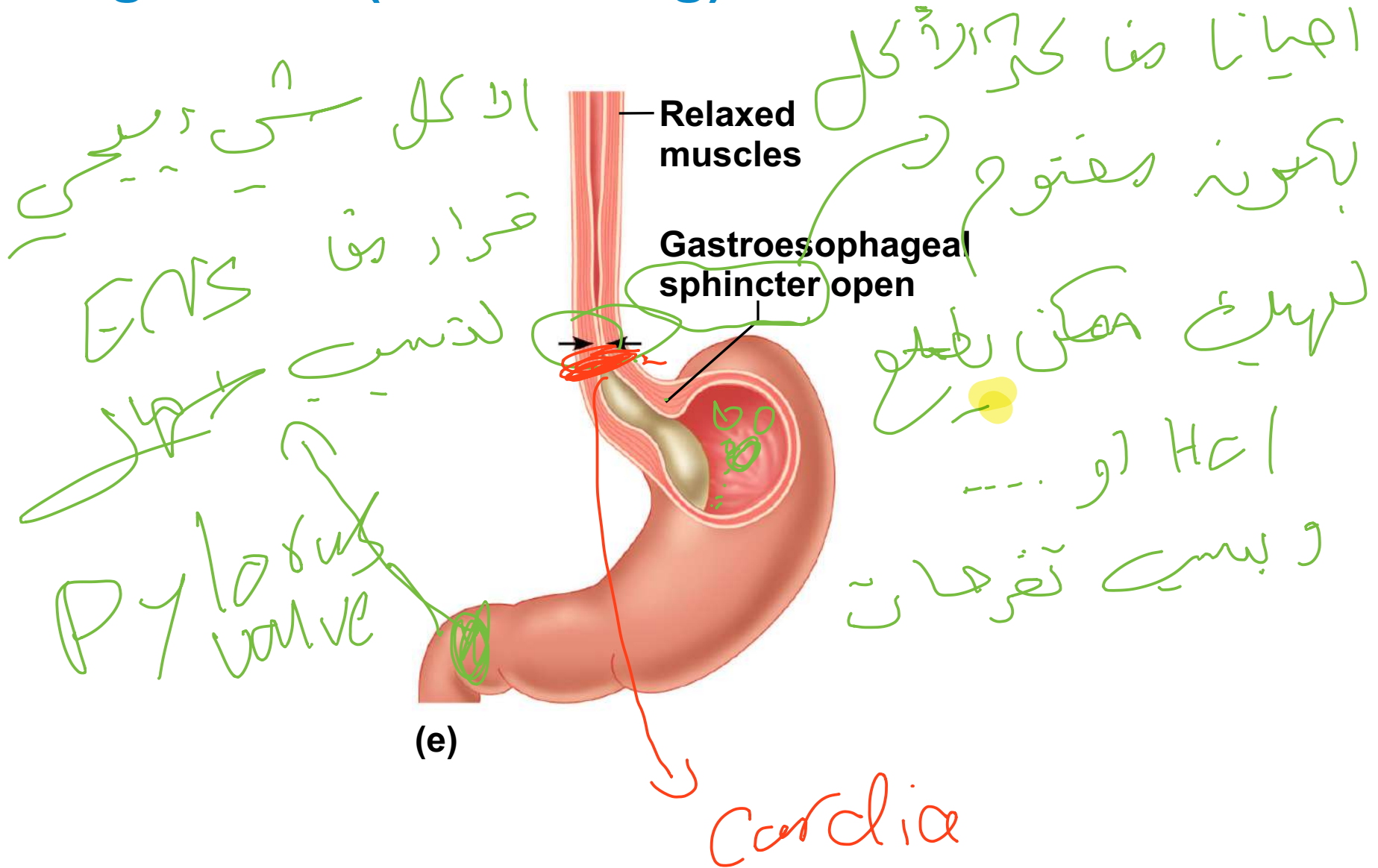
smooth muscle

peristalsis

segmentation

cardiac valve

Deglutition (Swallowing)

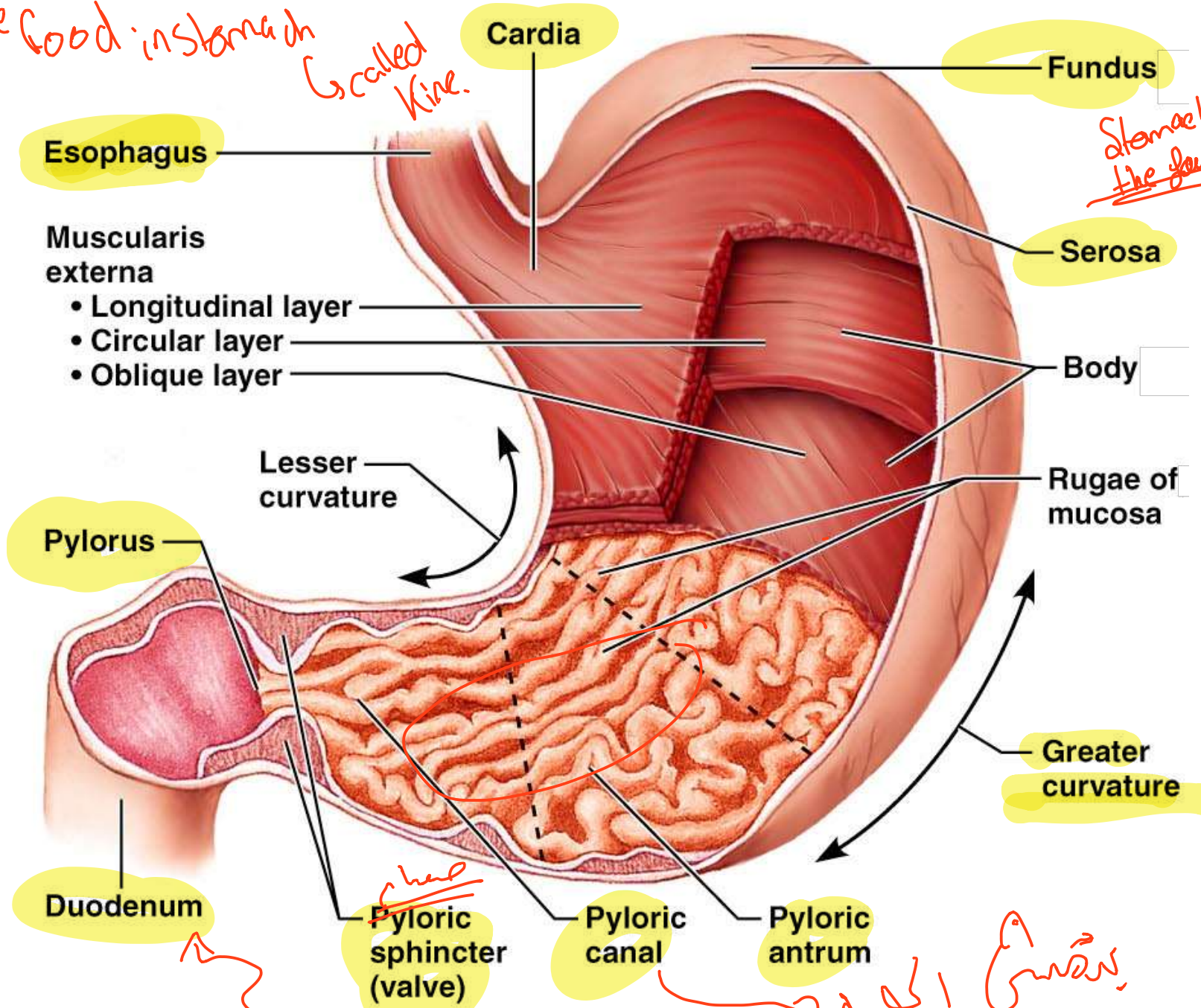


Stomach

- Chemical breakdown of proteins begins and food is converted to chyme
The first entrance for stomach
- **Cardiac region** – surrounds the cardiac orifice
- **Fundus** – dome-shaped region beneath the diaphragm → *Storage.*
- **Body** – mid-portion of the stomach → *actual digestion (Mechanical + chemical)*
- **Pyloric region** – made up of the antrum and canal which terminates at the pylorus → *Food is ready to leave stomach and go to the second part (duodenum)*
- The **pylorus** is continuous with the duodenum through the **pyloric sphincter**

Once food in stomach is called chyme.

Stomach has the four layers



Esophagus

Cardia

Fundus

Muscularis externa

- Longitudinal layer
- Circular layer
- Oblique layer

Serosa

Body

Lesser curvature

Rugae of mucosa

Pylorus

Greater curvature

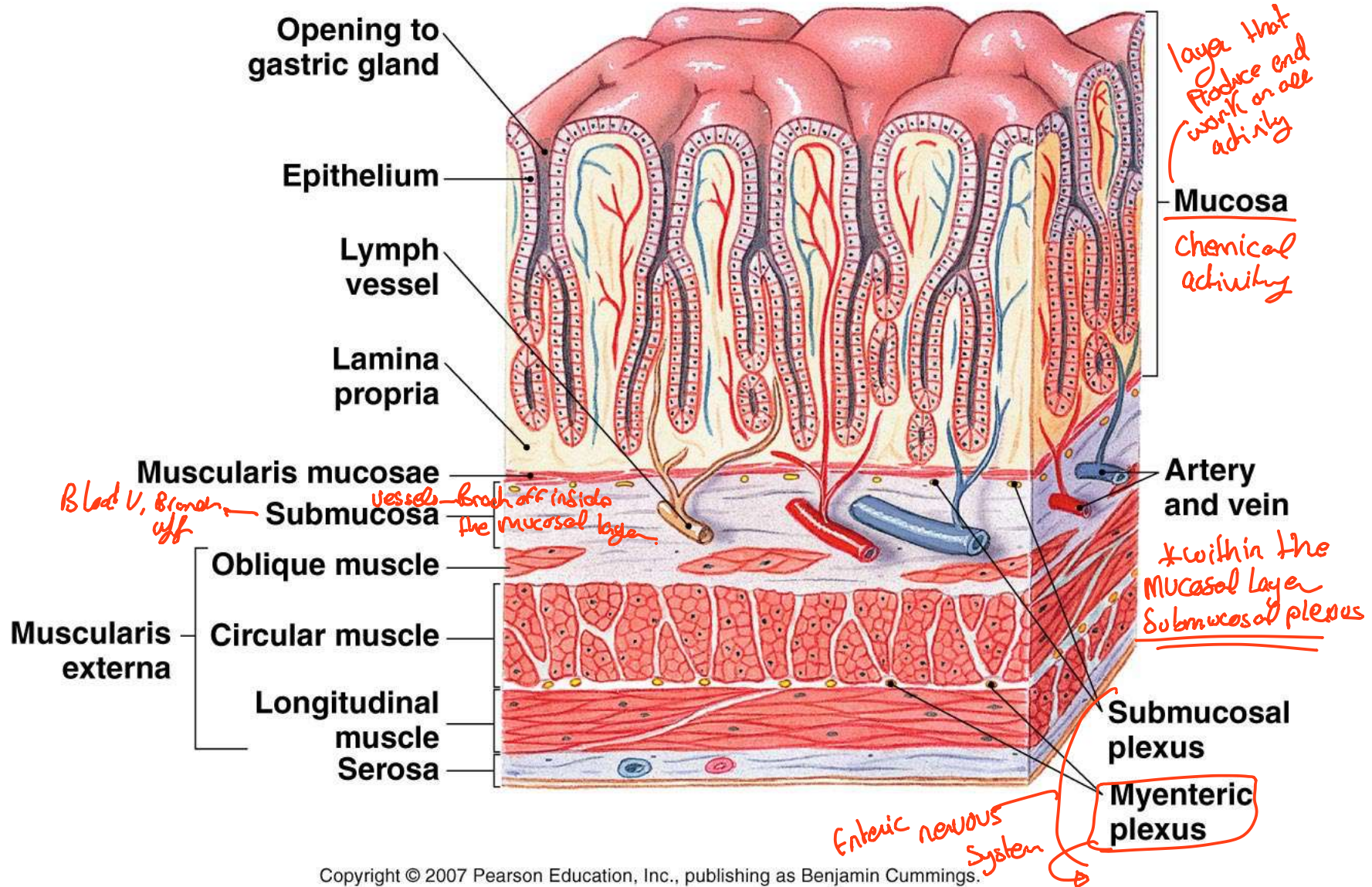
Duodenum

Pyloric sphincter (valve)

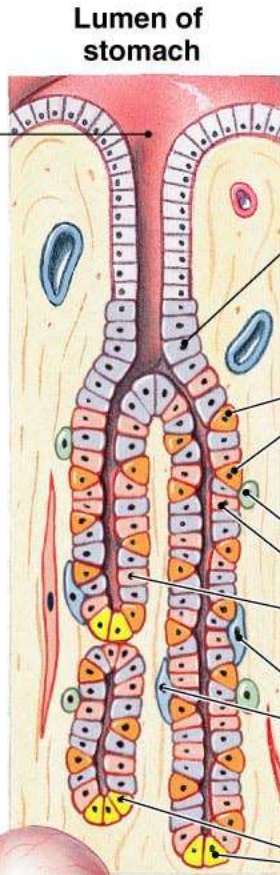
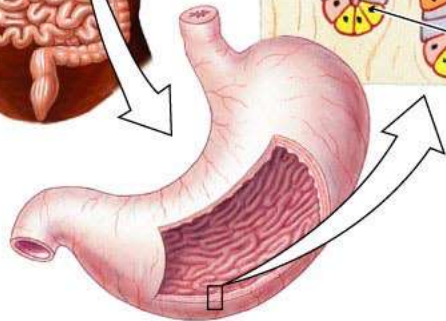
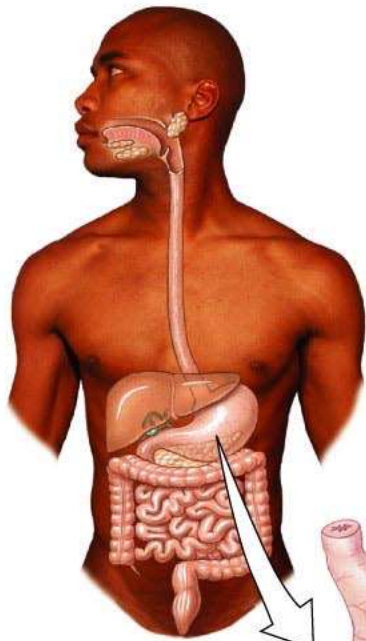
Pyloric canal

Pyloric antrum

(c) In the stomach, surface area is increased by invaginations called gastric glands.



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all of these are epithelial secretory cells.

Cell Types	Substance Secreted	Stimulus for Release	Function of Secretion
Mucous neck cell <i>Similar to goblet cells</i>	Mucus <i>↳ it can provide kind of a layer to separate inside the lumen and don't touch the surface of stomach from inside.</i>	Tonic secretion; with irritation of mucosa	Physical barrier between lumen and epithelium
Parietal cells <i>entance, Gastric glands</i>	Bicarbonate <i>↳ important to keep the medium on the surface of the stomach neutral - not acidic</i>	Secreted with mucus	Buffers gastric acid to prevent damage to epithelium
Parietal cells <i>Produce 2 main chemicals</i>	Gastric acid (HCl) <i>↳ important to produce Acetate Peptide</i>	Acetylcholine, gastrin, histamine <i>+ defense system because the presence of external environment</i>	Activates pepsin; kills bacteria
Enterochromaffin-like cell	Intrinsic factor <i>↳ important for absorption of vitamin B12</i>		Complexes with vitamin B ₁₂ to permit absorption
Chief cells <i>↳ important cell that releases the enzyme that break down protein & activated by acids</i>	Histamine <i>↳ stimulates the secretion of acid</i>	Acetylcholine, gastrin	<u>Stimulates gastric acid secretion.</u>
Chief cells	Pepsin(ogen)	Acetylcholine acid, secretin	Digests proteins
Chief cells	Gastric lipase <i>↳ different from lipase in saliva</i>		Digests fats
D cells <i>↳ Inhibition</i>	Somatostatin <i>↳ Polypeptide</i>	Acid in the stomach	Inhibits gastric acid secretion
G cells <i>endocrine</i> <i>↳ Gastrin</i> <i>↳ Released through Blood.</i>	Hormone. Gastrin	Acetylcholine, peptides, and amino acids	Stimulates gastric acid secretion

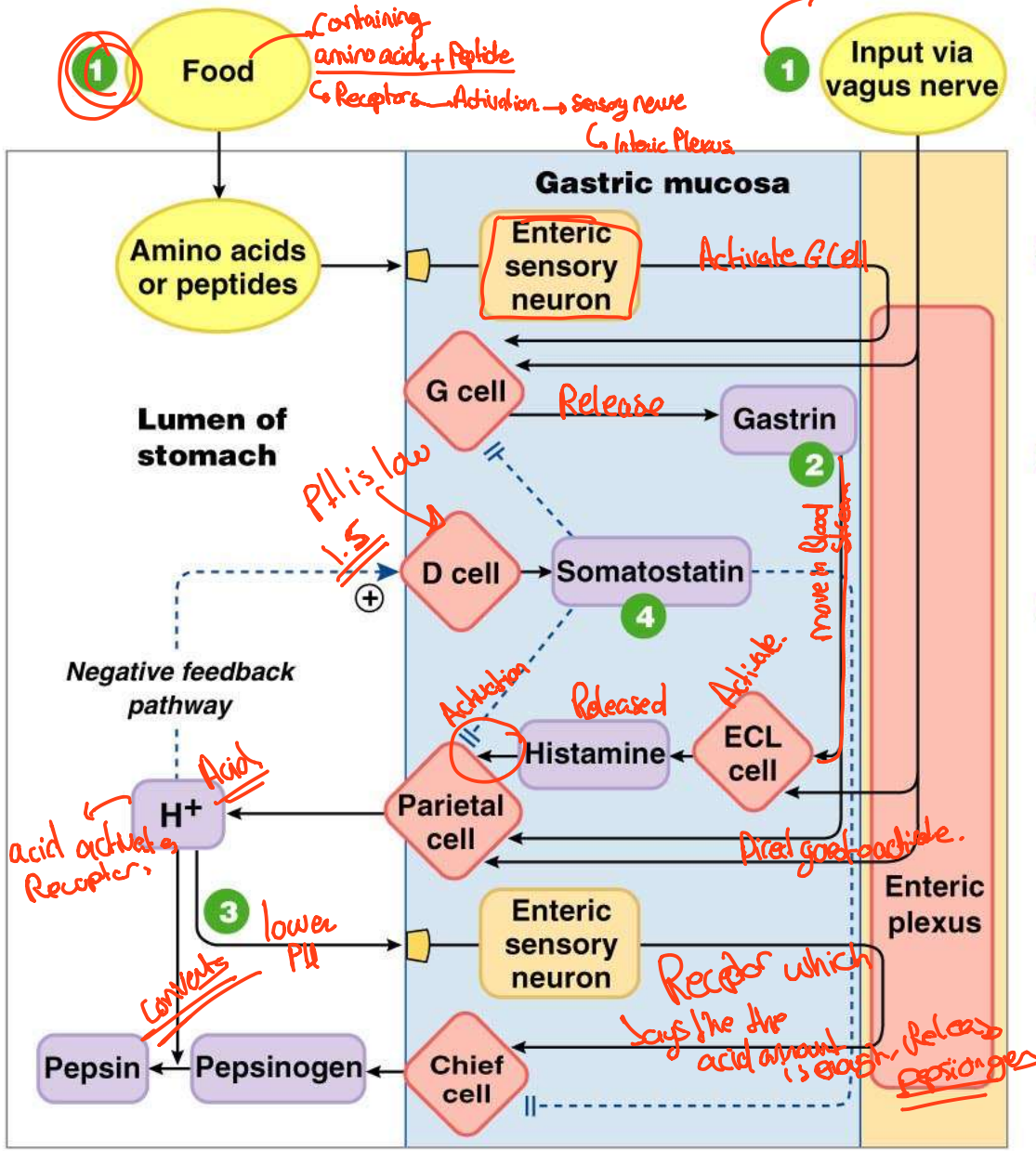
*What is the difference between lipase in the Saliva, Stomach and Small intestine?
 The media → Some type of lipase can work in neutral environment and some other can work in acidic + another type work in an alkaline media.*

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↳ lipase is Protein ⇒ for example the lipase found in the mouth works in the mouth only, once they go down to the intestines → denature.

Important

comes from CNS → Parasympathetic Activation



- 1 Food or cephalic reflexes initiate gastric secretion.
- 2 Gastrin stimulates acid secretion by direct action on parietal cells or indirectly through histamine.
- 3 Acid stimulates short reflex secretion of pepsinogen.
- 4 Somatostatin release by H⁺ is the negative feedback signal that modulates acid and pepsin release.

KEY

- Stimulus (Yellow oval)
- Receptor (Yellow rectangle)
- Integrating center (Pink diamond)
- Efferent pathway (Purple rectangle)

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Figure 21-26

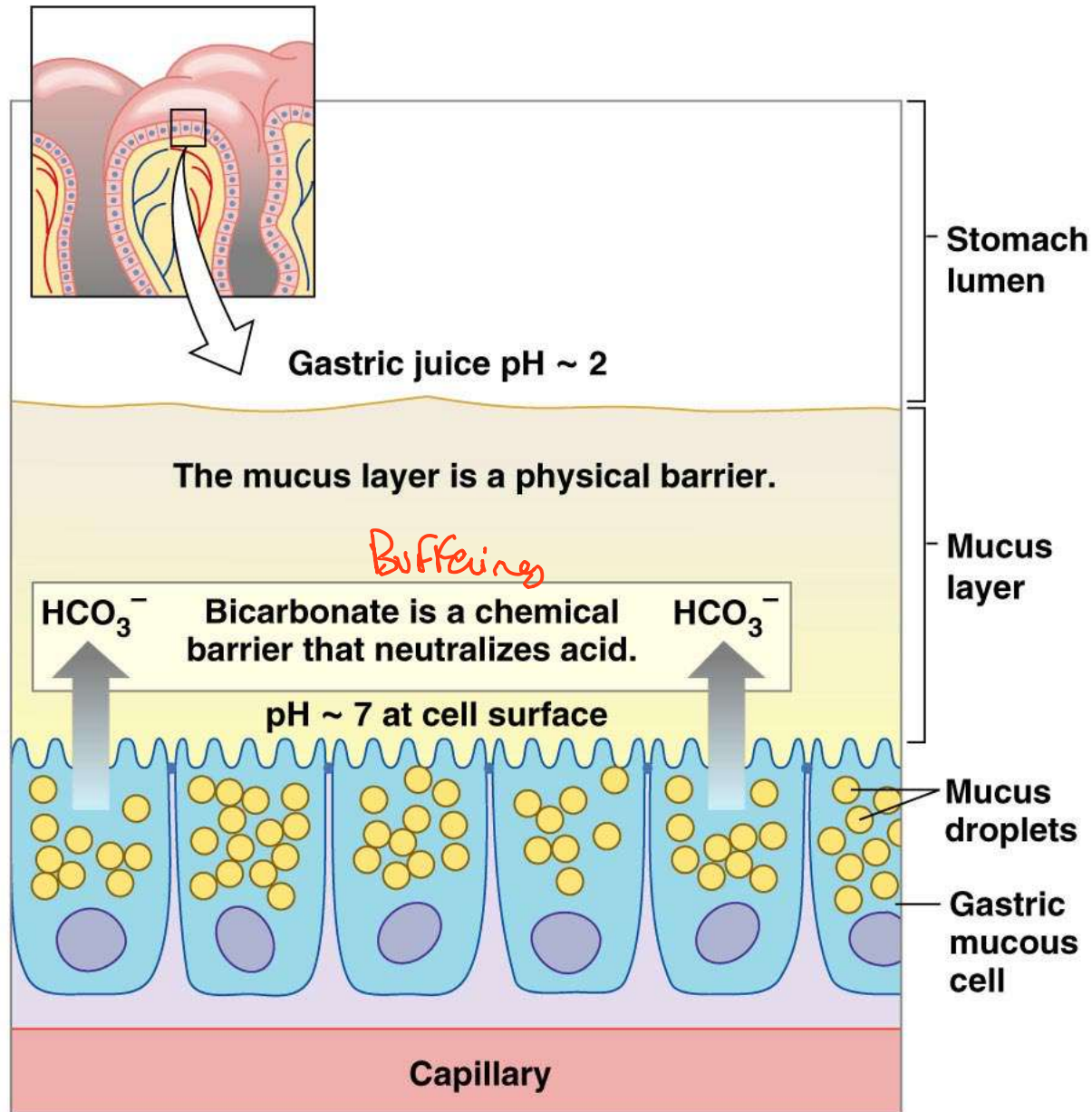
Glands of the Stomach Fundus and Body

- Gastric glands of the fundus and body have a variety of secretory cells
 - **Mucous neck cells** – secrete acid mucus
 - **Parietal cells** – secrete HCl and intrinsic factor
 - **Chief cells** – produce pepsinogen
 - Pepsinogen is activated to pepsin by:
 - HCl in the stomach
 - Pepsin itself via a positive feedback mechanism
 - **Enteroendocrine cells (ECC)** – secrete gastrin, histamine, endorphins, serotonin, cholecystikinin (CCK), and somatostatin into the lamina propria
- Not all hormones overfand in stomach.*

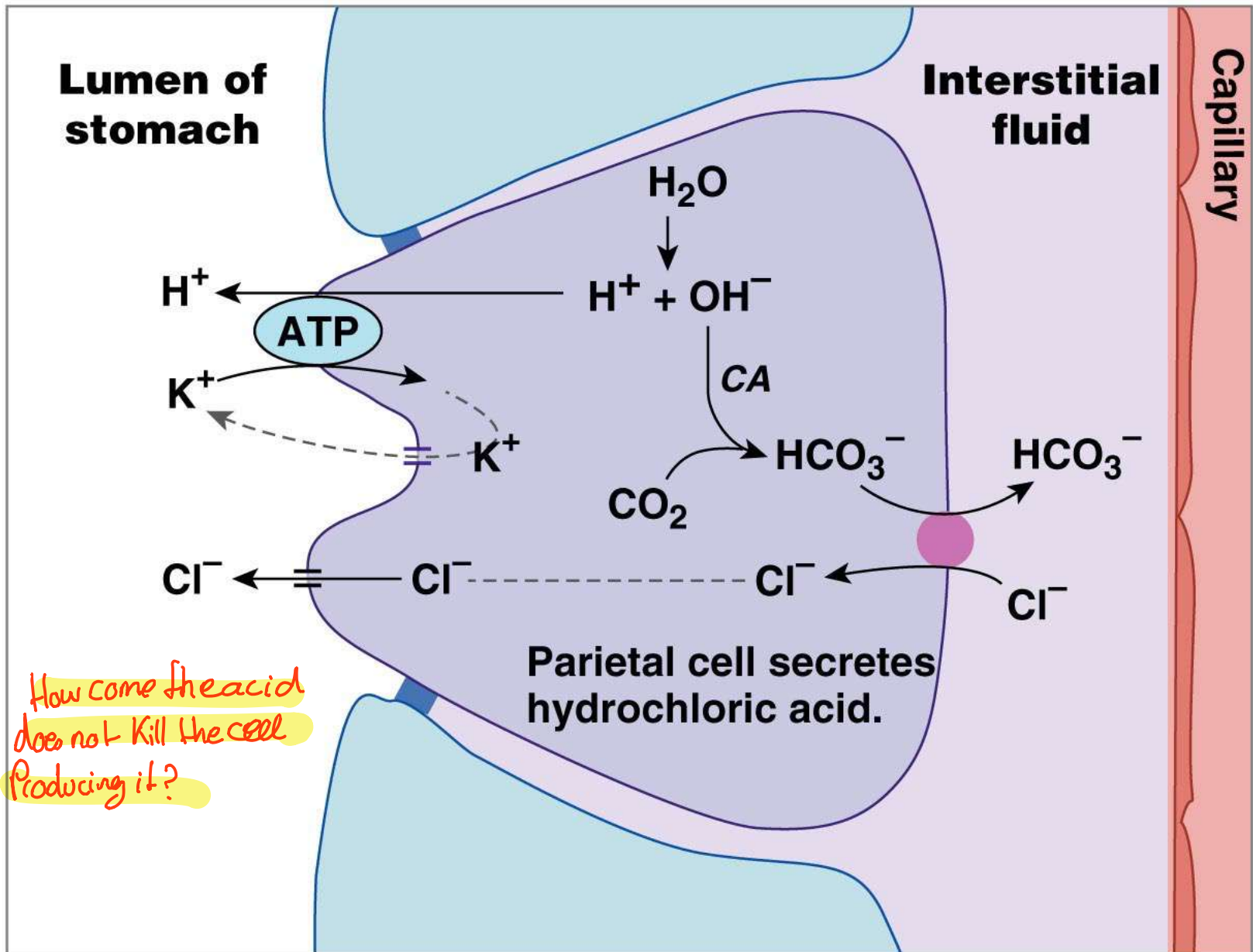
Stomach Lining

How can we prevent the damage of the cells because of the acid?

- The stomach is exposed to the harshest conditions in the digestive tract
- To keep from digesting itself, the stomach has a mucosal barrier with:
 - **A thick coat of bicarbonate-rich mucus** on the stomach wall → *Prevent watery fluids including the acids from penetrating until it gets to the surface of stomach*
 - **Epithelial cells that are joined by tight junctions** → *Do not allow the passage of fluids between them → Prevent acid from getting in them → Prevent Damage*
 - Gastric glands that have cells **impermeable to HCl**
- **Damaged epithelial cells are quickly replaced**



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Figure 21-6

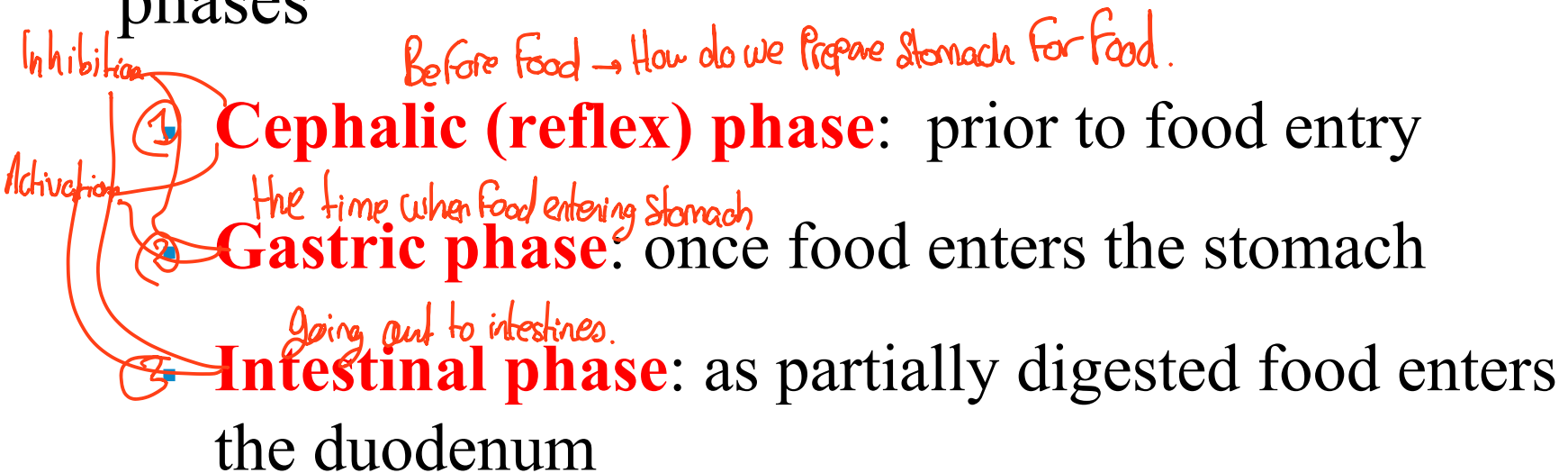
Digestion in the Stomach

- The stomach:
 - Holds ingested food
 - Degrades this food both physically and chemically
 - Delivers chyme to the small intestine
 - Enzymatically **digests proteins with pepsin**
 - **Secretes intrinsic factor** required for absorption of vitamin B₁₂

Regulation of Gastric Secretion

Process in stomach passes in 3 phases.

- Neural and hormonal mechanisms regulate the release of gastric juice
- Stimulatory and inhibitory events occur in three phases



Cephalic Phase → it has to do with the input of the vagus nerve.

→ Something from the Head, something include ~~Feed Forward~~ + Sight of food and Smell Receptors.

- **Excitatory** events include: (feed forward)
 - Sight or thought of food
 - Stimulation of taste or smell receptors
- **Inhibitory** events include:
 - Loss of appetite or depression
 - Decrease in stimulation of the parasympathetic division

Gastric Phase → *happening within the stomach itself.*

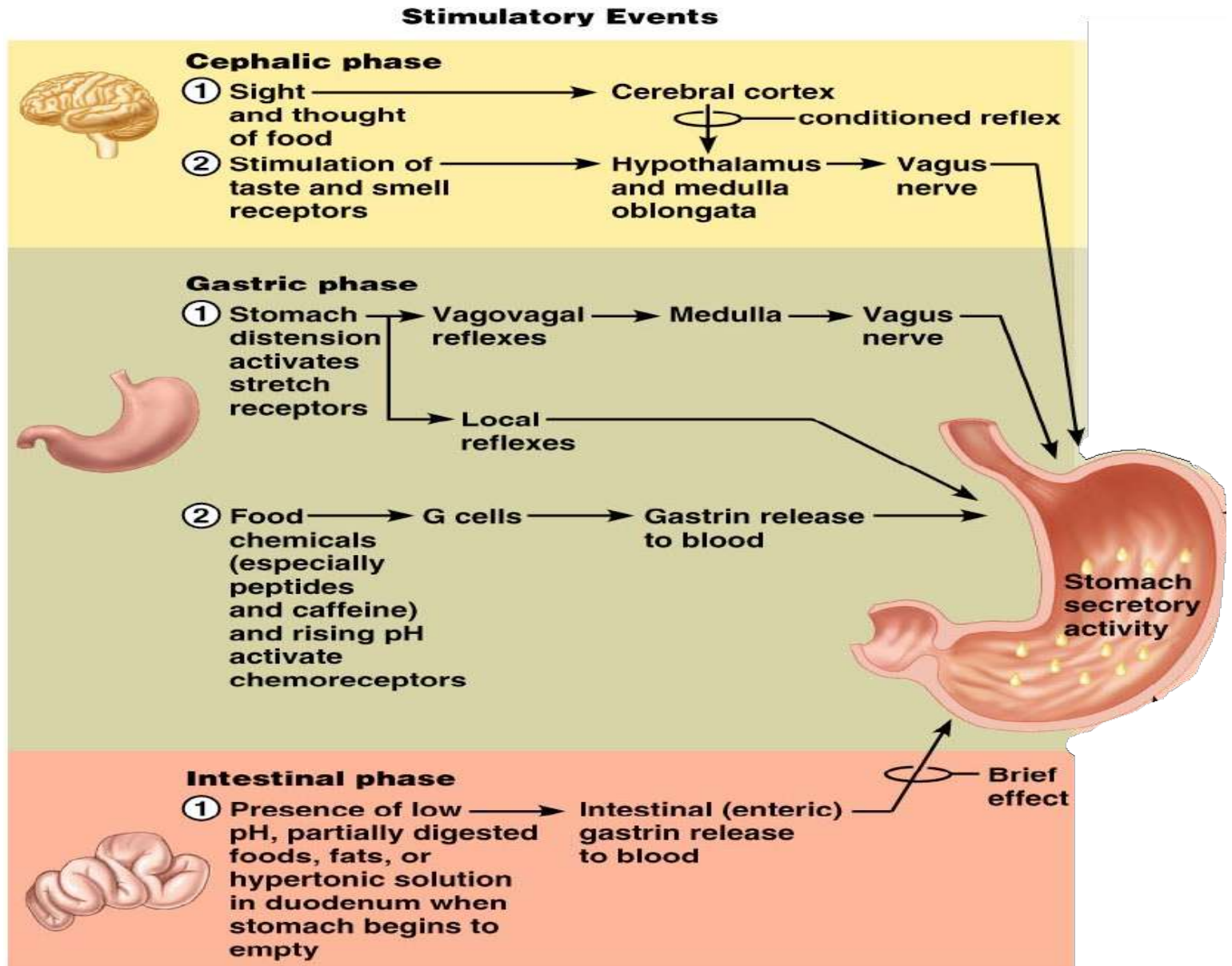
- **Excitatory** events include:
 - Stomach distension
 - Activation of stretch receptors (neural activation)
 - Activation of chemoreceptors by peptides, caffeine, and rising pH
 - Release of gastrin to the blood
- **Inhibitory** events include:
 - A pH lower than 2
 - Emotional upset that overrides the parasympathetic division

Intestinal Phase → what's the effect that is coming from duodenum on the stomach.

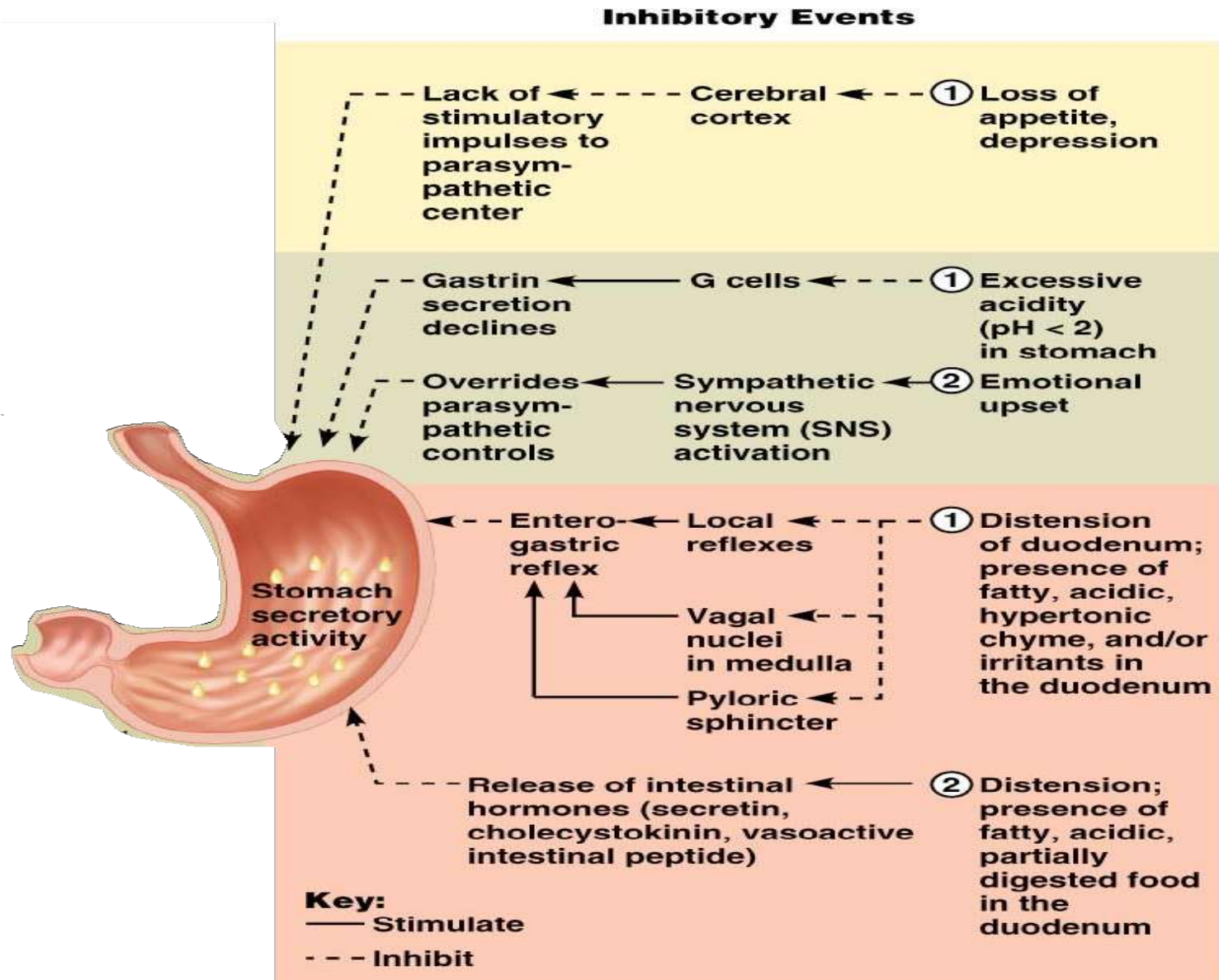
- **Excitatory phase** – low pH; partially digested food enters the duodenum and encourages gastric gland activity
- **Inhibitory phase** – distension of duodenum, presence of fatty, acidic, or hypertonic chyme, and/or irritants in the duodenum
 - Initiates inhibition of **local reflexes and vagal nuclei**
 - Closes the pyloric sphincter

* When we have chyme → from stomach + empty in the duodenum → low pH

Release of Gastric Juice: Stimulatory Events



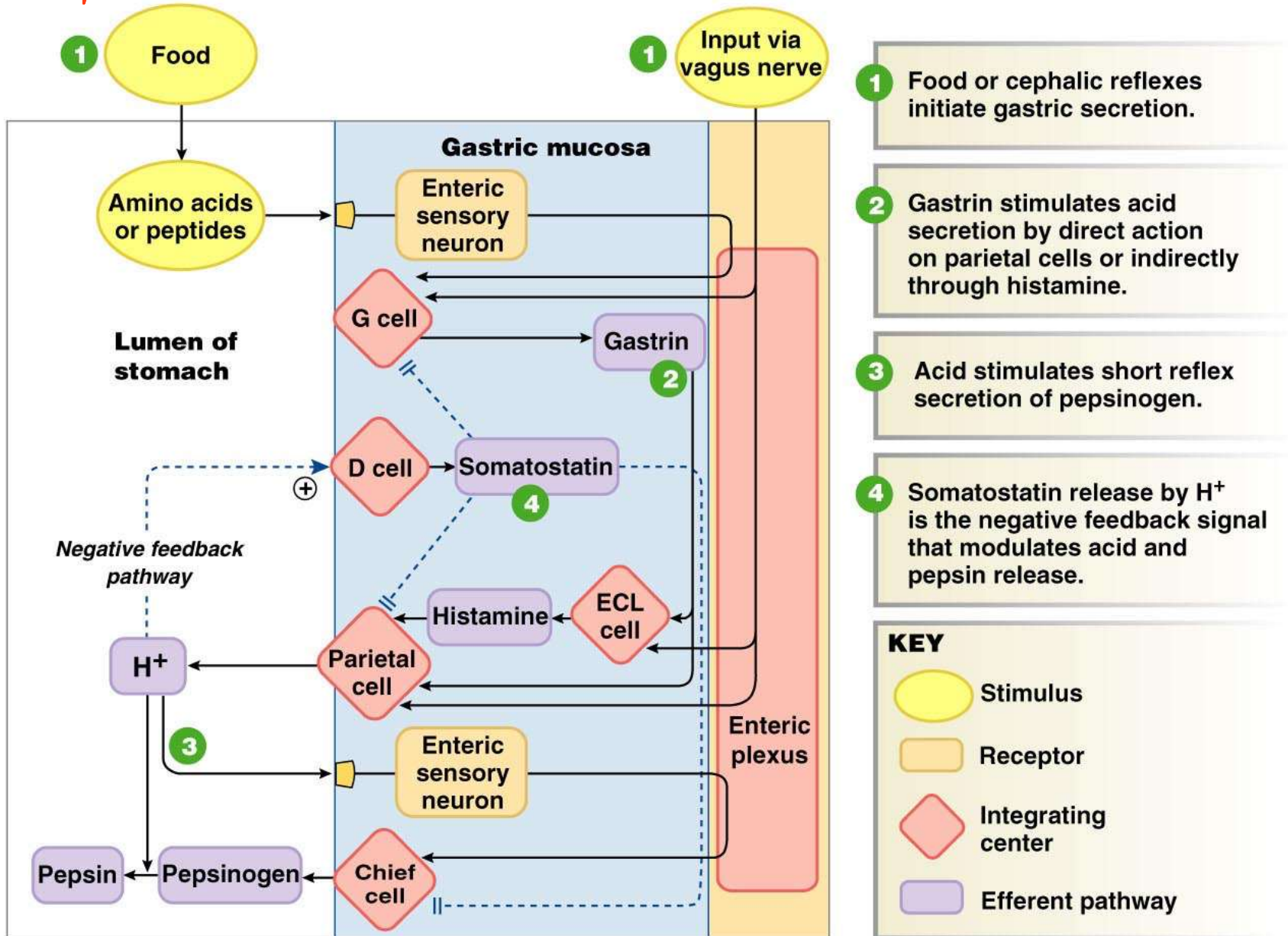
Release of Gastric Juice: Inhibitory Events



Regulation and Mechanism of HCl Secretion

- HCl secretion is stimulated by ACh, histamine, and gastrin through second-messenger systems
- Release of hydrochloric acid:
 - Is low if only one ligand binds to parietal cells
 - Is high if all three ligands bind to parietal cells
- **Antihistamines block H₂ receptors and decrease HCl release**

Important!



- 1 Food or cephalic reflexes initiate gastric secretion.
- 2 Gastrin stimulates acid secretion by direct action on parietal cells or indirectly through histamine.
- 3 Acid stimulates short reflex secretion of pepsinogen.
- 4 Somatostatin release by H⁺ is the negative feedback signal that modulates acid and pepsin release.

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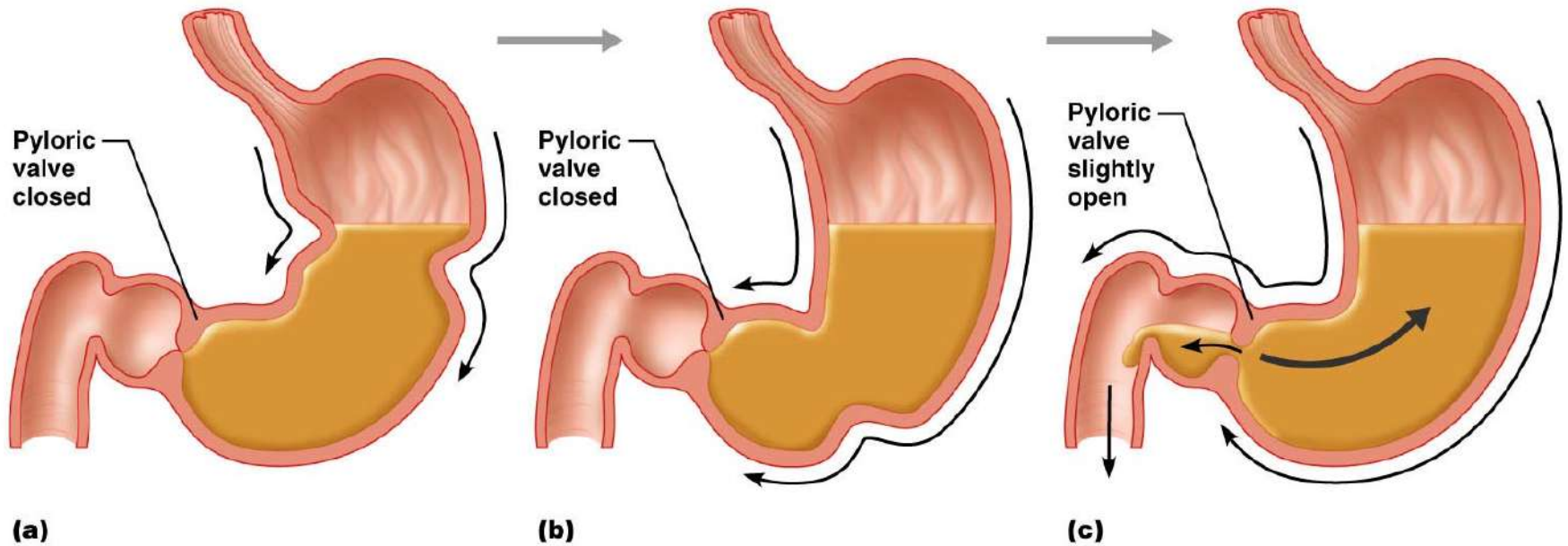
Response of the Stomach to Filling

- Stomach pressure remains constant until about **1L of food is ingested**
 - Relative unchanging pressure results from reflex-mediated **relaxation and plasticity**
 - **Reflex-mediated events include:**
 - **Receptive relaxation** – as food travels in the esophagus, stomach muscles relax → *Space for the food*
 - **Adaptive relaxation** – the stomach dilates in response to gastric filling
 - **Plasticity** – intrinsic ability of smooth muscle to exhibit **the stress-relaxation response**
- * For example: Stress Relaxation Mechanism.*

Gastric Contractile Activity

- Peristaltic waves move toward the pylorus at the rate of 3 contractions per minute
- This **basic electrical rhythm (BER)** is initiated by **pacemaker cells (cells of Cajal)**
- Most vigorous peristalsis and mixing occurs near the pylorus
- Chyme is either:
 - Delivered in small amounts to the duodenum or
 - Forced backward into the stomach for further mixing

Gastric Contractile Activity



Piver never indase.

Regulation of Gastric Emptying

- Gastric emptying is regulated by:

- **The neural enterogastric reflex:**

A nervous reflex whereby stretching of the wall of the duodenum results in inhibition of gastric motility and reduced rate of emptying of the stomach.

It is a feedback mechanism to regulate the rate at which partially digested food (chyme) leaves the stomach and enters the small intestine.

Regulation of Gastric Emptying

- **Hormonal (enterogastrone) mechanisms:**

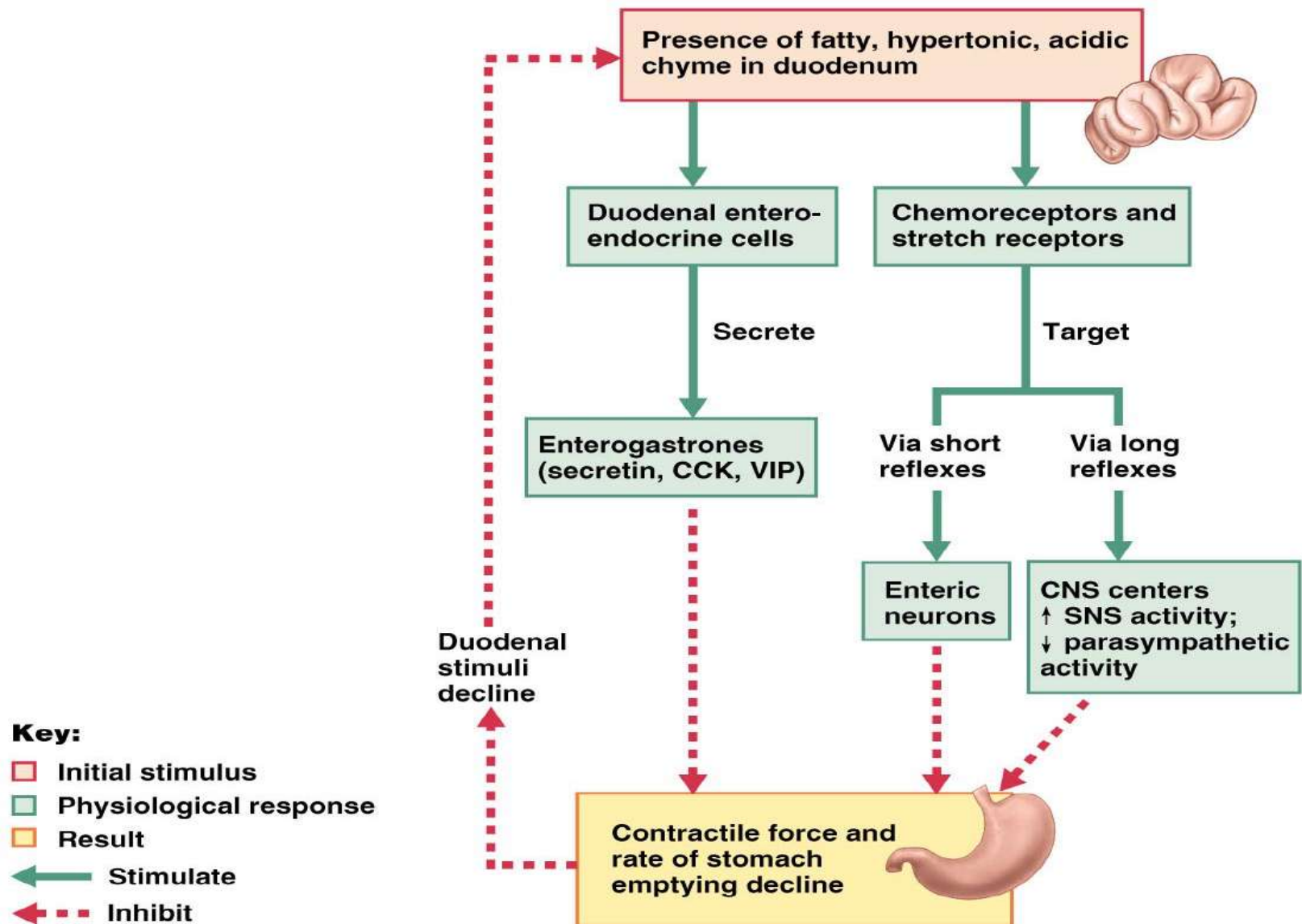
An enterogastrone hormones secreted by the mucosa of the duodenum in the lower gastrointestinal tract in response to dietary lipids that inhibits the forward motion of the contents of chyme.

These mechanisms inhibit gastric secretion and duodenal filling

Regulation of Gastric Emptying

- Carbohydrate-rich chyme quickly moves through the duodenum
- Fat-laden chyme is digested more slowly causing food to remain in the stomach longer

Regulation of Gastric Emptying



Small Intestine: Gross Anatomy

- Runs from pyloric sphincter to the ileocecal valve
- Has three subdivisions: **duodenum, jejunum, and ileum**
- The bile duct and main pancreatic duct:
 - Join the duodenum at the hepatopancreatic ampulla
 - Are controlled by the sphincter of Oddi
- The jejunum extends from the duodenum to the ileum
- The ileum joins the large intestine at the ileocecal valve

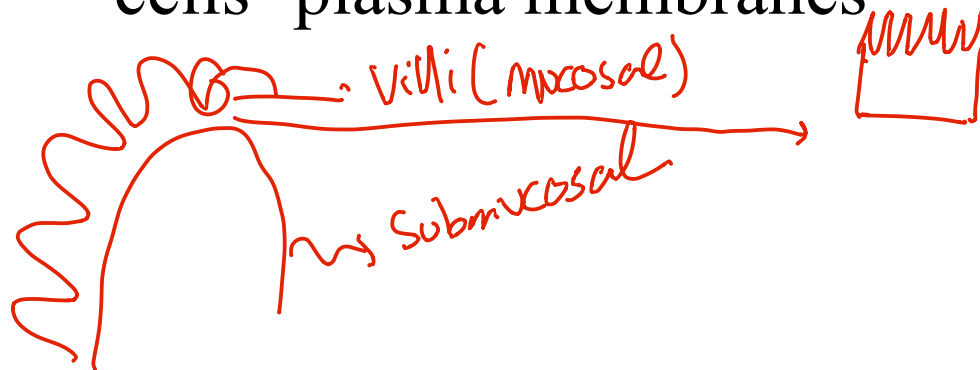
Small Intestine: Microscopic Anatomy

- Structural modifications of the small intestine wall increase surface area

Mucosal + Submucosal.

** a cell produce Steroidal Hormone
↳ Smooth endoplasmic Reticulum.*

- Plicae circulares**: deep circular folds of the mucosa and submucosa
- Villi** – fingerlike extensions of the mucosa
- Microvilli** – tiny projections of absorptive mucosal cells' plasma membranes

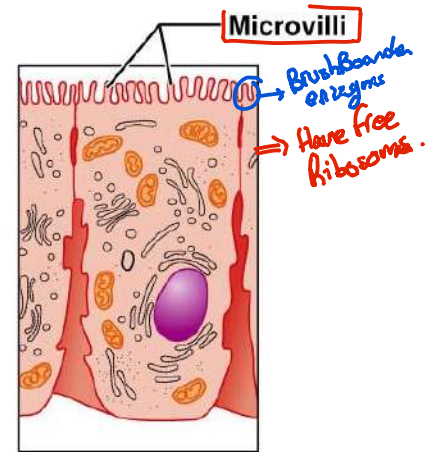
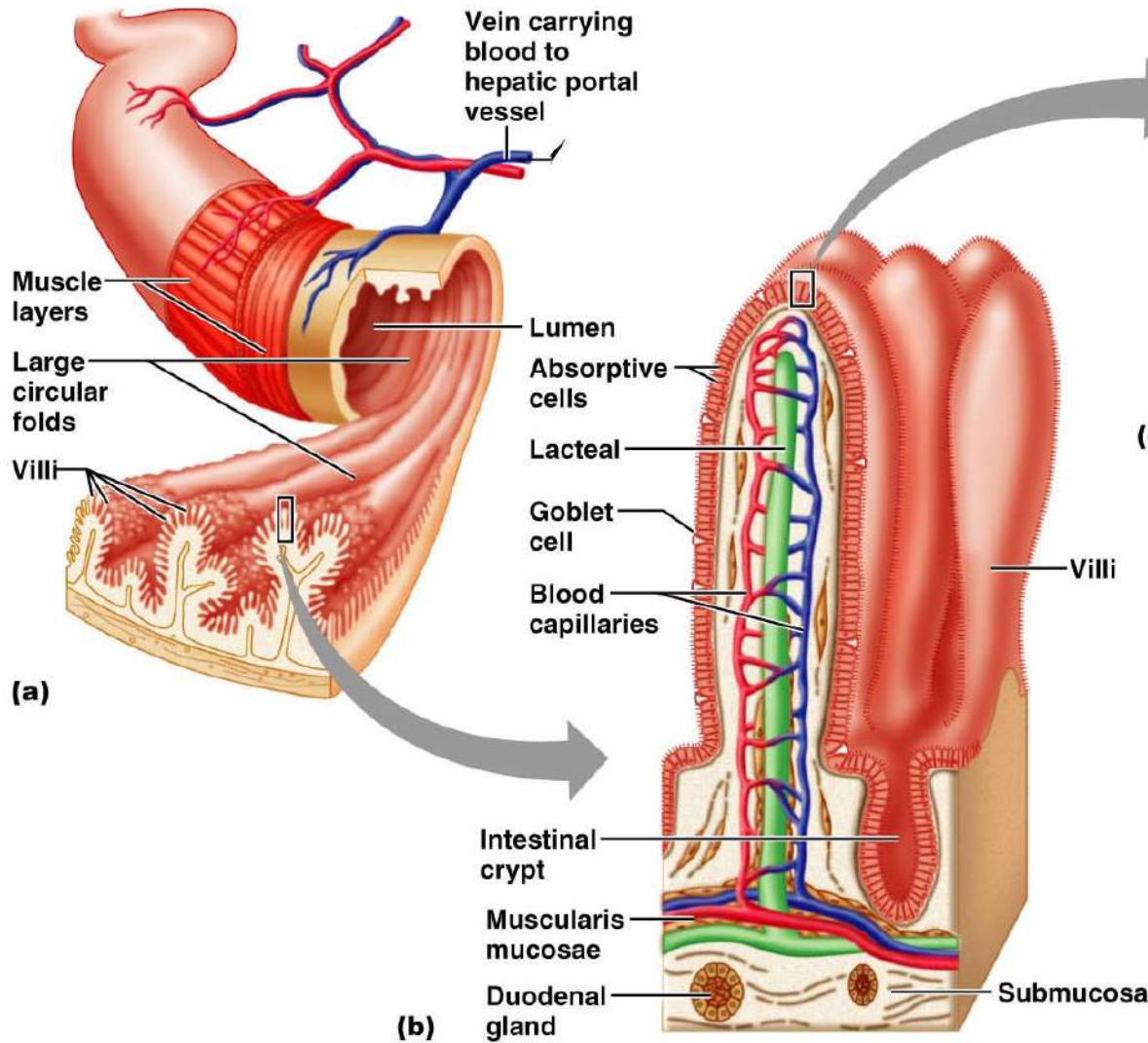


** any cell of microvilli
has enzymes that are attached
on → called brushborder
enzymes*

** we use free Ribosomes to produce Proteins
that are needed to live cell itself.*

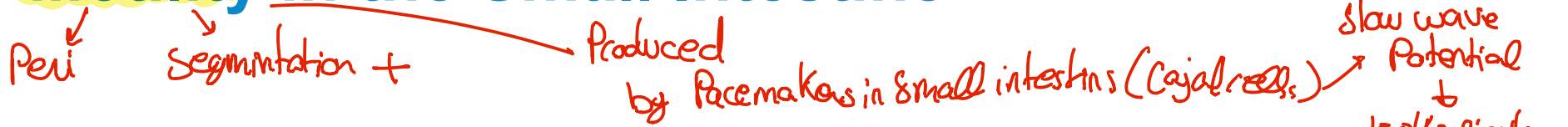
Small Intestine: Microscopic Anatomy

folds → increase surface area.



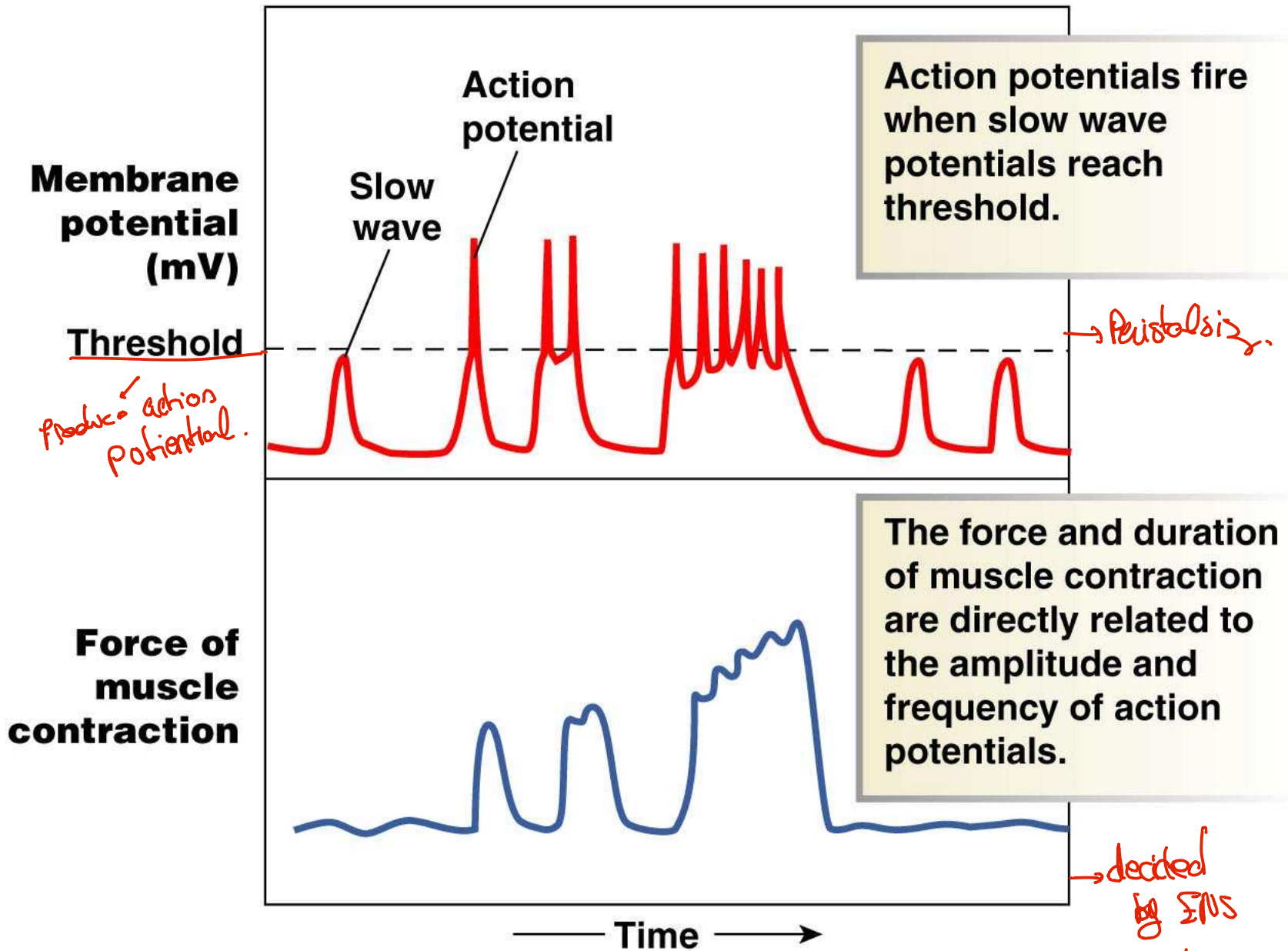
** Brush border → free cell attached ribosomes?*

Motility in the Small Intestine



- The most common motion of the small intestine is segmentation
 - It is initiated by intrinsic pacemaker cells (Cajal cells)
 - Moves contents steadily toward the ileocecal valve
- After nutrients have been absorbed:
 - Peristalsis begins with each wave starting distal to the previous
 - Meal remnants, bacteria, mucosal cells, and debris are moved into the large intestine

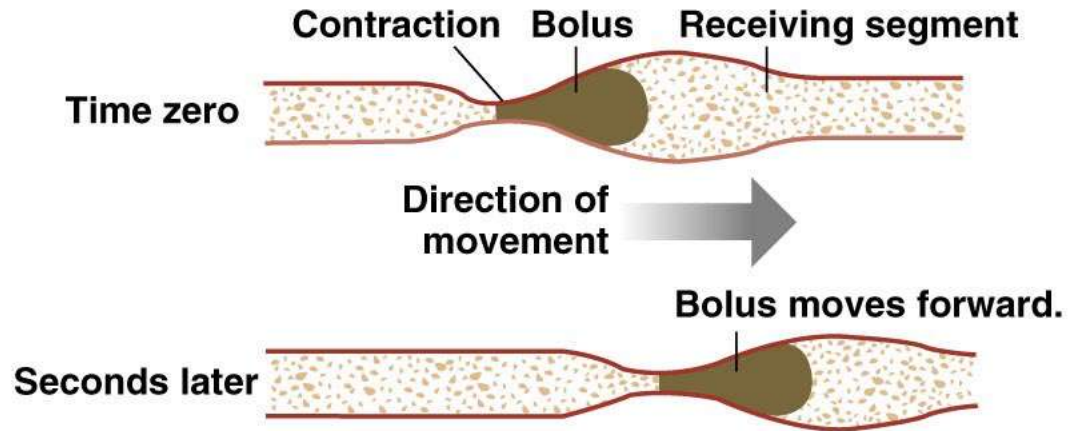
Like in cardiac.



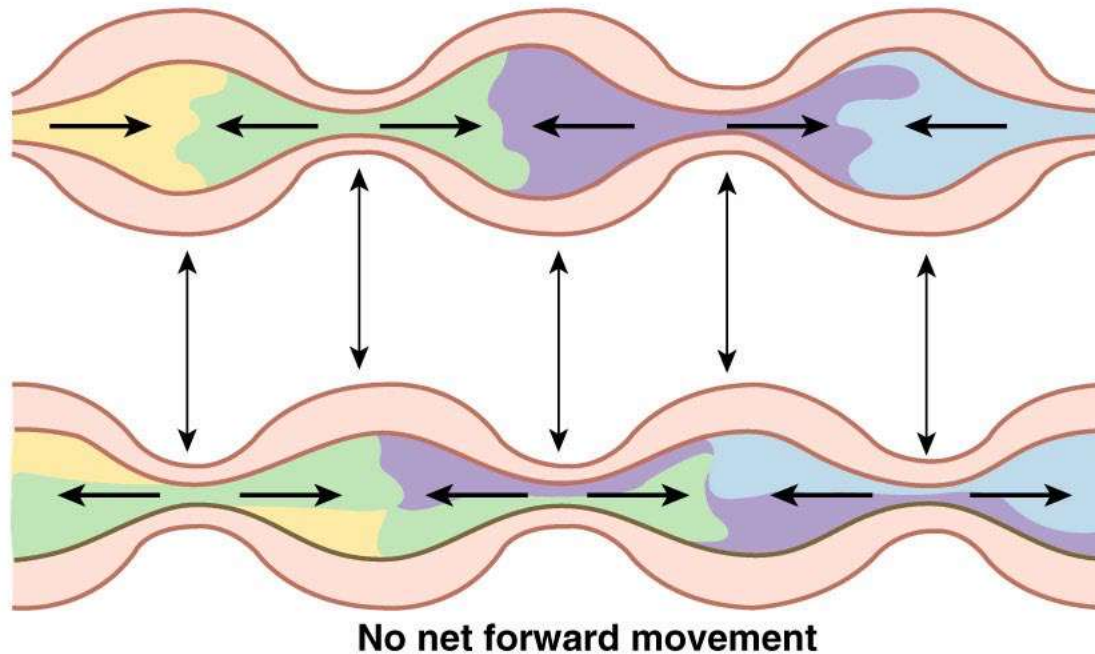
Action potentials fire when slow wave potentials reach threshold.

The force and duration of muscle contraction are directly related to the amplitude and frequency of action potentials.

(a) Peristaltic contractions create forward movement.

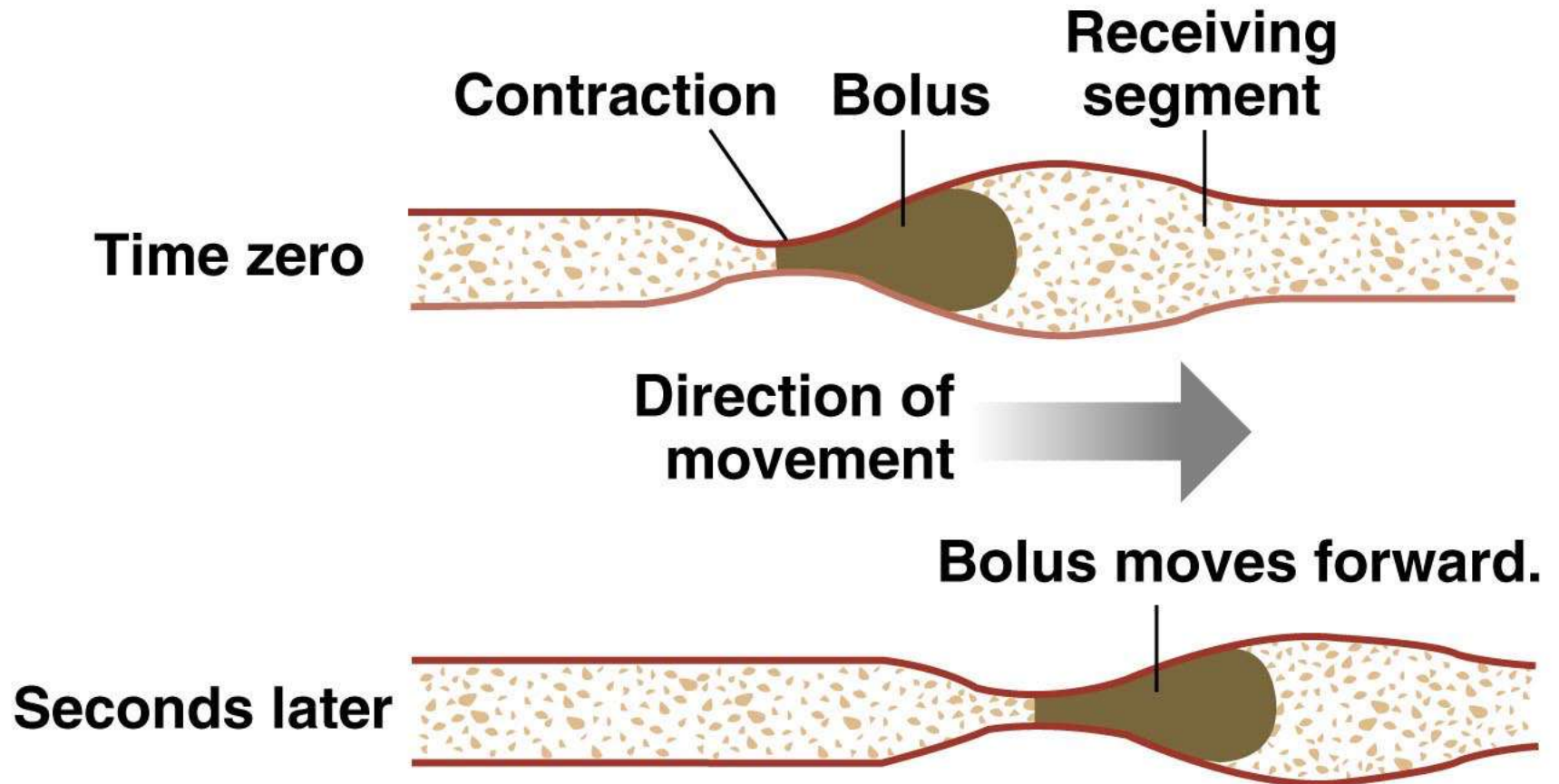


(b) Segmental contractions are responsible for mixing.



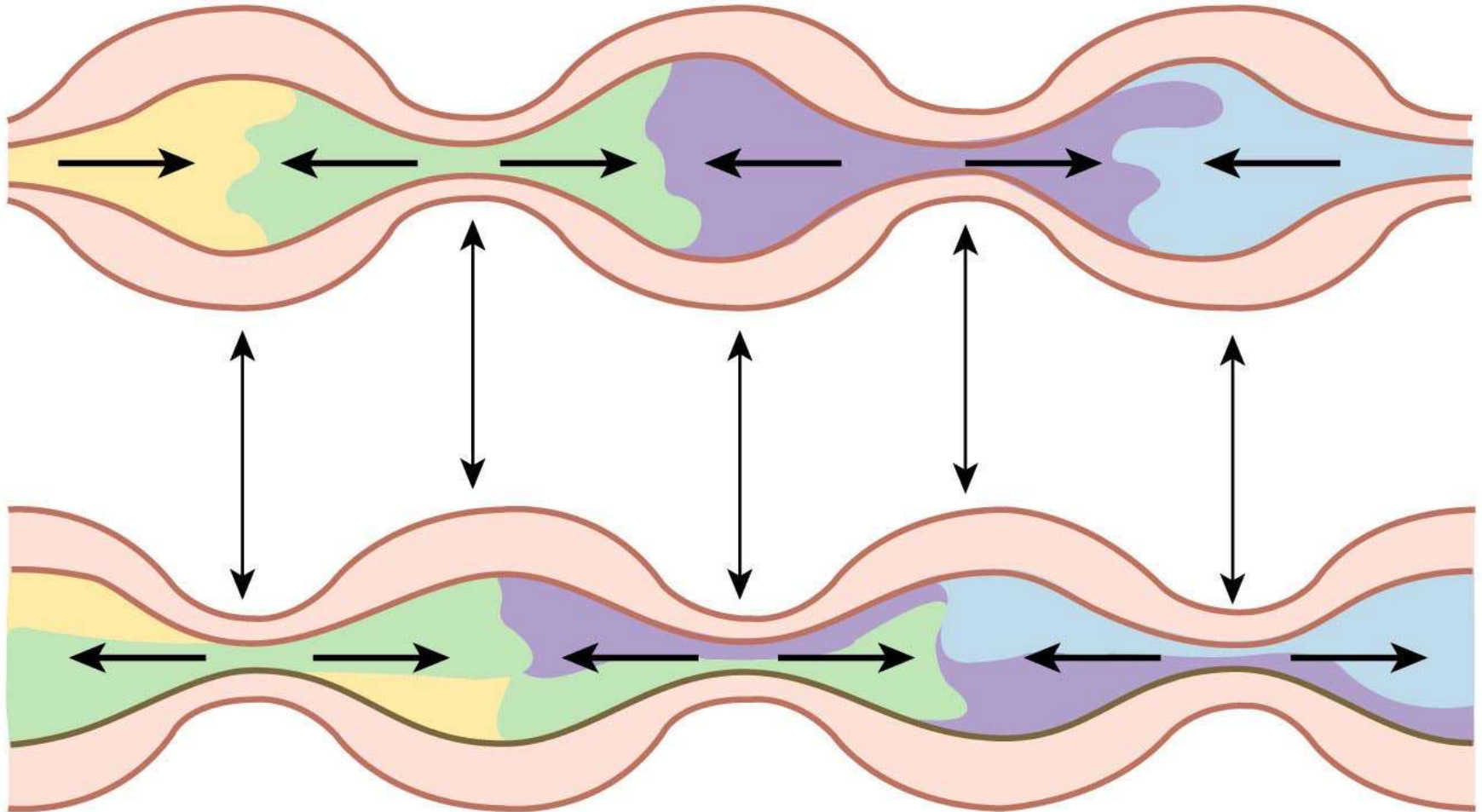
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(a) Peristaltic contractions create forward movement.



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(b) Segmental contractions are responsible for mixing.



No net forward movement

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Control of Motility

- **Local enteric neurons** of the GI tract coordinate intestinal motility
- *Parasympathetic.* **Cholinergic neurons** cause:
 - Contraction and shortening of the circular muscle layer
 - Shortening of longitudinal muscle
 - Distension of the intestine

Motilin → increase motility

Control of Motility

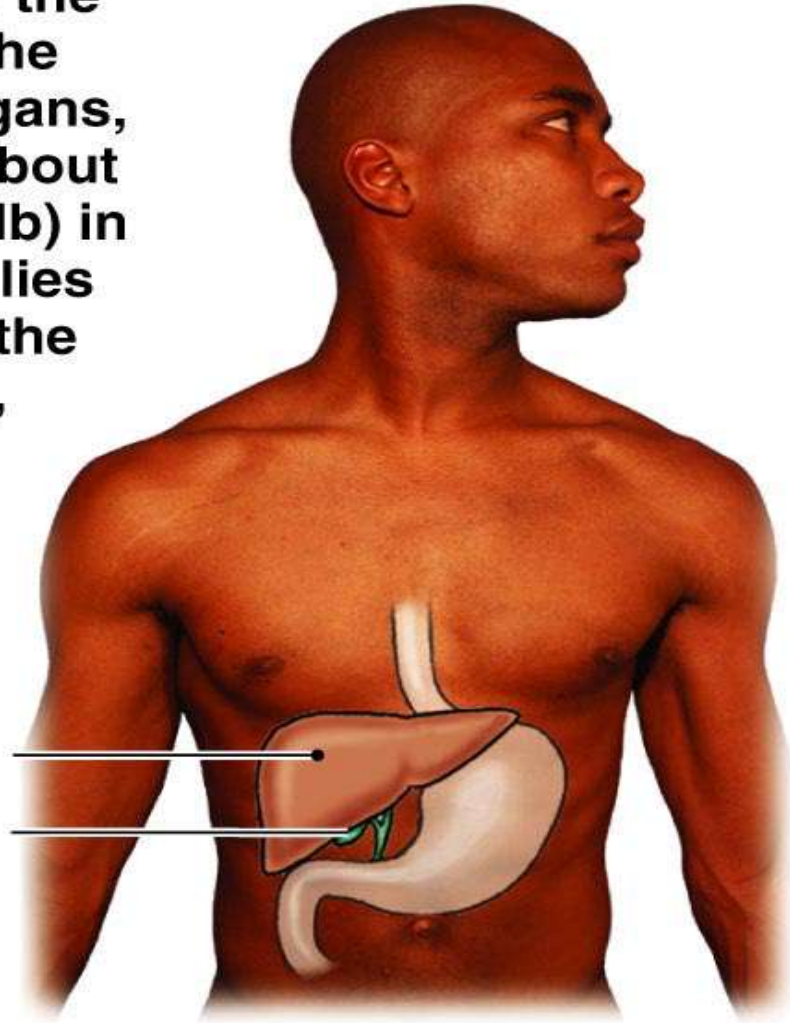
- Other impulses relax the circular muscle
- **The gastroileal reflex and gastrin:** *Once Stomach*
↳ food to duodenum.
 - Relax the ileocecal sphincter
 - Allow chyme to pass into the large intestine

Liver

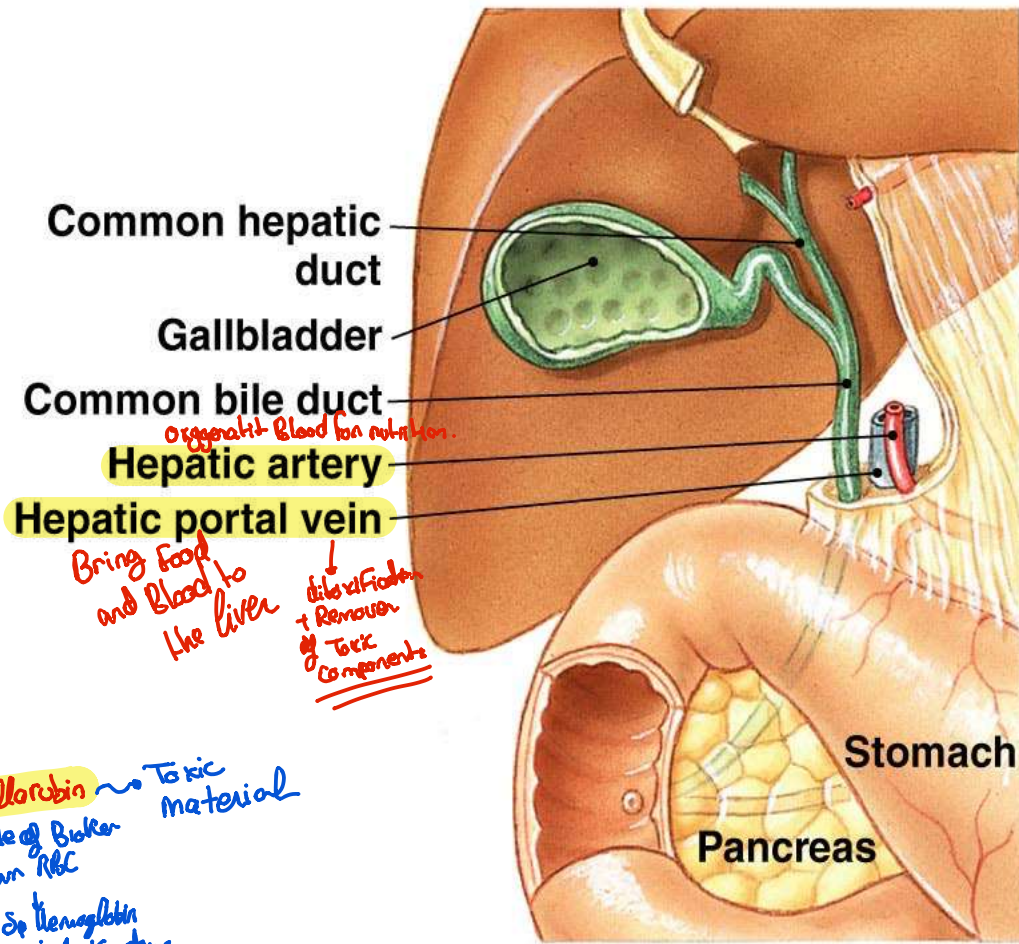
- The largest gland in the body
- Superficially has four lobes – right, left, caudate, and quadrate
- The falciform ligament:
 - Separates the right and left lobes anteriorly
 - Suspends the liver from the diaphragm and anterior abdominal wall

(a) The liver is the largest of the internal organs, weighing about 1.5 kg (3.3 lb) in an adult. It lies just under the diaphragm, toward the right side of the body.

Liver
Gallbladder



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(b) Blood flow to the liver comes from two sources. Oxygenated blood containing metabolites from peripheral tissues reaches the liver via the hepatic artery. Blood to the liver via the hepatic portal vein is rich in absorbed nutrients from the gastrointestinal tract (Fig. 21-30) and contains hemoglobin breakdown products from the spleen. Blood leaves the liver in the hepatic vein (not shown). Bile synthesized in the liver is secreted into the **common hepatic duct** for storage in the gallbladder. From there, it is secreted into the lumen of the intestine through the **common bile duct**.

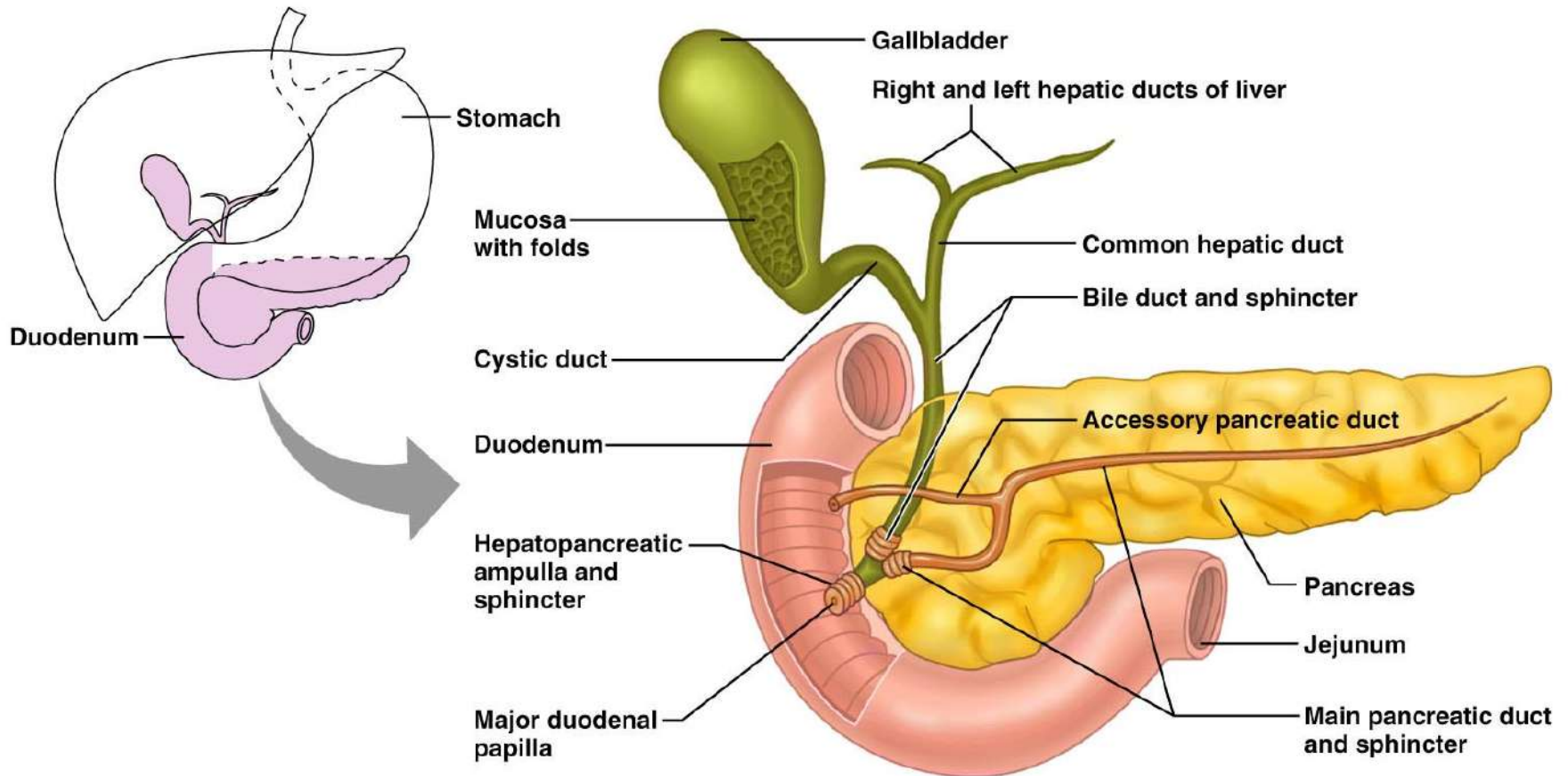
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Liver -> Can Regenerate

Liver: Associated Structures

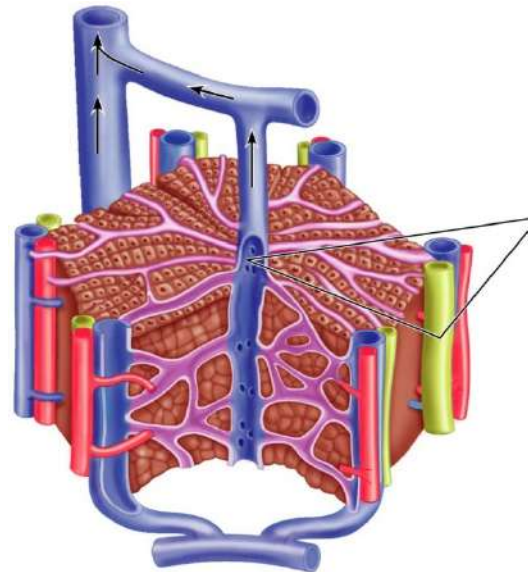
- Bile leaves the liver via:
 - **Bile ducts**, which fuse into the common hepatic duct
 - **The common hepatic duct**, which fuses with the cystic duct
 - These two ducts form the bile duct

Gallbladder and Associated Ducts



Liver: Microscopic Anatomy

- **Hexagonal-shaped liver lobules** are the structural and functional units of the liver
 - Composed of **hepatocyte** (liver cell) plates radiating outward from a central vein
 - **Portal triads** are found at each of the six corners of each liver lobule



Liver: Microscopic Anatomy

- Hepatocytes' **functions** include:
 - **Production of bile**
 - **Processing blood-borne nutrients**
 - **Storage of fat-soluble vitamins**
 - **Detoxification**
- Secreted bile flows between hepatocytes toward the bile ducts in the portal triads

Composition of Bile

- A yellow-green, alkaline solution containing bile salts, bile pigments, cholesterol, neutral fats, phospholipids, and electrolytes
- **Bile salts are cholesterol derivatives** that:
 - **Emulsify fat**
 - **Facilitate fat and cholesterol absorption**
 - **Help solubilize cholesterol**
- Enterohepatic circulation recycles bile salts
- The chief bile pigment is **bilirubin**, a waste product of heme

The Gallbladder

- Thin-walled, green muscular sac on the ventral surface of the liver
- **Stores and concentrates bile** by absorbing its water and ions
- **Releases bile** via the cystic duct, which flows into the bile duct

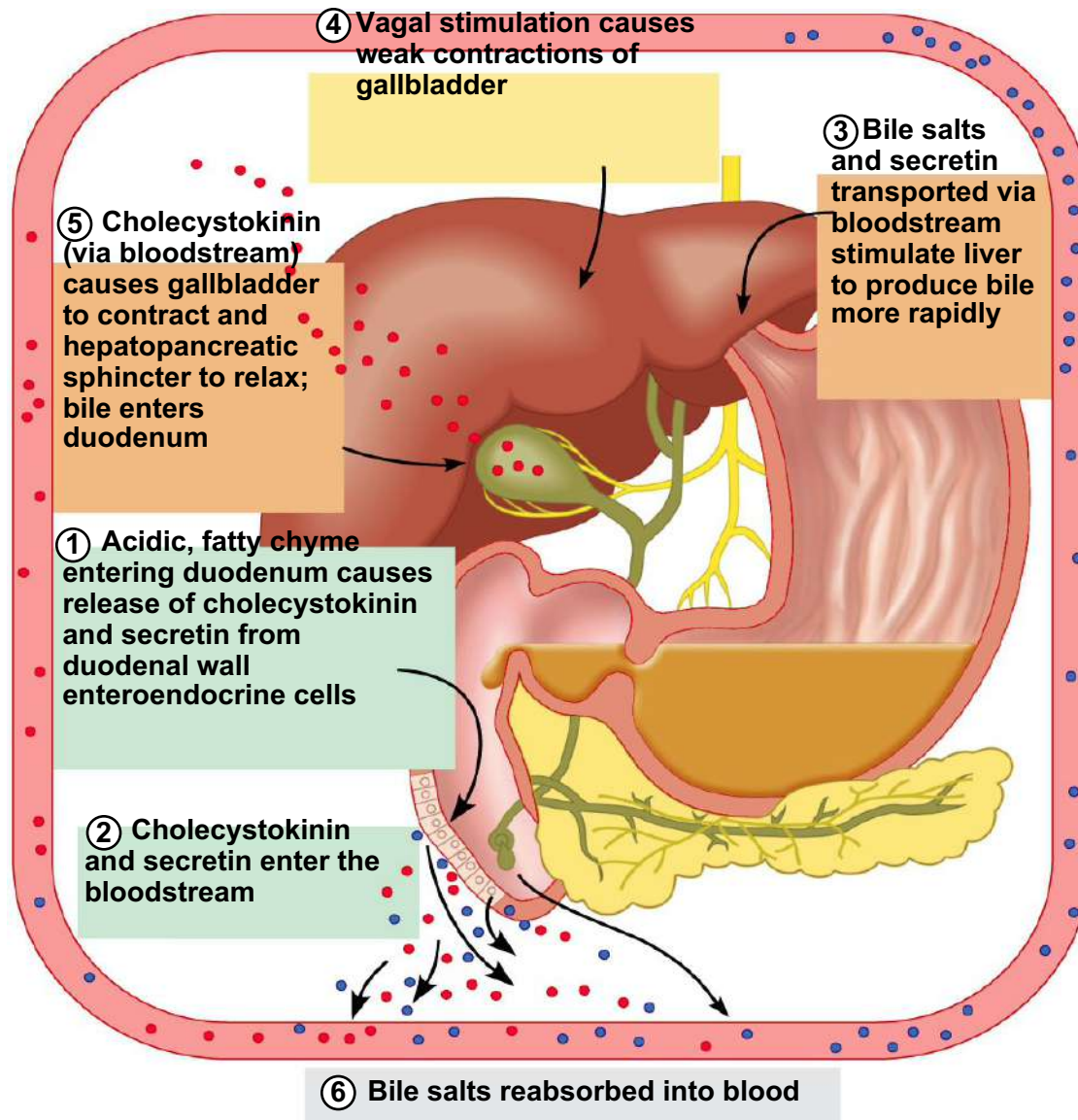
Regulation of Bile Release

- Acidic, fatty chyme causes the duodenum to release:
 - **Cholecystokinin (CCK) and secretin** into the bloodstream
- CCK and secretin transported in blood stimulate liver to produce bile
- **Vagal stimulation** causes weak contractions of the gallbladder

Regulation of Bile Release

- **Cholecystokinin (CCK)** causes:
 - **The gallbladder to contract**
 - **The hepato-pancreatic sphincter to relax**
- As a result, bile enters the duodenum

Regulation of Bile Release

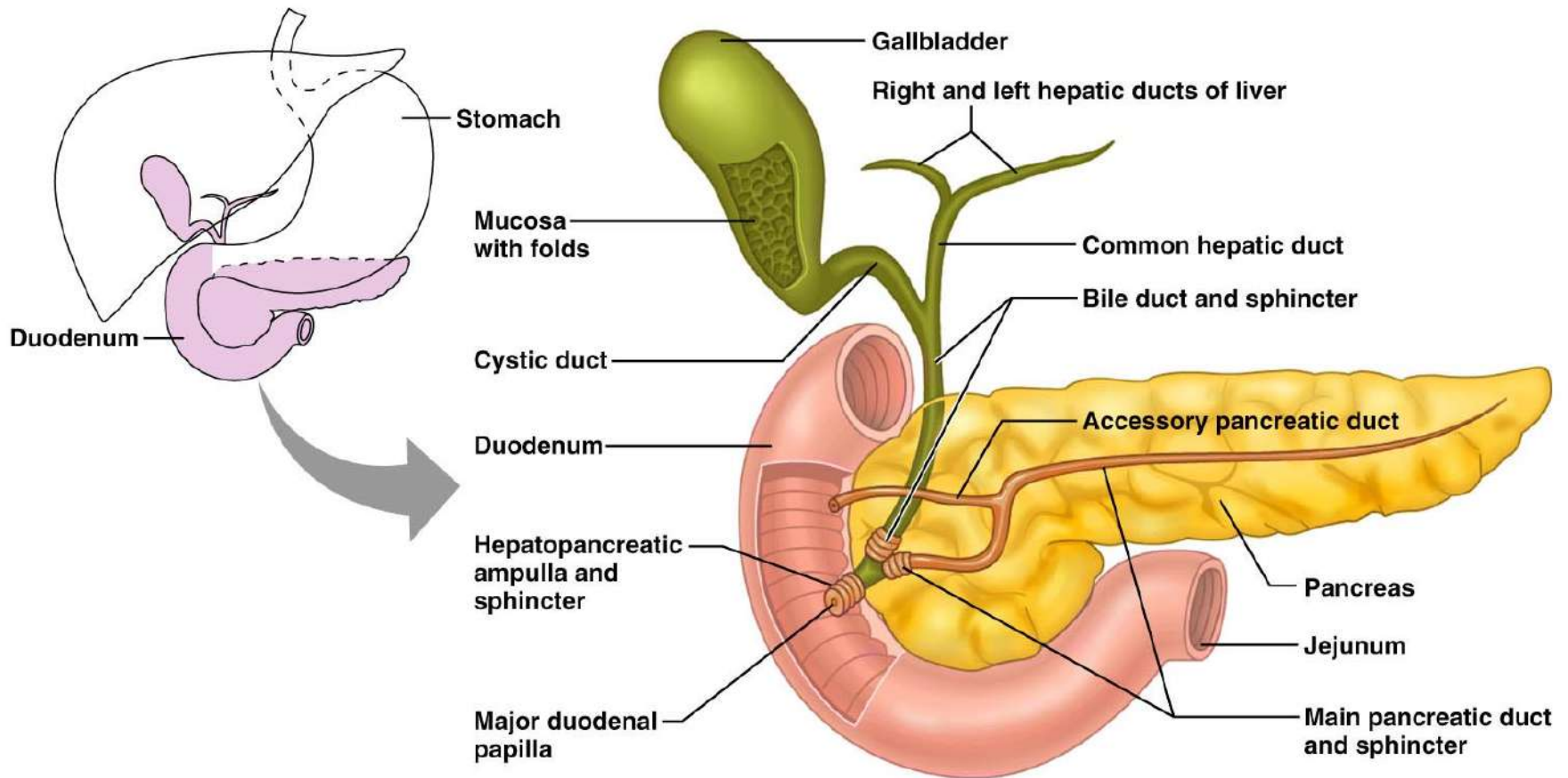


How Bile Salts enter Blood Stream.
↓
Reabsorption

Pancreas

- Location
 - Lies deep to the greater curvature of the stomach
 - The head is encircled by the duodenum and the tail abuts the spleen

Duodenum and Related Organs



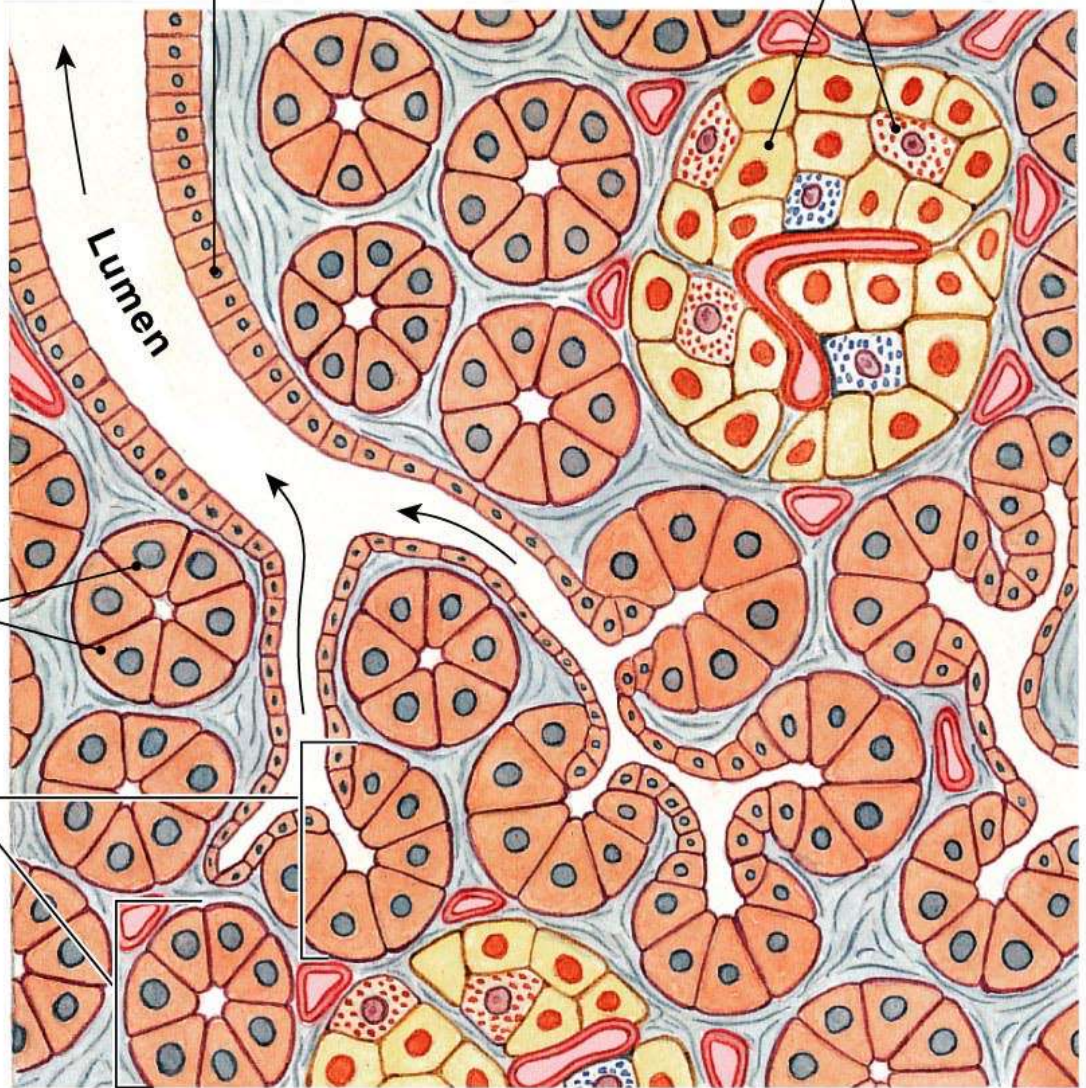
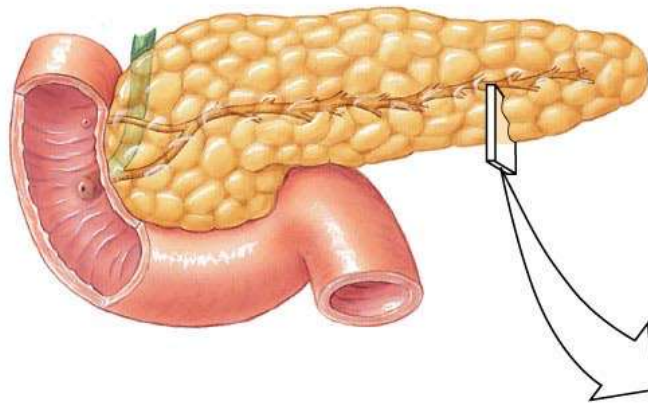
Pancreas

- **Exocrine function**

- Secretes pancreatic juice which breaks down all categories of foodstuff
- Acini (clusters of secretory cells) contain zymogen granules with digestive enzymes
- The pancreas also has an **endocrine function** – release of insulin and glucagon

Duct cells
secrete NaHCO_3 .

Pancreatic islet cells
secrete hormones.

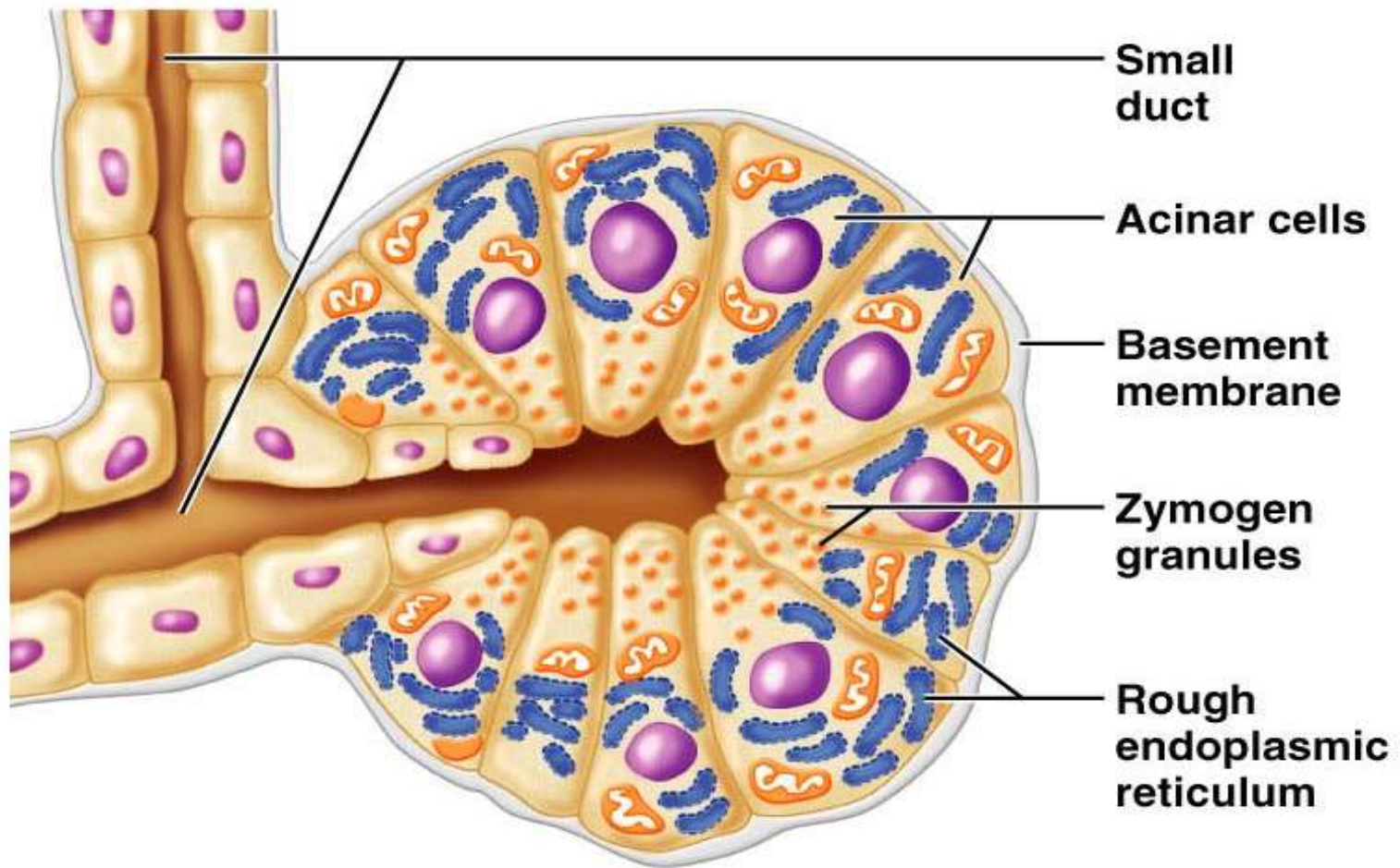


Lumen

Acinar cells secrete
digestive enzymes.

Pancreatic acini form
the exocrine portion
of the pancreas.

Acinus of the Pancreas

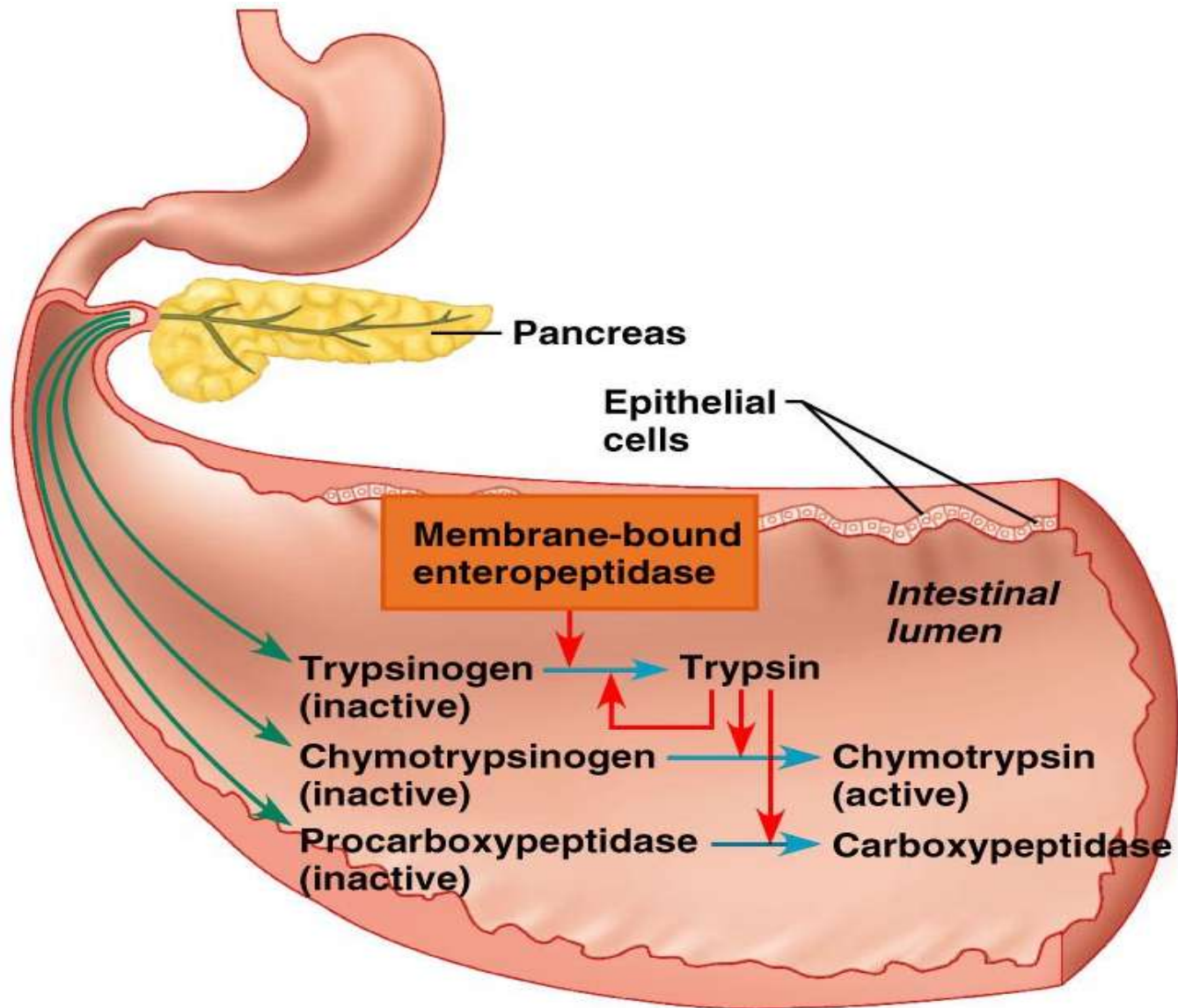


(a)

Composition and Function of Pancreatic Juice

- Water solution of enzymes and electrolytes (primarily HCO_3^-)
 - Neutralizes acid chyme
 - Provides optimal environment for pancreatic enzymes
- Enzymes are released in inactive form and activated in the duodenum

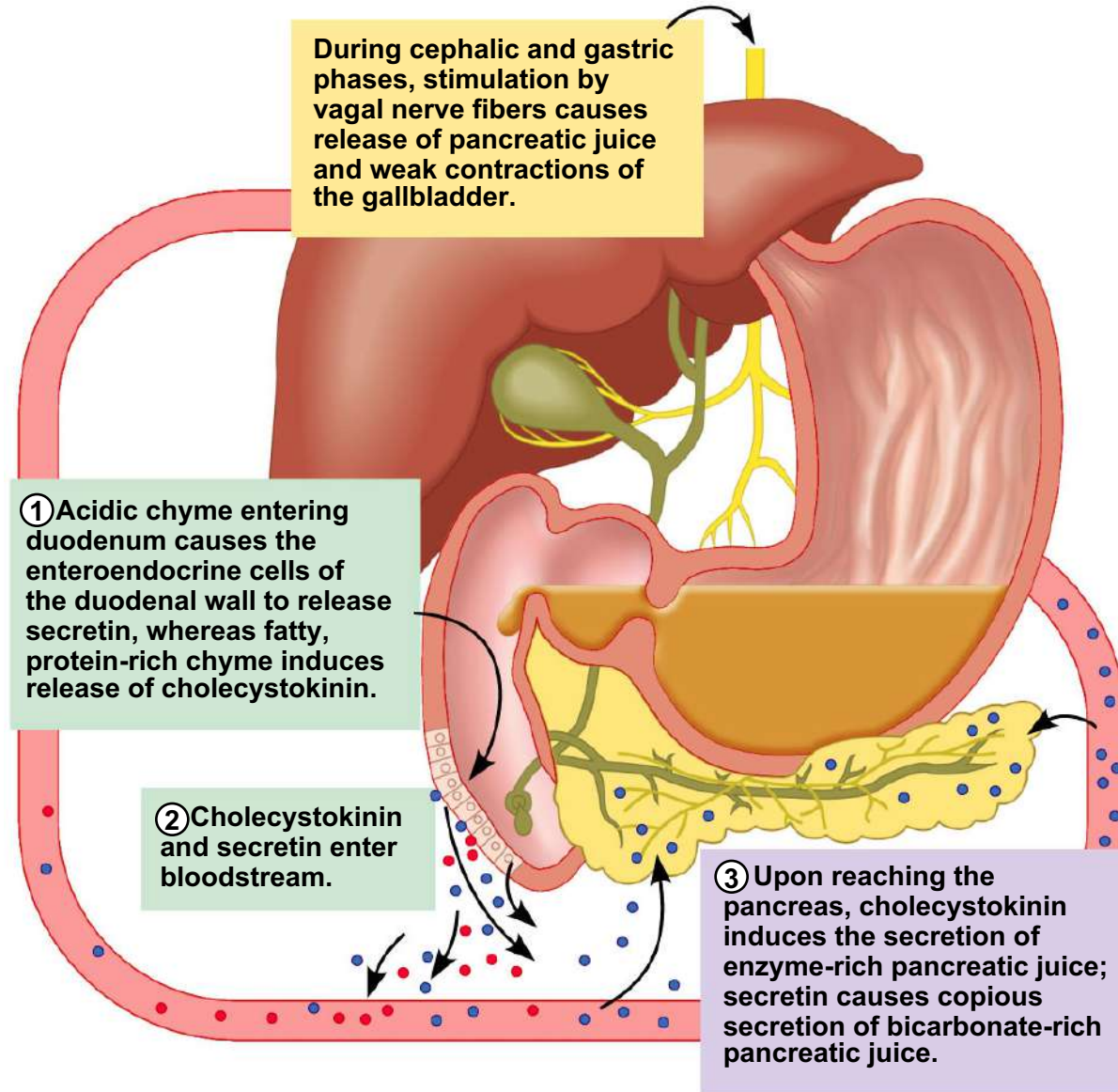
Pancreatic Enzymes' Activation



Regulation of Pancreatic Secretion

- **Secretin and CCK** are released when fatty or acidic chyme enters the duodenum
- **CCK and secretin** enter the bloodstream
- Upon reaching the pancreas:
 - **CCK** induces the secretion of enzyme-rich pancreatic juice
 - **Secretin** causes secretion of bicarbonate-rich pancreatic juice
- **Vagal stimulation** also causes release of pancreatic juice

Regulation of Pancreatic Secretion



The Digestive Hormones

TABLE 21-1 The Digestive Hormones

	STIMULUS FOR RELEASE	PRIMARY TARGET(S)	PRIMARY EFFECT(S)	OTHER INFORMATION
STOMACH				
Gastrin	Peptides and amino acids; neural reflexes	ECL cells and parietal cells	Stimulates gastric acid secretion and mucosal growth.	Somatostatin inhibits release.
INTESTINE				
Cholecystokinin (CCK)	Fatty acids and some amino acids	Gallbladder, pancreas, stomach	Stimulates gallbladder contraction and pancreatic enzyme secretion. Inhibits gastric emptying and acid secretion.	Promotes satiety. Some effects may be due to CCK as a neurotransmitter.
Secretin	Acid in small intestine	Pancreas, stomach	Stimulates bicarbonate secretion. Inhibits gastric emptying and acid secretion.	
Motilin	Fasting: periodic release every 1.5–2 hours	Gastric and intestinal smooth muscle	Stimulates migrating motor complex.	Inhibited by eating a meal.
Gastric inhibitory peptide (GIP)	Glucose, fatty acids, and amino acids in small intestine	Beta cells of pancreas	Stimulates insulin release (feedforward mechanism). Inhibits gastric emptying and acid secretion.	
Glucagon-like peptide 1 (GLP-1)	Mixed meal that includes carbohydrates or fats in the lumen	Endocrine pancreas	Stimulates insulin release. Inhibits glucagon release and gastric function.	Promotes satiety.

Chemical Digestion: Carbohydrates

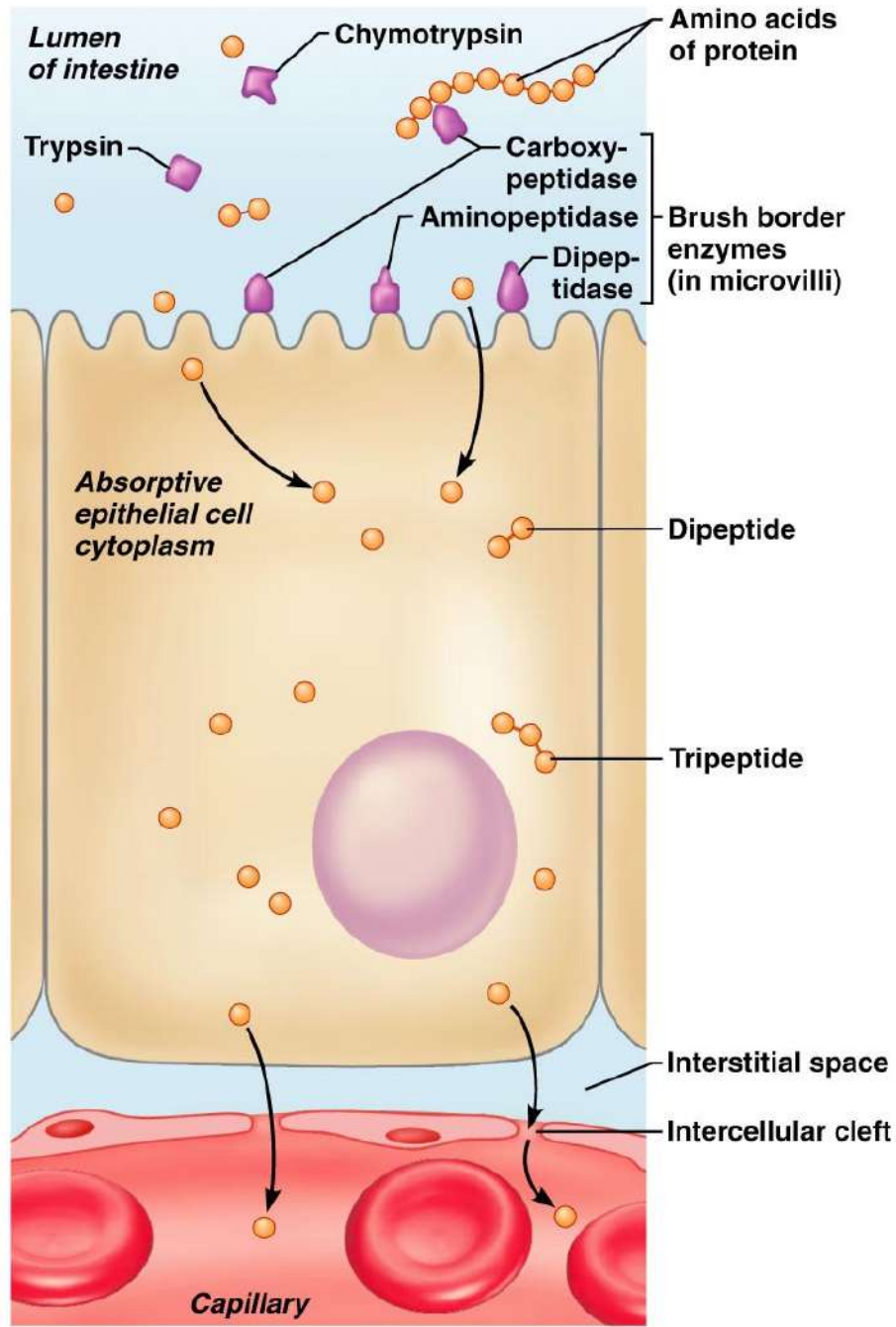
- Absorption: via cotransport with Na^+ , and facilitated diffusion
 - Enter the capillary bed in the villi
 - Transported to the liver via the hepatic portal vein
- Enzymes used: salivary amylase, pancreatic amylase, and brush border enzymes

Chemical Digestion: Proteins

- Absorption: similar to carbohydrates
- Enzymes used: pepsin in the stomach
- Enzymes acting in the small intestine
 - Pancreatic enzymes – trypsin, chymotrypsin, and carboxypeptidase
 - Brush border enzymes – aminopeptidases, carboxypeptidases, and dipeptidases



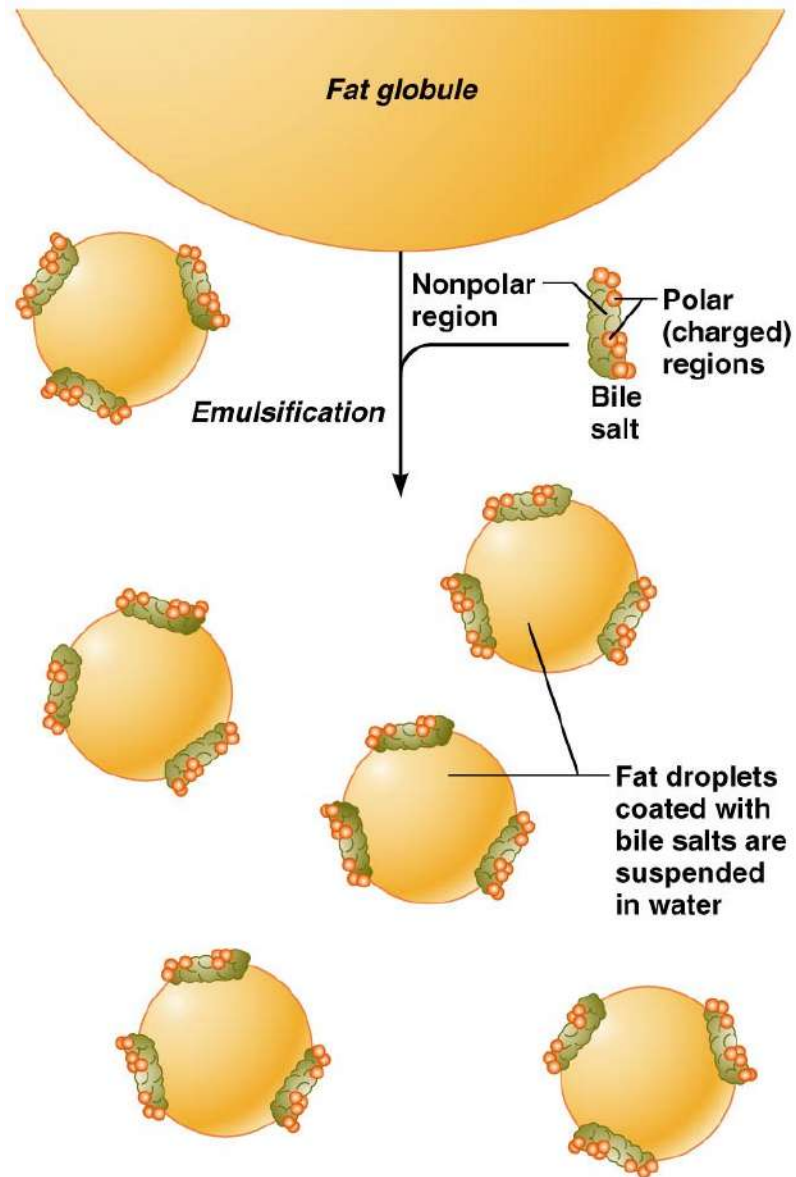
InterActive Physiology[®]:
Digestion and Absorption, pages 5 and 8



Chemical Digestion: Fats

- Absorption: Diffusion into intestinal cells where they:
 - Combine with proteins and extrude chylomicrons
 - Enter lacteals and are transported to systemic circulation via lymph
- Glycerol and short chain fatty acids are:
 - Absorbed into the capillary blood in villi
 - Transported via the hepatic portal vein
- Enzymes/chemicals used: bile salts and pancreatic lipase

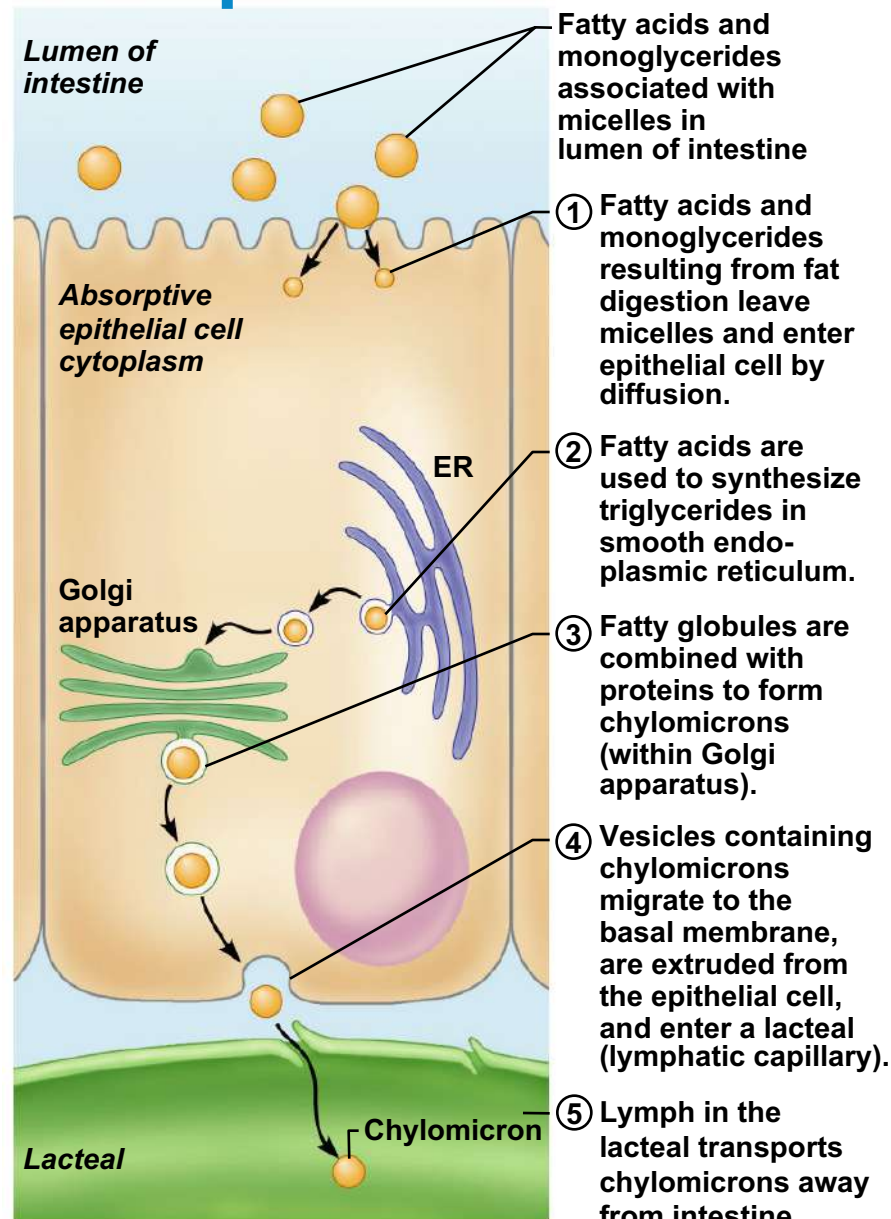
Chemical Digestion: Fats



Fatty Acid Absorption

- Fatty acids and monoglycerides enter intestinal cells via diffusion
- They are combined with proteins within the cells
- Resulting chylomicrons are extruded
- They enter lacteals and are transported to the circulation via lymph

Fatty Acid Absorption



Chemical Digestion: Nucleic Acids

- Absorption: active transport via membrane carriers
- Absorbed in villi and transported to liver via hepatic portal vein
- Enzymes used: pancreatic ribonucleases and deoxyribonuclease in the small intestines

Electrolyte Absorption

- Most ions are actively absorbed along the length of small intestine
 - Na^+ is coupled with absorption of glucose and amino acids
 - Ionic iron is transported into mucosal cells where it binds to ferritin
- Anions passively follow the electrical potential established by Na^+

Electrolyte Absorption

- K^+ diffuses across the intestinal mucosa in response to osmotic gradients
- Ca^{2+} absorption:
 - Is related to blood levels of ionic calcium
 - Is regulated by vitamin D and parathyroid hormone (PTH)

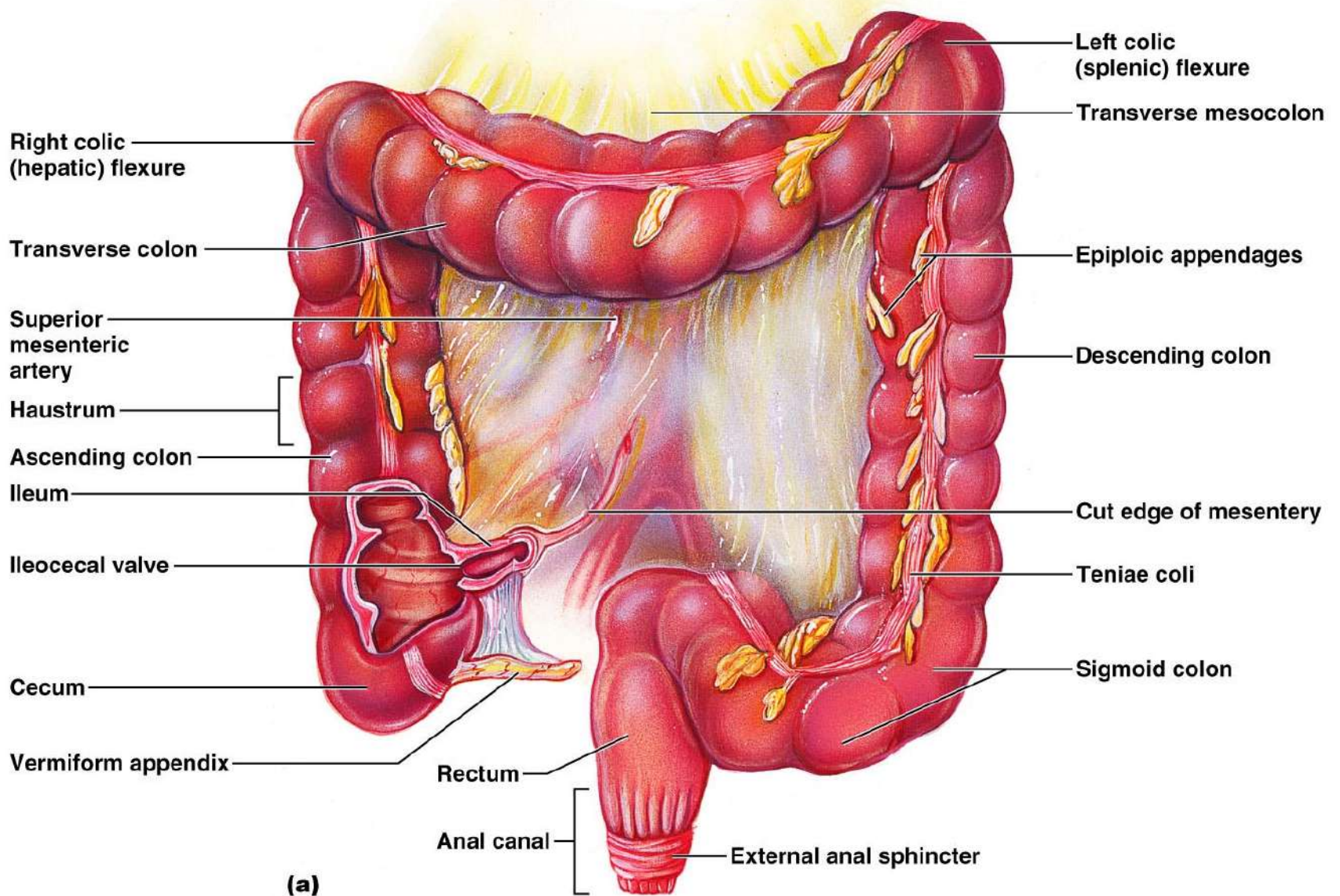
Water Absorption

- 95% of water is absorbed in the small intestines by osmosis
- Water moves in both directions across intestinal mucosa
- Net osmosis occurs whenever a concentration gradient is established by active transport of solutes into the mucosal cells
- Water uptake is coupled with solute uptake, and as water moves into mucosal cells, substances follow along their concentration gradients

Large Intestine

- Has three unique features:
 - Teniae coli – three bands of longitudinal smooth muscle in its muscularis
 - Haustra – pocketlike sacs caused by the tone of the teniae coli
 - Epiploic appendages – fat-filled pouches of visceral peritoneum

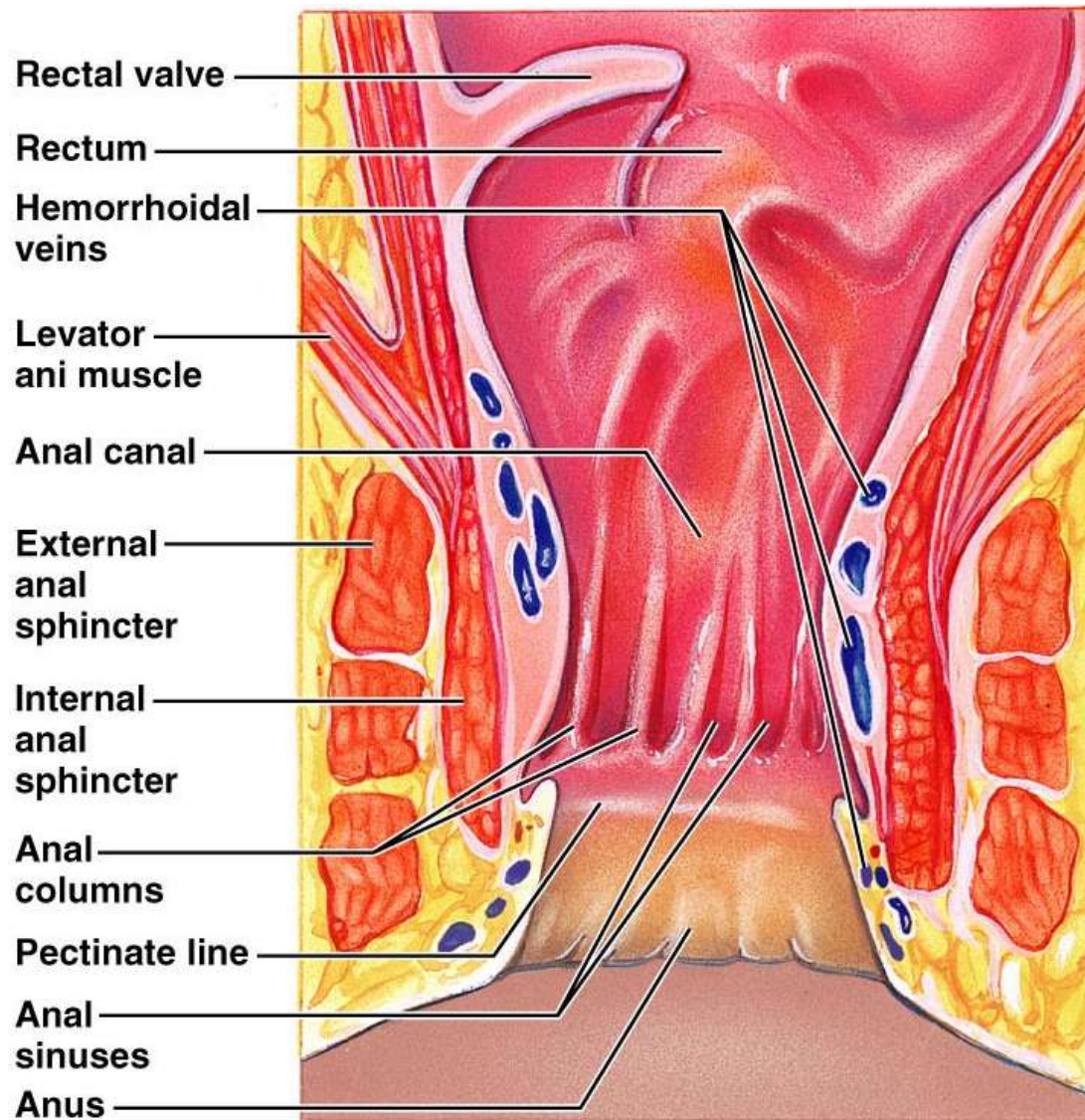
Large Intestine



Valves and Sphincters of the Rectum and Anus

- Three valves of the rectum stop feces from being passed with gas
- The anus has two sphincters:
 - Internal anal sphincter composed of smooth muscle
 - External anal sphincter composed of skeletal muscle
- These sphincters are closed except during defecation

Structure of the Anal Canal



(b)

Bacterial Flora

- The bacterial flora of the large intestine consist of:
 - Bacteria surviving the small intestine that enter the cecum and
 - Those entering via the anus
- These bacteria:
 - Colonize the colon
 - Ferment indigestible carbohydrates
 - Release irritating acids and gases (flatus)
 - Synthesize B complex vitamins and vitamin K

Functions of the Large Intestine

- Other than digestion of enteric bacteria, no further digestion takes place
- Vitamins, water, and electrolytes are reclaimed
- Its major function is propulsion of fecal material toward the anus
- Though essential for comfort, the colon is not essential for life

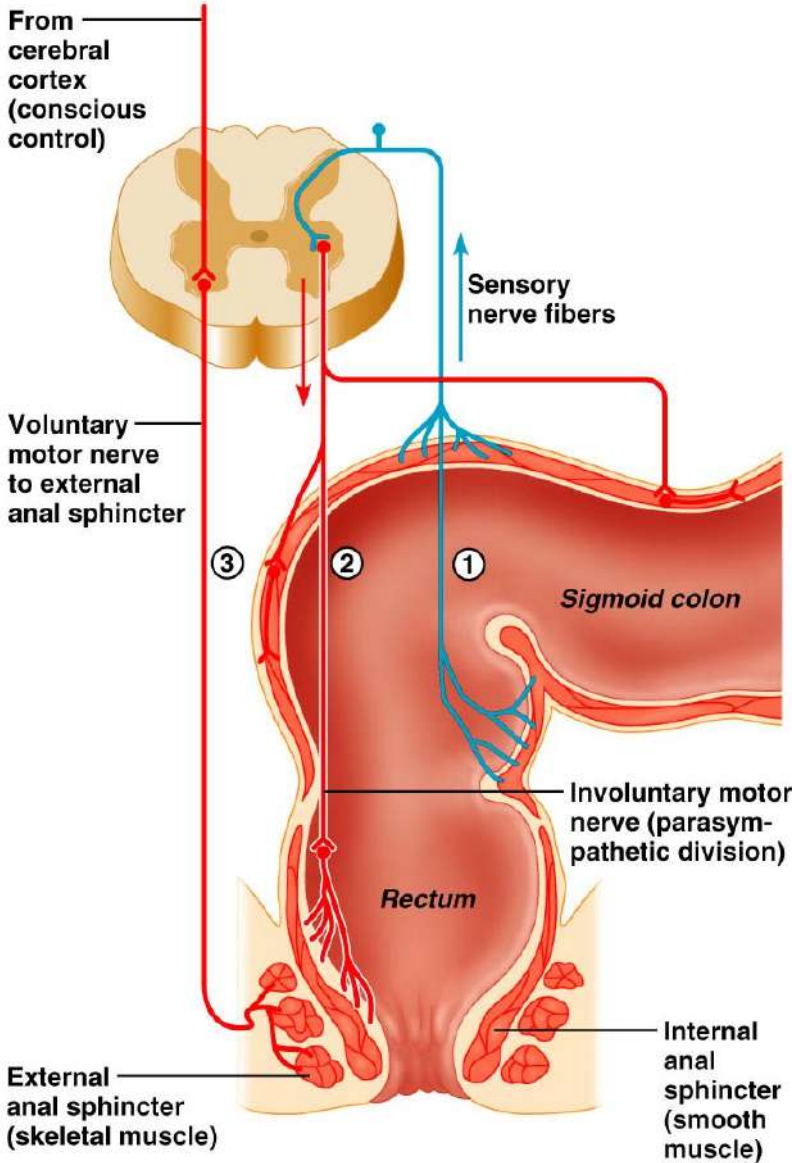
Motility of the Large Intestine

- Haustral contractions
 - Slow segmenting movements that move the contents of the colon
 - Haustra sequentially contract as they are stimulated by distension
- Presence of food in the stomach:
 - Activates the gastrocolic reflex
 - Initiates peristalsis that forces contents toward the rectum

Defecation

- Distension of rectal walls caused by feces:
 - Stimulates contraction of the rectal walls
 - Relaxes the internal anal sphincter
- Voluntary signals stimulate relaxation of the external anal sphincter and defecation occurs

Defecation



Malabsorption of Nutrients

- Results from anything that interferes with delivery of bile or pancreatic juice
- Factors that damage the intestinal mucosa (e.g., bacterial infection)
- Gluten enteropathy (adult celiac disease) – gluten damages the intestinal villi and reduces the length of microvilli
 - Treated by eliminating gluten from the diet (all grains but rice and corn)

Cancer

- Stomach and colon cancers rarely have early signs or symptoms
- Metastasized colon cancers frequently cause secondary liver cancer
- Prevention is by regular dental and medical examinations

Cancer

- Colon cancer is the 2nd largest cause of cancer deaths in males (lung cancer is 1st)
- Forms from benign mucosal tumors called polyps whose formation increases with age
- Regular colon examination should be done for all those over 50