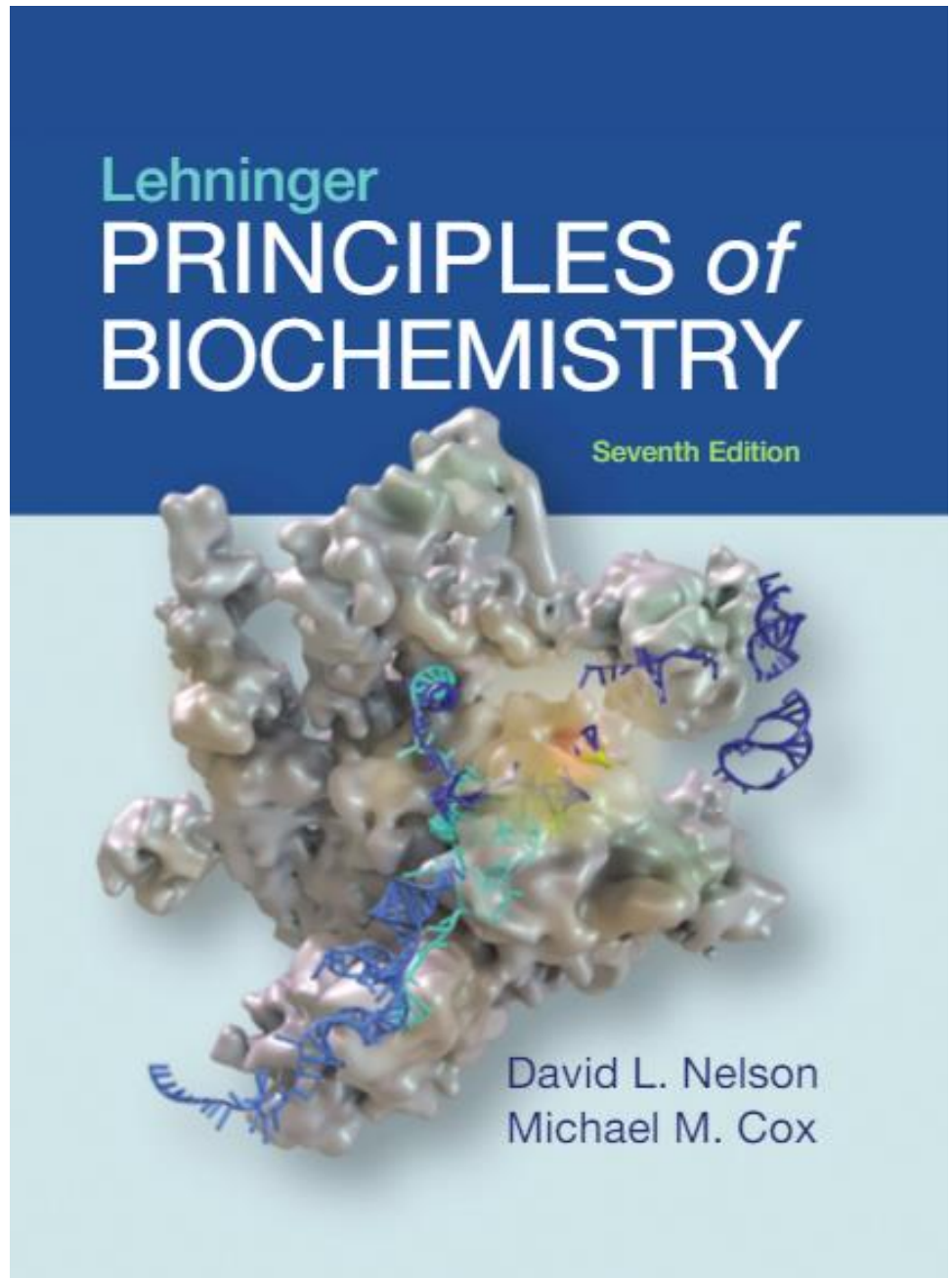


# 16 | The Citric Acid Cycle

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# CHAPTER 16:

## The Citric Acid Cycle

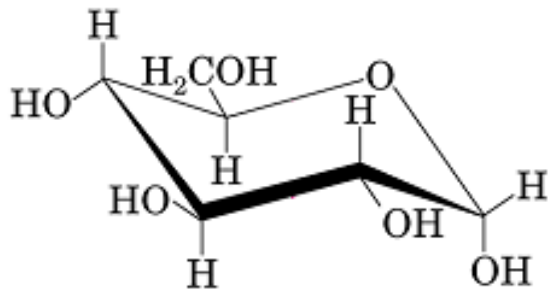
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### *Learning goals:*

- Cellular respiration
- Conversion of pyruvate to activated acetate
- Reactions of the citric acid cycle
- Regulation of the citric acid cycle
- Amphibolic nature of citric acid cycle intermediates
- Mechanisms of replenishing citric acid cycle intermediates

# Only a small amount of energy available in glucose is captured in glycolysis

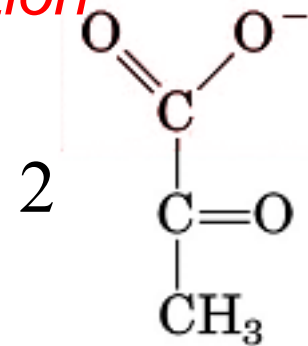
*Only the 1<sup>st</sup> stage of Glucose oxidation*



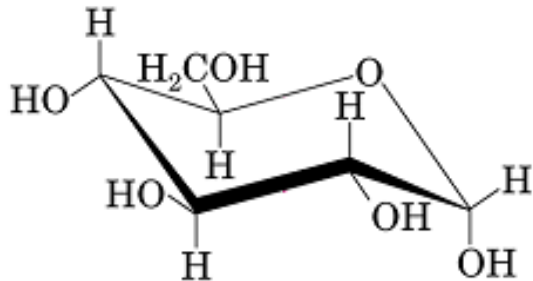
Glucose

Glycolysis

$$\Delta G^{\circ} = -146 \text{ kJ/mol}$$

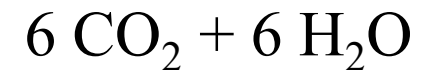


Pyruvate



Full oxidation (+ 6 O<sub>2</sub>)

$$\Delta G^{\circ} = -2,840 \text{ kJ/mol}$$



# Cellular Respiration

---

- Process in which cells consume  $O_2$  and produce  $CO_2$
- Provides more energy (ATP) from glucose than glycolysis
- Also captures energy stored in lipids and amino acids
- Used by animals, plants, and many microorganisms
- Occurs in three major stages:
  - acetyl CoA production (from organic fuel molecules)
  - acetyl CoA oxidation (in the CAC to produce  $CO_2$ )
  - electron transfer and oxidative phosphorylation (reduced coenzymes from CAC give their  $e^-$ 's to  $O_2$  forming ATP in the process)

# Respiration: Stage 1

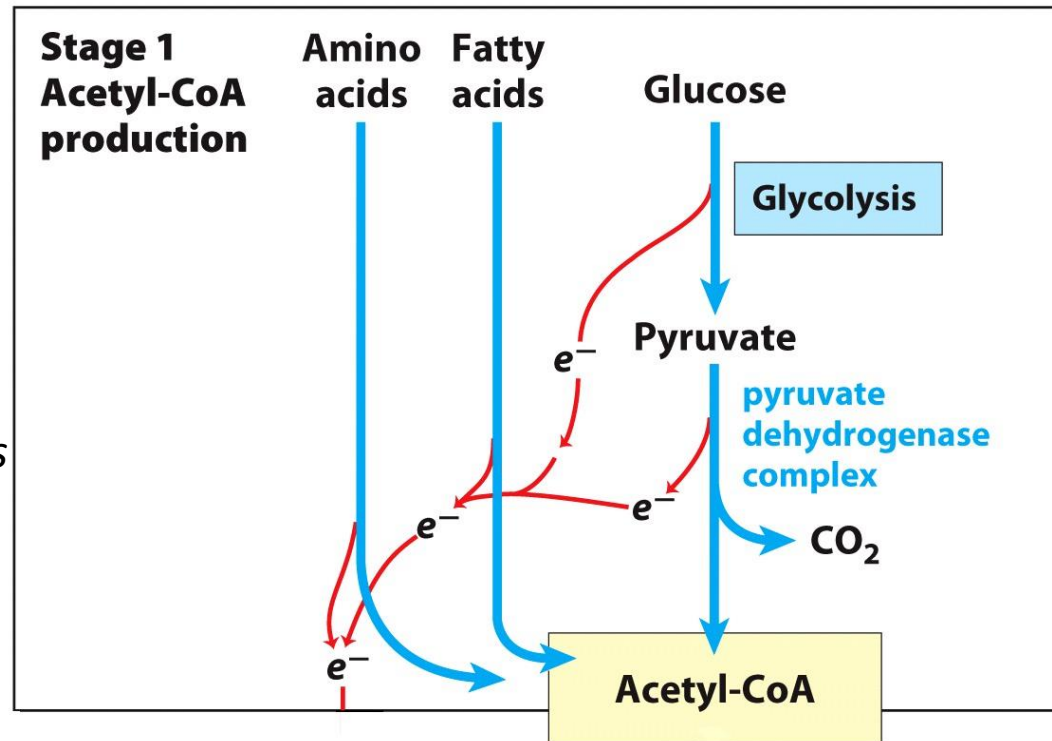
## Acetyl-CoA Production

- Activated form of acetate
- C-skeleton of sugars and fatty acids are converted to acetyl-CoA before entering the CAC

*some a.a. enter CAC via other intermediates*

- **Pyruvate dehydrogenase complex (PDH)**

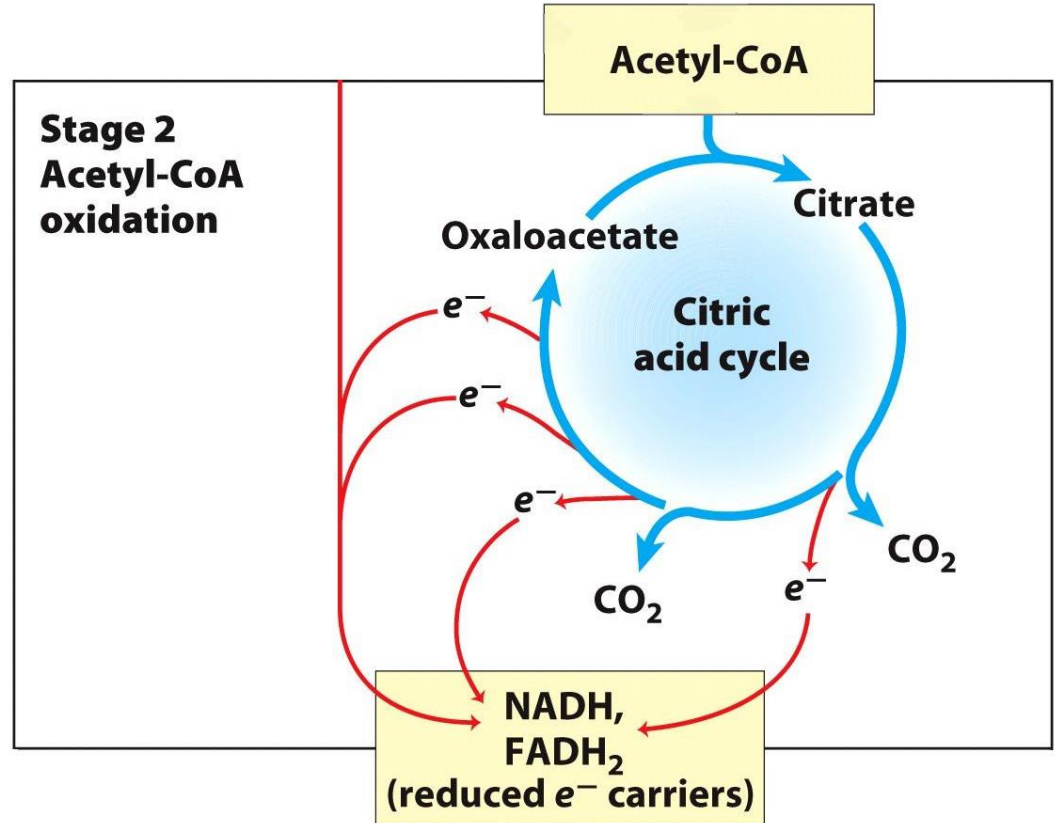
- Multiple copies of 3 enzymes
- 5 reactions by 3 enzymes, whereby the intermediates remain bound to the enzyme molecule until forming the final product
- 5 cofactors (4 derived from vitamins)



# Respiration: Stage 2

## Acetyl-CoA oxidation

Generates  
NADH, FADH<sub>2</sub>,  
and one GTP



**Figure 16-1**

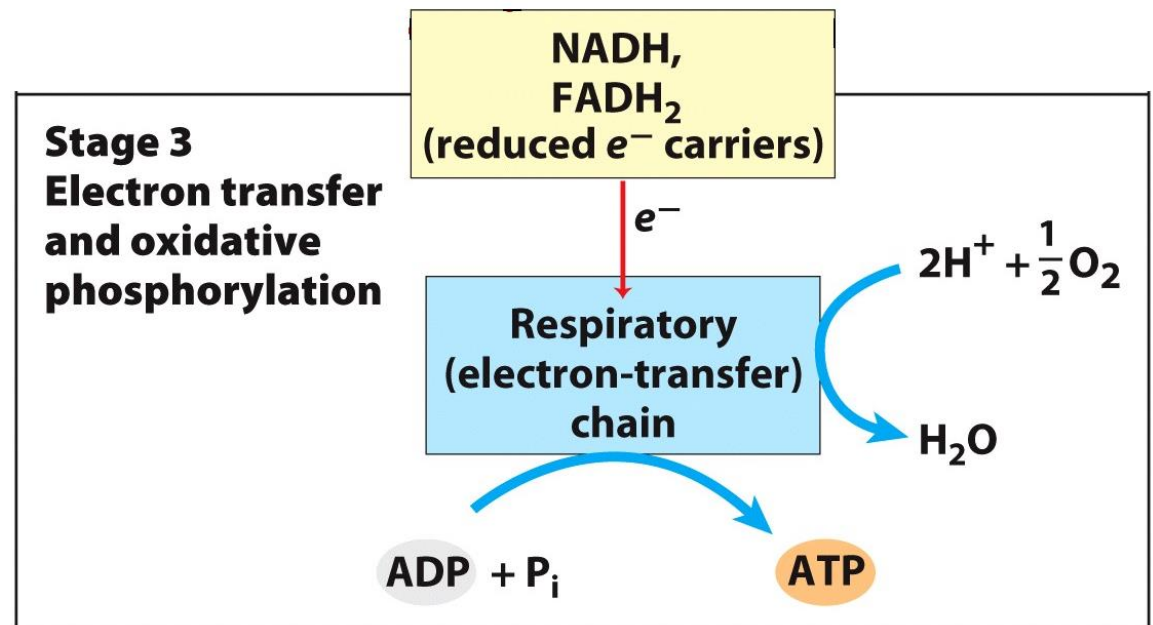
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# Respiration: Stage 3

## Oxidative Phosphorylation

Generates  
a lot of ATP



**Figure 16-1**

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# In eukaryotes, citric acid cycle occurs in mitochondria

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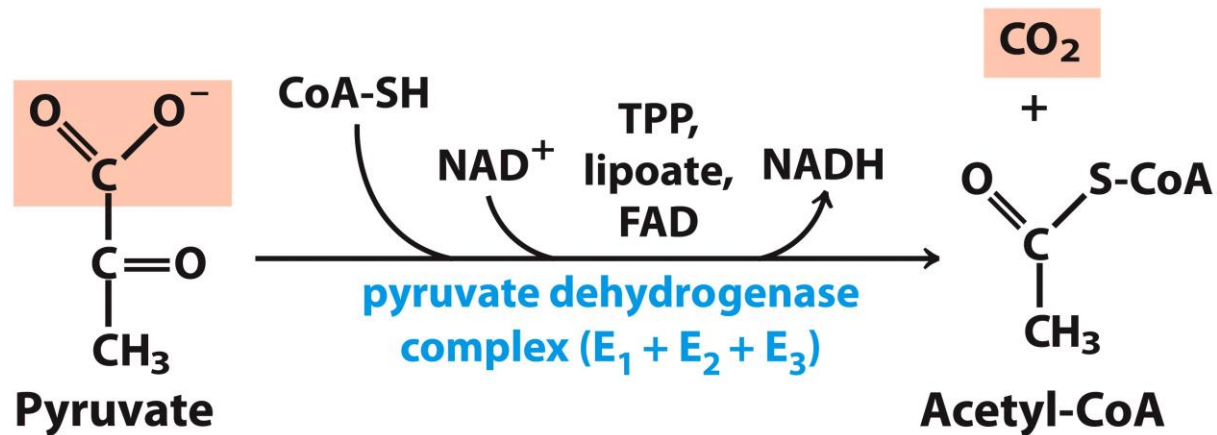
- Glycolysis occurs in the cytoplasm
- Citric acid cycle occurs in the mitochondrial matrix<sup>†</sup>
- Oxidative phosphorylation occurs on and in the inner membrane

<sup>†</sup>Except succinate dehydrogenase, which is located in the mitochondrial inner membrane



# Conversion of Pyruvate to Acetyl-CoA

- Net Reaction:
  - **Oxidative decarboxylation** of pyruvate
  - First carbons of glucose to be fully oxidized (remember: 2 pyr/glc)
- Catalyzed by PDH
  - Requires 5 coenzymes
  - **TPP, lipoate, and FAD** are prosthetic groups
  - **NAD<sup>+</sup>** and **CoA-SH** are co-substrates



$$\Delta G'^{\circ} = -33.4 \text{ kJ/mol}$$

Derived from:

TPP – thiamine (B1)

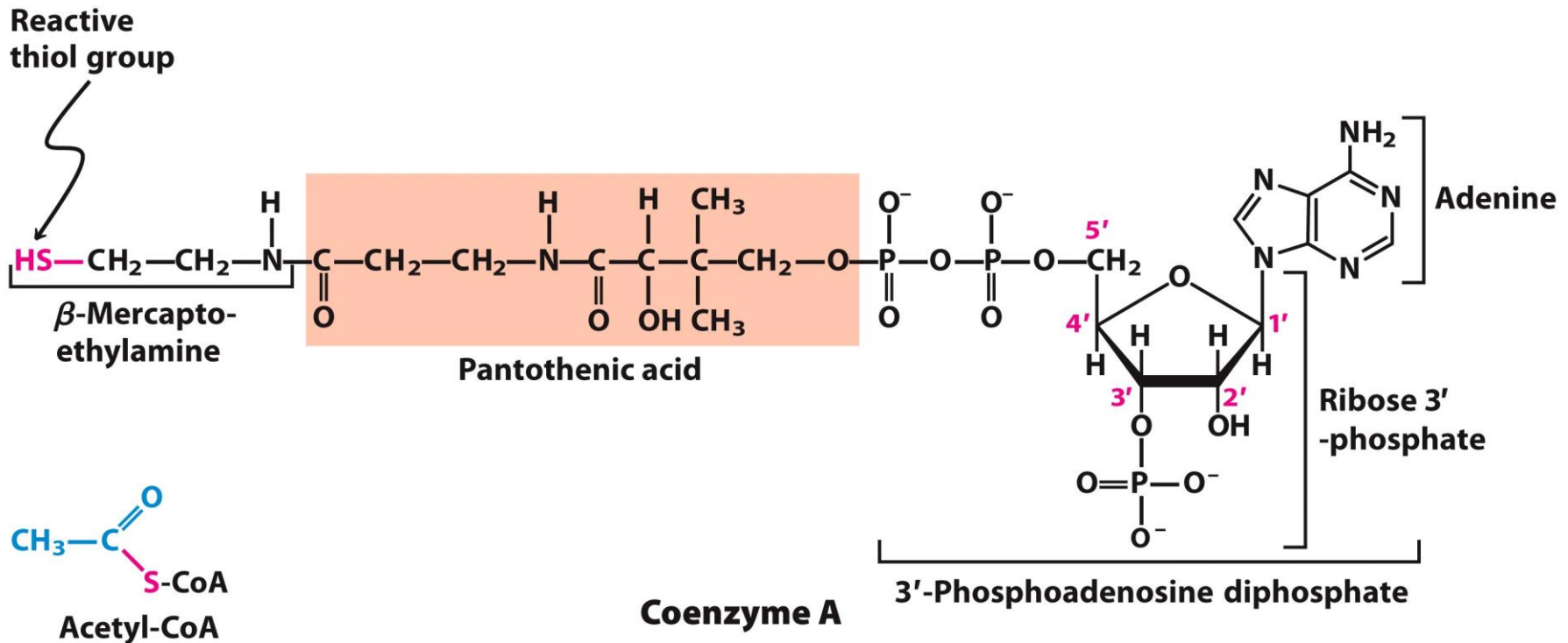
FAD – riboflavin (B2)

NAD – niacin (B3)

CoA – pantothenic acid (B5)

# Structure of Coenzyme A

- Coenzymes are not a permanent part of the enzymes' structure.
  - They associate, fulfill a function, and dissociate
- The function of CoA is **to accept and carry acetyl groups**



- **Thioesters** have a high acyl group transfer potential (donate their acyl groups to different groups)

# Structure of Lipoyllysine

- Prosthetic groups are strongly bound to the protein
  - The lipoic acid is covalently linked to the enzyme via a lysine residue (lipoyllysine)
  - Undergo reversible redox reactions between thiols and disulfides; hence can serve as an electron (Hydrogen) carrier and an acyl carrier

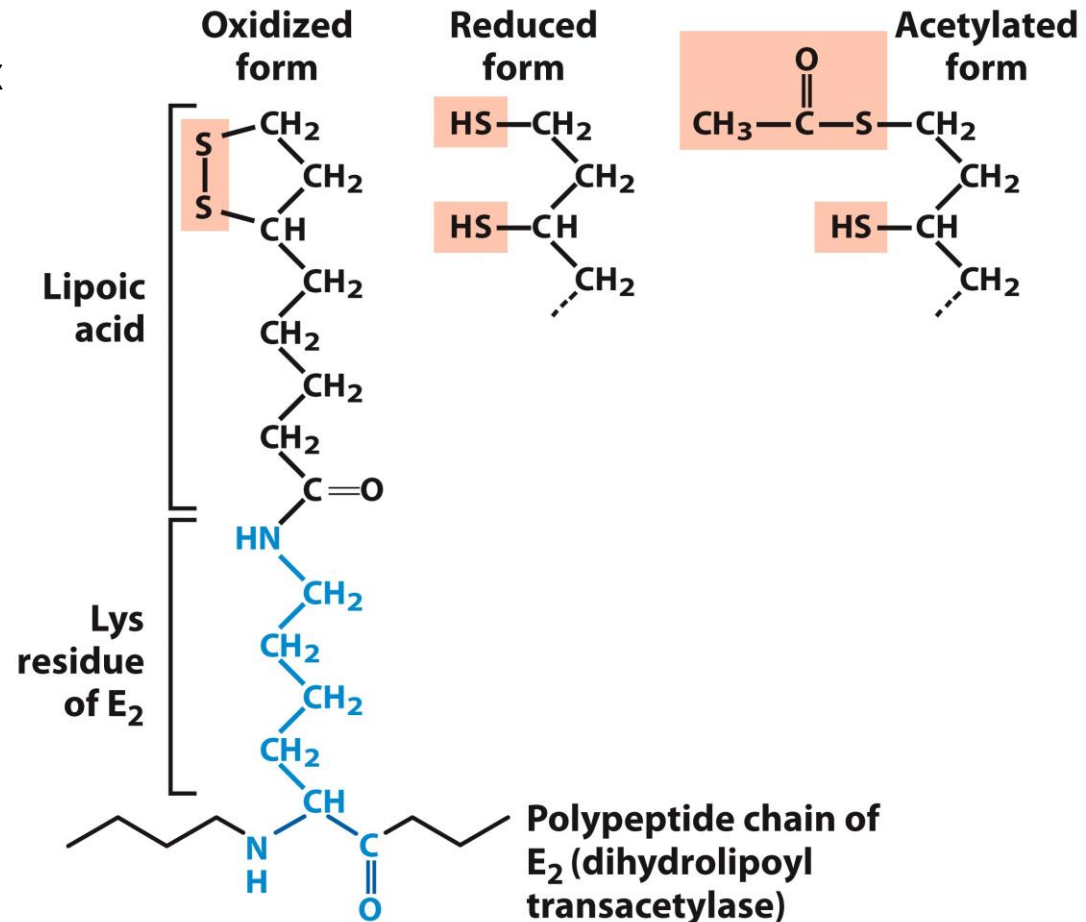


Figure 16-4  
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# Pyruvate Dehydrogenase Complex (PDC)

- Large (up to **10 MDa**) multienzyme complex
  - large enough to be seen with cryoEM
  - pyruvate dehydrogenase ( $E_1$ )
  - dihydrolipoyl transacetylase ( $E_2$ )
  - dihydrolipoyl dehydrogenase ( $E_3$ )
  - each present in multiple copies

- Advantages of multienzyme complexes:

- short distance between catalytic sites allows channeling of substrates from one catalytic site to another

- **channeling** minimizes side reactions

- regulation of activity of one subunit affects the entire complex

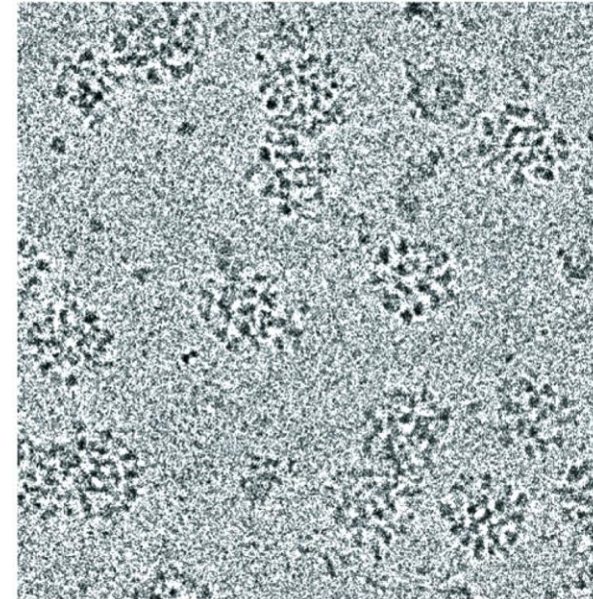
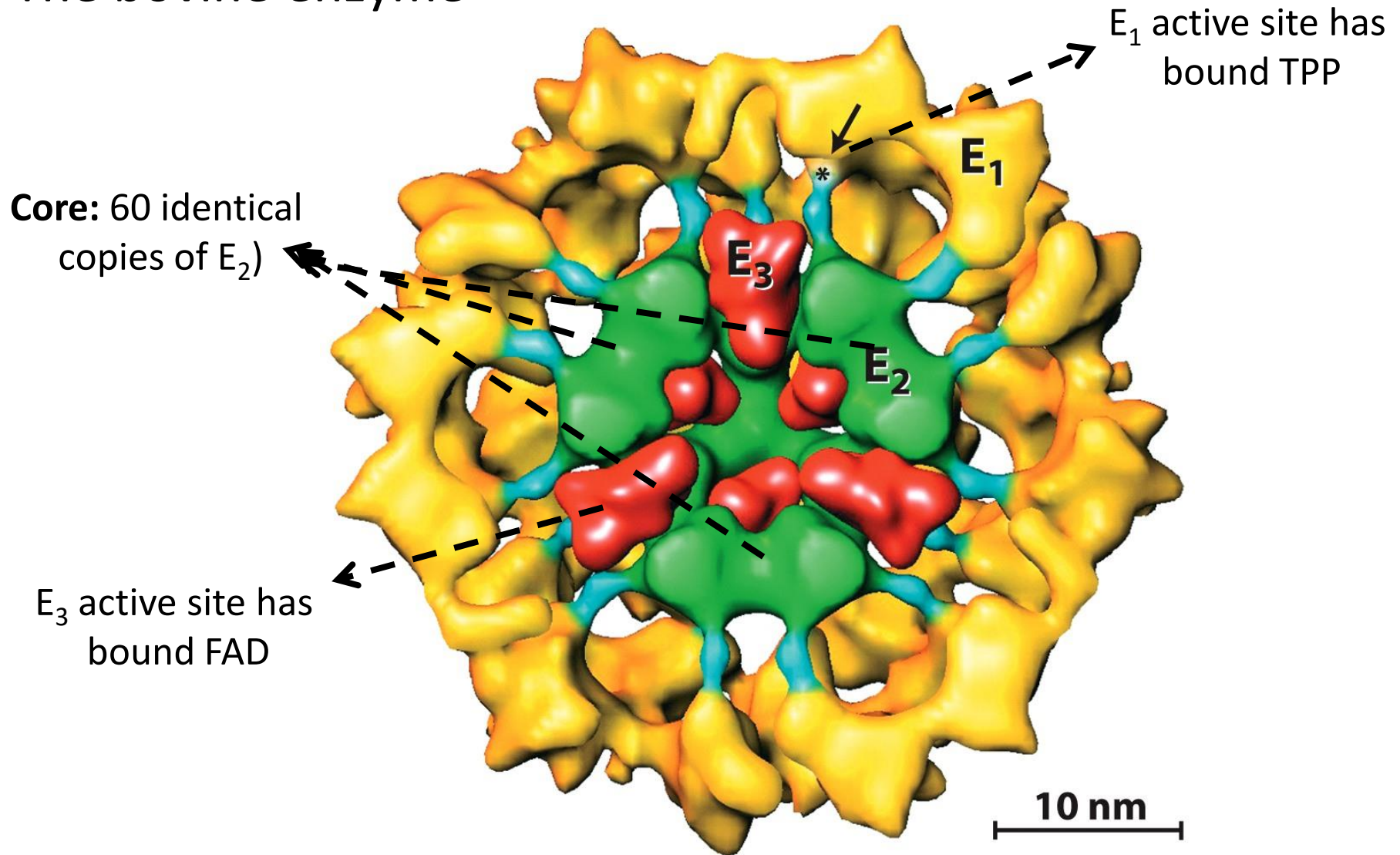


Figure 16-5a  
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# 3D Reconstruction from Cryo-EM data

The bovine enzyme



Protein kinase and phosphoprotein phosphatase are part of the complex

# Overall Reaction of PDC

- **Step 1:** Decarboxylation of pyruvate to an aldehyde forming  $\text{CO}_2$

$E_1$  (product 1)

- **Step 2:** Oxidation of aldehyde to a carboxylic acid
  - Electrons reduce lipoamide and form a thioester

$E_2$

- **Step 3:**  
Formatic  
of acetyl  
(product

- **Step 4:**  
Reoxidat

cofactor

- **Step 5:**  
Regeneration of the oxidized FAD cofactor

**Dihydrolipoyl  
transacetylase,**

$E_2$

**Dihydrolipoyl  
dehydrogenase,**

$E_3$

- Forming  $\text{NADH}$  (product 3)

# Overall Reaction of PDC

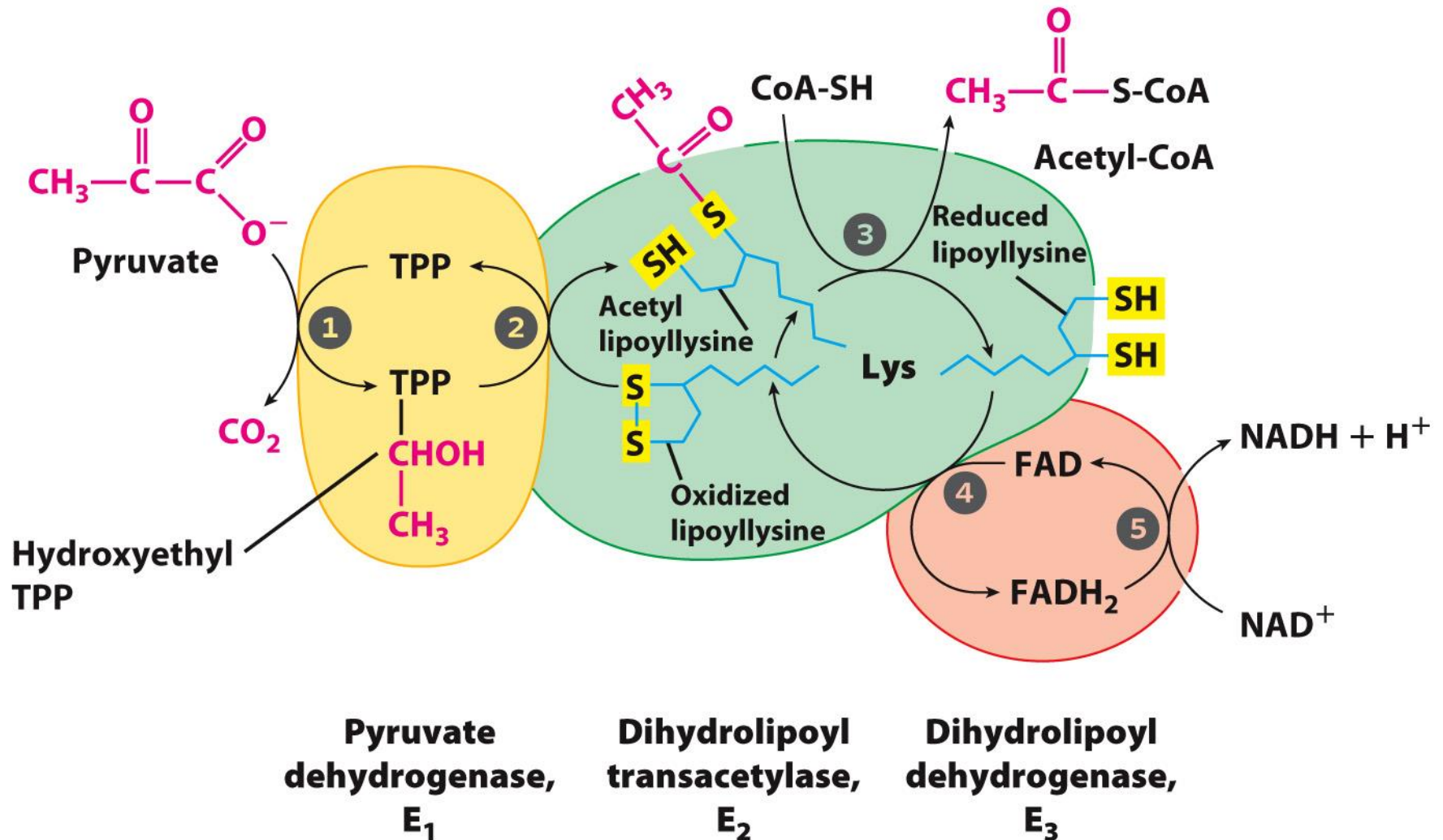


Figure 16-6

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# Sequence of Events in Oxidative Decarboxylation of Pyruvate

---

## Enzyme 1

- **Step 1:** Decarboxylation of pyruvate to an aldehyde forming  $\text{CO}_2$  (product 1)
- **Step 2:** Oxidation of aldehyde to a carboxylic acid
  - Electrons reduce lipoamide and form a thioester.

## Enzyme 2

- **Step 3:** Formation of acetyl-CoA (product 2)

## Enzyme 3

- **Step 4:** Reoxidation of the lipoamide cofactor
- **Step 5:** Regeneration of the oxidized FAD cofactor
  - forming NADH (product 3)



# The Citric Acid Cycle (CAC)

Dehydrogenation  
to give **1 NADH**

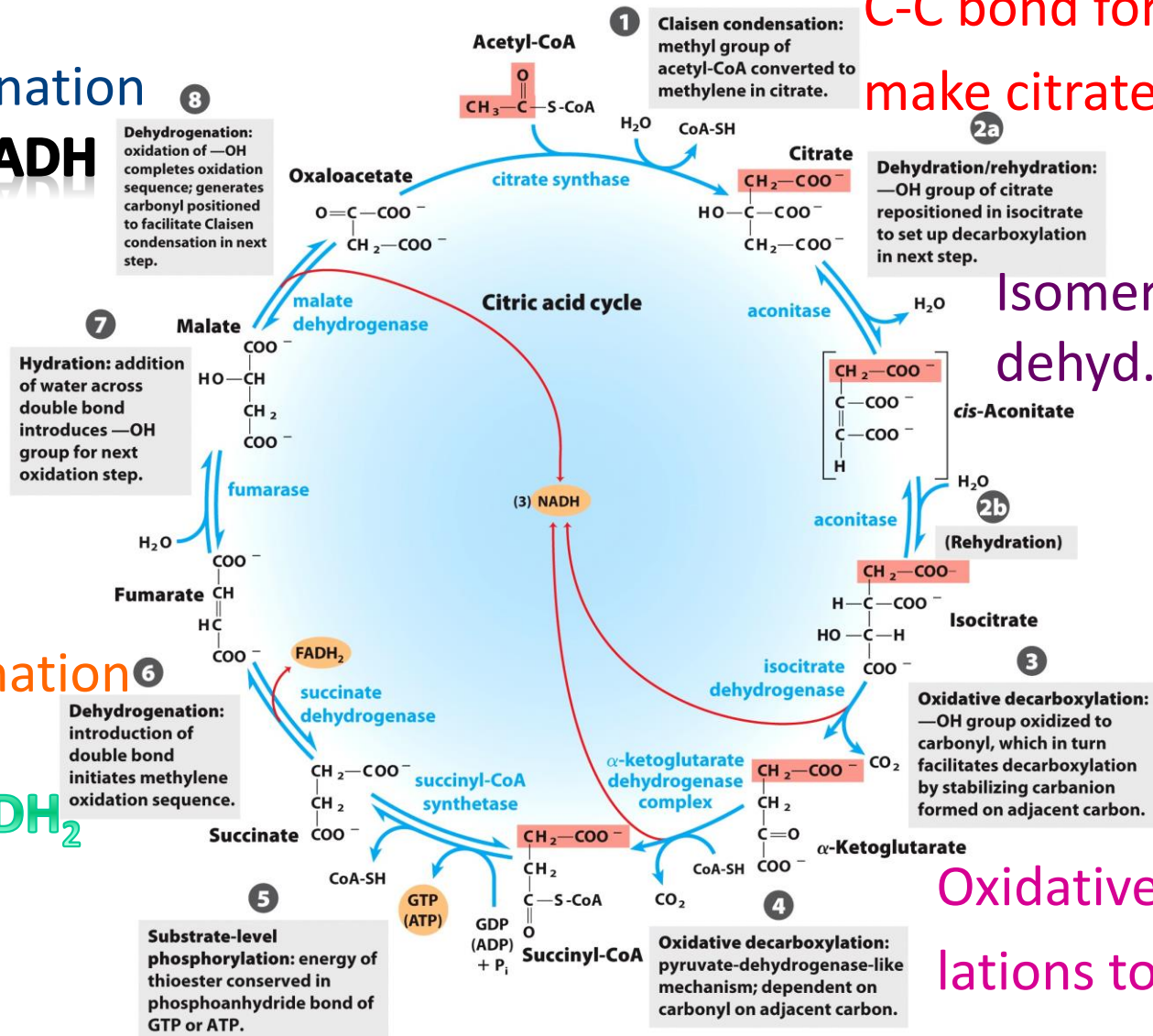
Hydration

C-C bond formation to  
make citrate

Isomerization via  
dehyd./rehydration

Oxidative decarboxy-  
lations to give **2 NADH**

Substrate-level phosphorylation to give **1 GTP (= 1ATP)**



# Sequence of Events in the Citric Acid Cycle

---

- Step 1: C-C bond formation between acetate (2C) and oxaloacetate (4C) to make citrate (6C)
- Step 2: Isomerization via dehydration/rehydration
- Steps 3–4: Oxidative decarboxylations to give 2 NADH
- Step 5: Substrate-level phosphorylation to give GTP
- Step 6: Dehydrogenation to give FADH<sub>2</sub>
- Step 7: Hydration
- Step 8: Dehydrogenation to give NADH

# The Citric Acid Cycle

---

- **Per each turn of the cycle:**

- One acetyl group enters (2 C) and 2 CO<sub>2</sub> leave
- One molecule of oxaloacetate is used to make citrate and one molecule is regenerated (no net change in OA concentration; which is very low)
- 4 of the 8 steps are **oxidations** (the energy of oxidation is conserved in NADH and FADH<sub>2</sub>)

- **Not limited to energy production**

- 4- and 5-C intermediates serve as precursors for different products
- To replace these intermediates, cells use **anaplerotic** (replenishing) reactions

# C-C Bond Formation by Condensation of Acetyl-CoA and Oxaloacetate (step 1)

- Condensation of acetyl-CoA and oxaloacetate

- The only reaction with C-C bond formation

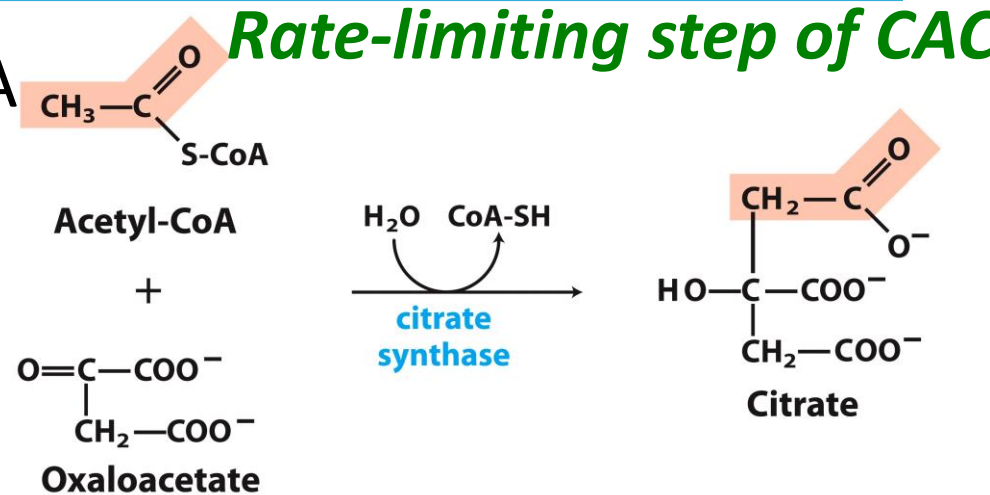
- Uses Acid/Base Catalysis

- Carbonyl of oxaloacetate is a good electrophile (stabilization of carbanions)
- Methyl of acetyl-CoA is not a good nucleophile unless activated by deprotonation

- Activity largely depends on [oxaloacetate]

- Highly thermodynamically favorable/irreversible

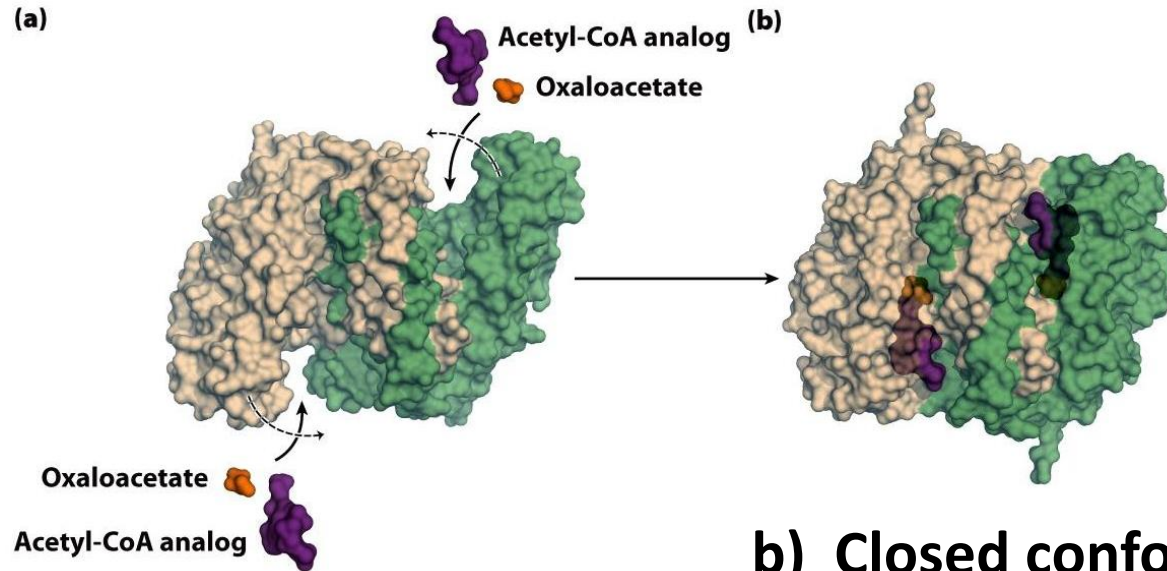
- Regulated by substrate availability and product inhibition



$$\Delta G'^{\circ} = -32.2 \text{ kJ/mol}$$

# Induced Fit in the Citrate Synthase

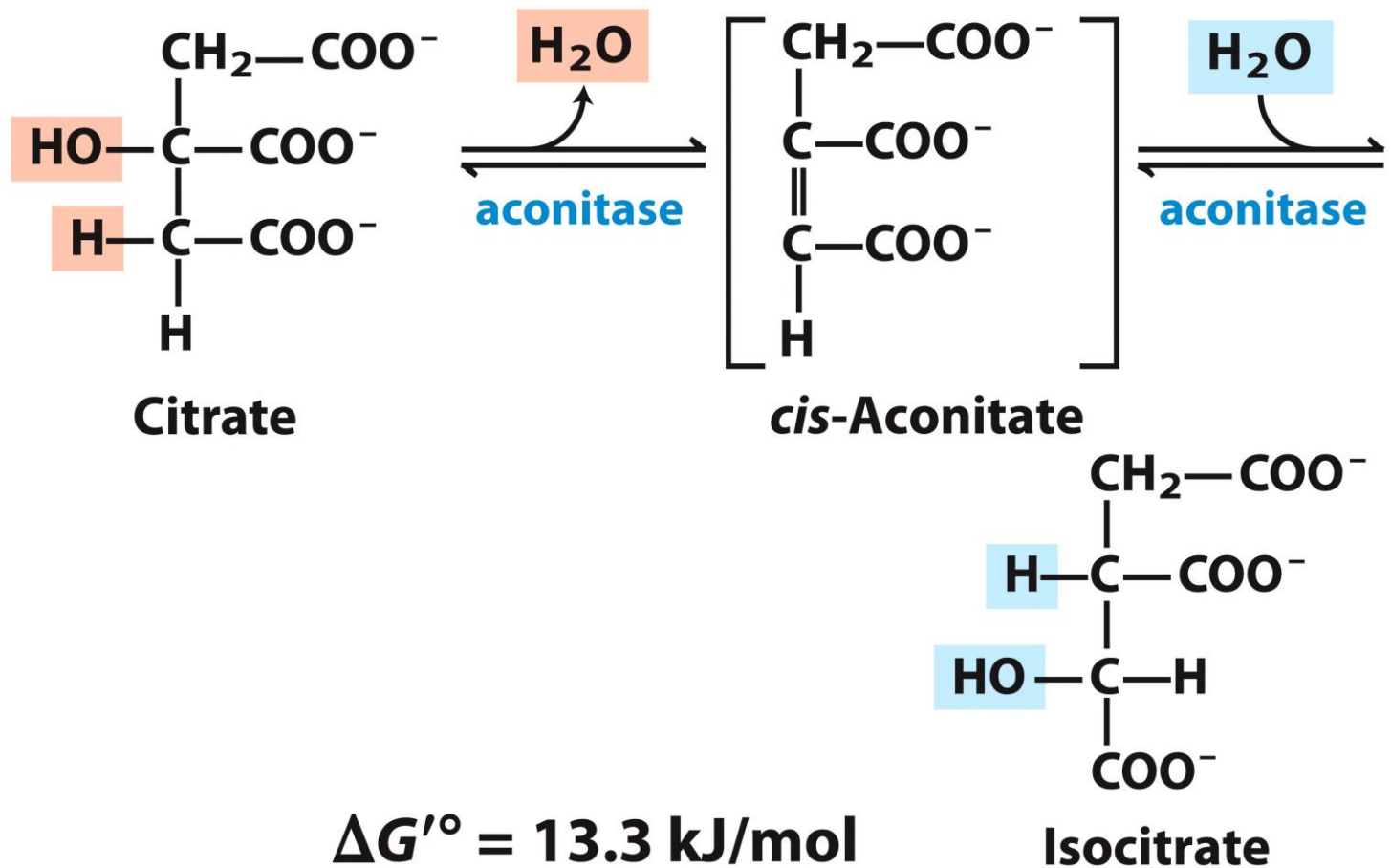
- oxaloacetate binds first → creating a binding site for acetyl-CoA
- Avoids unnecessary hydrolysis of thioester in acetyl-CoA



**a) Open conformation:**  
Free enzyme does not have a binding site for acetyl-CoA

**b) Closed conformation:**  
Binding of OAA creates binding for acetyl-CoA  
Reactive carbanion is protected

# Isomerization by Dehydration/Rehydration (step 2)



Unnumbered 16 p641

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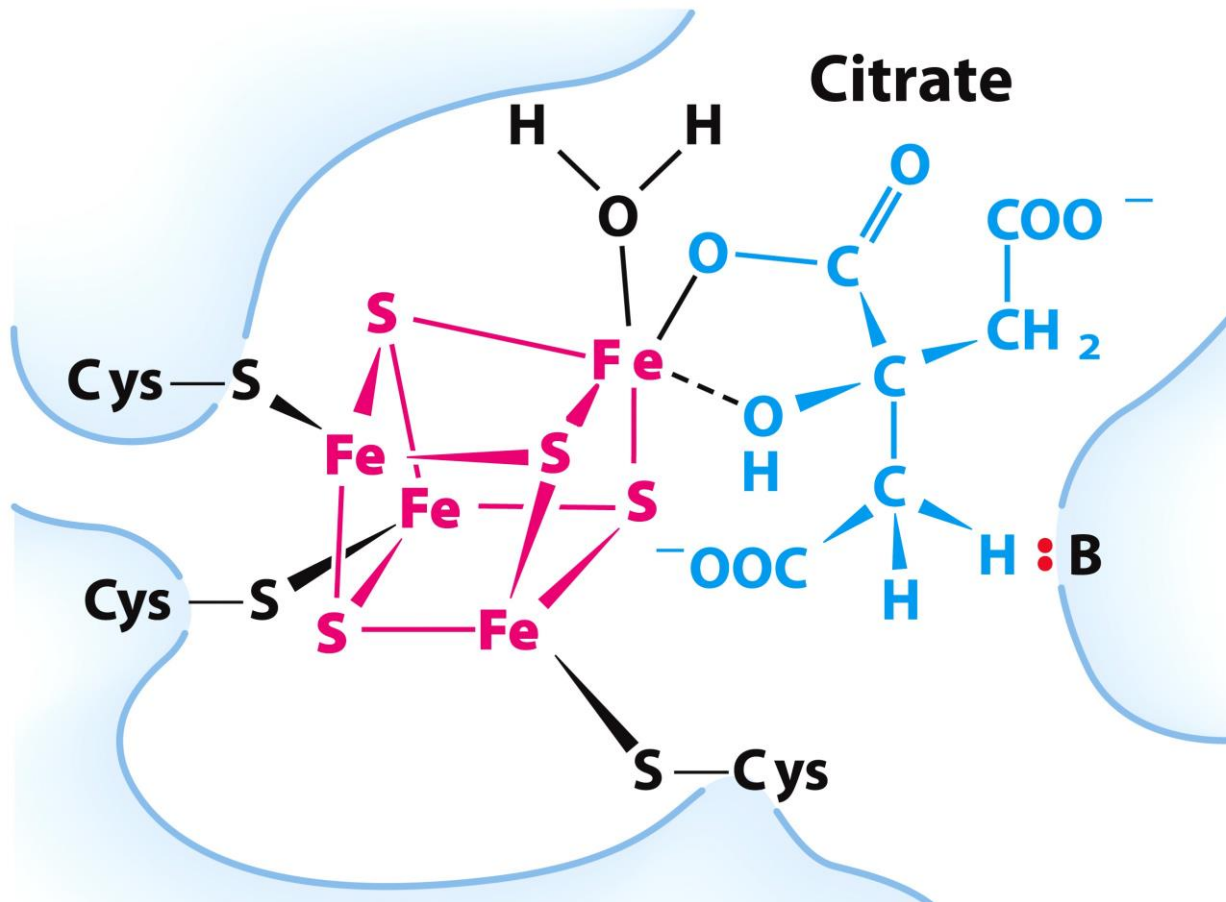
# Aconitase

---

- Elimination of  $\text{H}_2\text{O}$  from citrate gives a cis C=C bond
  - Lyase
- Citrate, a tertiary alcohol, is a poor substrate for oxidation
- Isocitrate, a **secondary alcohol**, is a good substrate for oxidation
- Addition of  $\text{H}_2\text{O}$  to *cis*-aconitate is stereospecific (either to form isocitrate or citrate)
- Cytosolic isozyme uses  $\text{NADP}^+$  as a cofactor
- Thermodynamically **unfavorable/reversible**
  - Product is consumed rapidly by the next step (concentration kept low) to pull reaction forward

# Iron-Sulfur Center in Aconitase

- Water removal from **citrate** and subsequent addition to *cis*-aconitate are catalyzed by the **iron-sulfur center**: sensitive to oxidative stress.
- The **iron-sulfur center** acts in both substrate binding and catalysis.



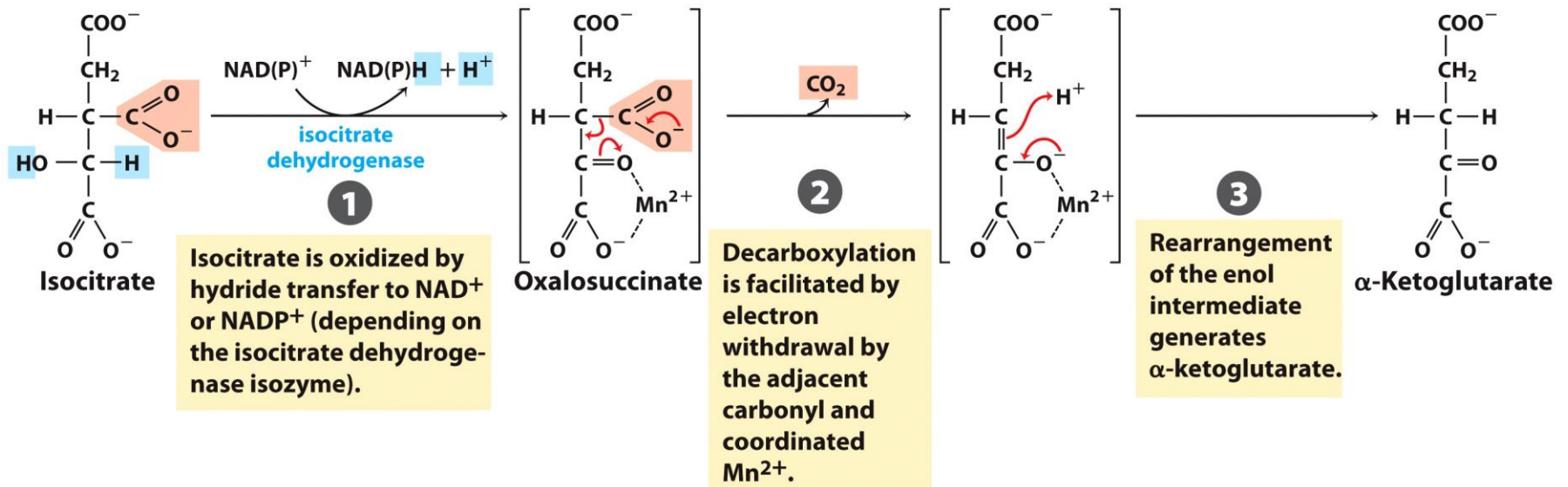


# Aconitase is a “moonlighting” enzyme

---

- When Fe is deficient, aconitase loses its Fe-S center and acquires a *new role* in Fe homeostasis
- Cytosolic Aconitase is an enzyme (with Fe-S) and a regulator of protein synthesis ( – Fe)
- In humans Fe levels must be regulated: too little → anemia; too much → liver damage
- **Transferrin**: carries Fe in the blood
- **Transferrin receptor**: receives and endocytoses Fe
- **Ferritin**: stores excess Fe inside the cells
- Apoaconitase ( – Fe) regulates protein levels by stabilizing or destabilizing the mRNA of transferrin receptor or ferritin
- **Apoaconitase → ↓ferritin and ↑ TfR synthesis (the results would be an increase in cellular [Fe])**

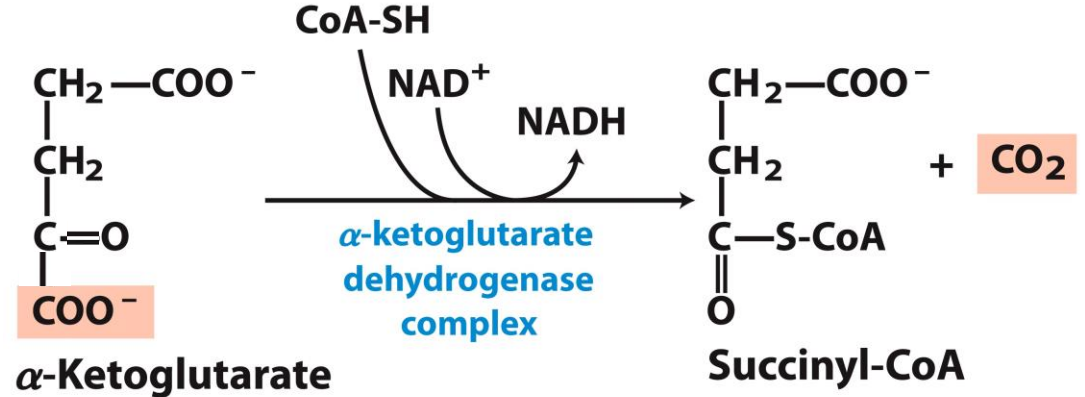
# Oxidative Decarboxylation #2 (step 3)



- Carbon is lost as  $\text{CO}_2$  and NADH is generated
  - Carbon lost as  $\text{CO}_2$  did **NOT** come from acetyl-CoA
- Oxidation of the alcohol to a ketone
  - Transfers a hydride to  $\text{NAD}^+$
- Cytosolic isozyme uses  $\text{NADP}^+$  as a cofactor
- Highly thermodynamically **favorable/irreversible**
  - Regulated by product inhibition and ATP

# Final Oxidative Decarboxylation (step 4)

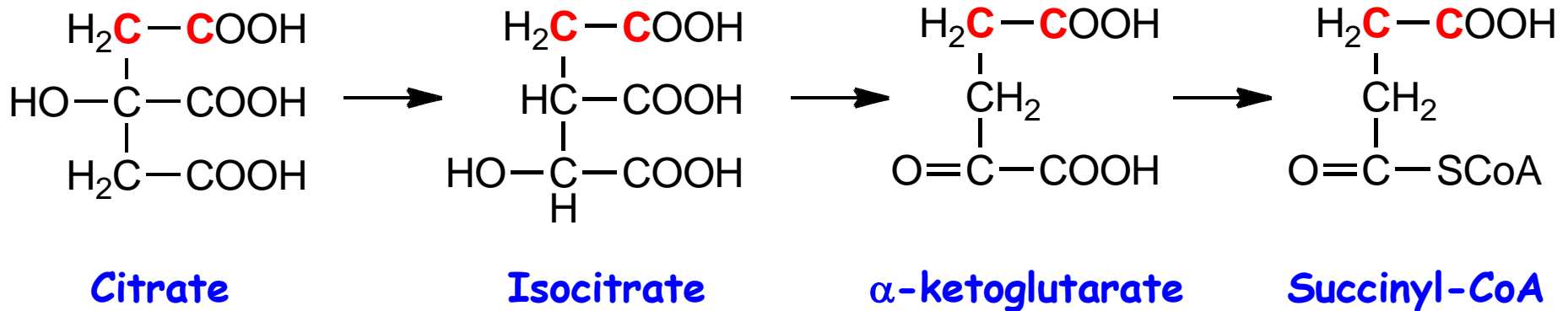
- Last oxidative decarboxylation
  - Net full oxidation of all carbons of glucose



$$\Delta G'^{\circ} = -33.5 \text{ kJ/mol}$$

- Succinyl-CoA is another higher-energy thioester bond
- Highly thermodynamically **favorable/irreversible**
  - Regulated by product inhibition

# Origin of C-atoms in CO<sub>2</sub>



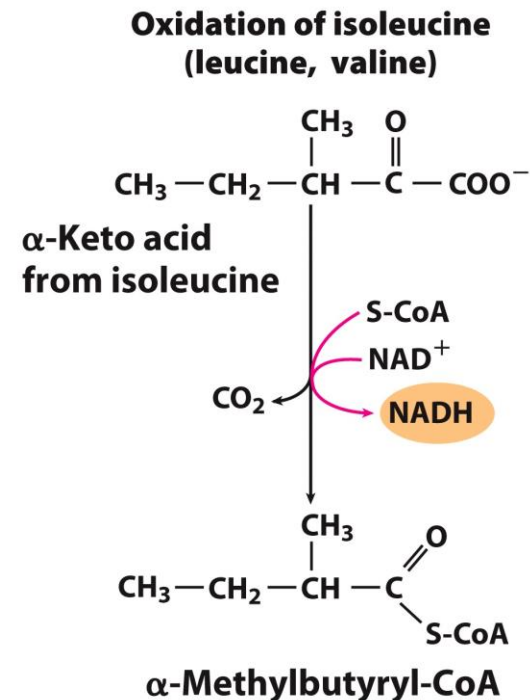
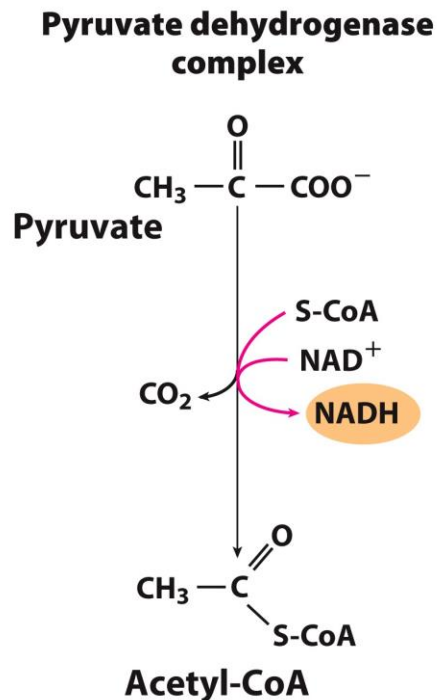
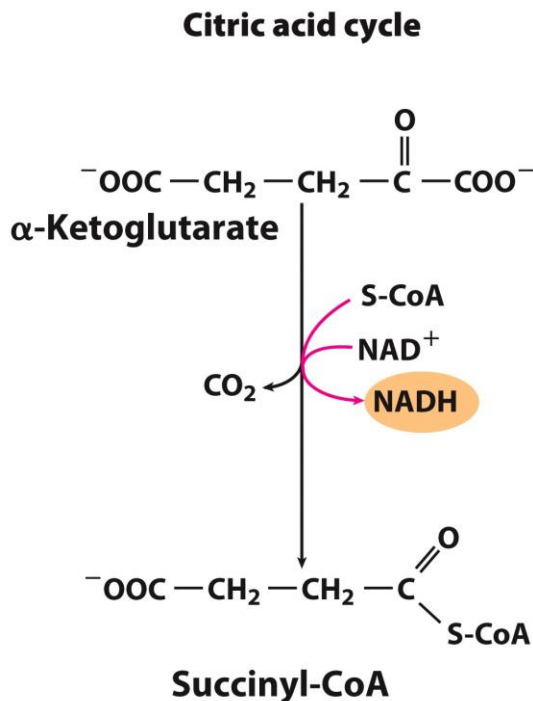
We have lost 2 CO<sub>2</sub> already, so we have a net complete oxidation of glucose after two pyruvates go through the CAC.

But its not the actual carbons from pyruvate (in red) in each cycle.

**Both CO<sub>2</sub> carbon atoms are derived from oxaloacetate**

# $\alpha$ -Ketoglutarate Dehydrogenase

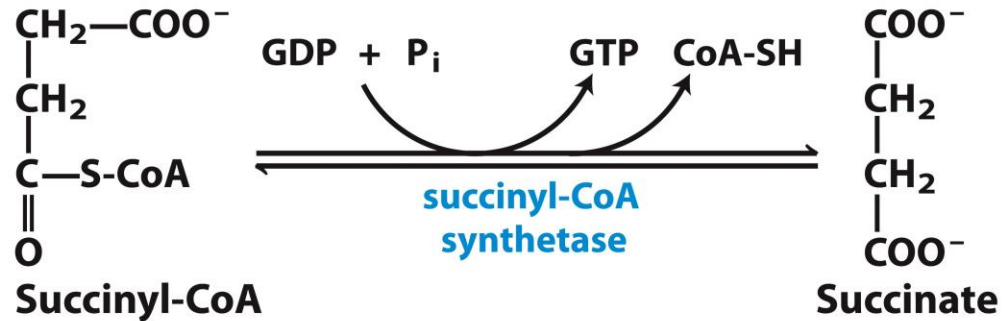
- Complex similar to pyruvate dehydrogenase
  - Same coenzymes, identical mechanisms
  - Active sites different to accommodate different-sized substrates
  - E<sub>1</sub> aa sequences differ (and specificity)  
E<sub>2</sub> are very similar  
E<sub>3</sub> are identical



# Generation of GTP through Thioester (step 5)

- Substrate level phosphorylation

- Energy of thioester allows



for incorporation of inorganic phosphate into ADP or GDP to make ATP or GTP  $\Delta G'^{\circ} = -2.9 \text{ kJ/mol}$

- Goes through a phospho-enzyme intermediate
- Produces GTP, which can be converted to ATP, or ATP directly (2 isozymes in animal cells, specific for GDP or ADP)
- Slightly thermodynamically **favorable/reversible**
  - Product concentration kept low to pull forward

# Oxidation of an Alkane to Alkene (step 6)

- Bound to mitochondrial inner membrane

- Complex II in the ETC

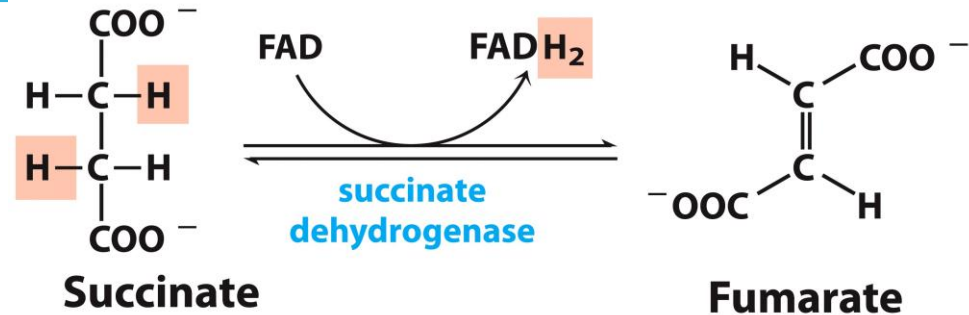
- Oxidation of the alkane to alkene requires FAD

- FAD is covalently bound

- 3 Fe-S clusters

- Near equilibrium/**reversible**

- Product concentration kept low to pull forward

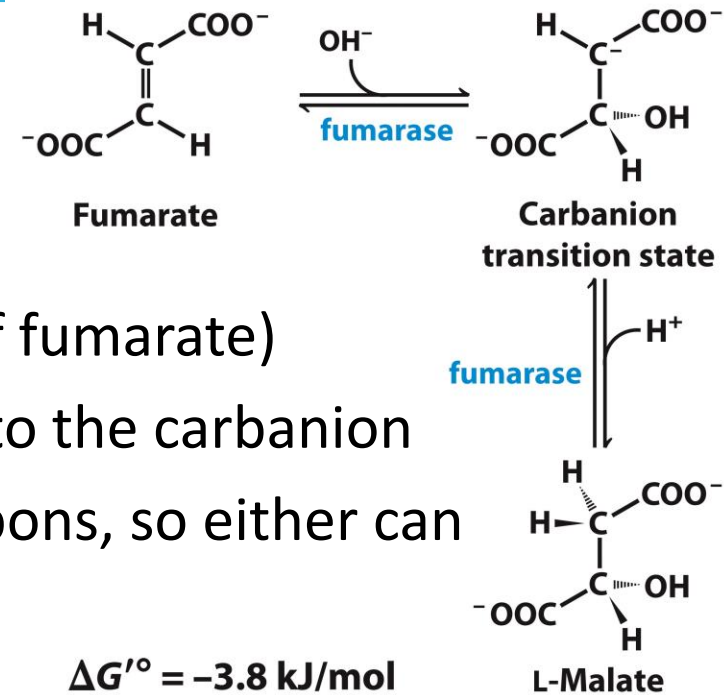


$$\Delta G'^{\circ} = 0 \text{ kJ/mol}$$

# Hydration Across a Double Bond (step 7)

- Highly stereospecific

- Addition of water is always *trans* and forms L-malate
- Cannot work on maleate (cis isomer of fumarate)
- OH<sup>-</sup> adds to fumarate... then H<sup>+</sup> adds to the carbanion
- Cannot distinguish between inner carbons, so either can gain -OH



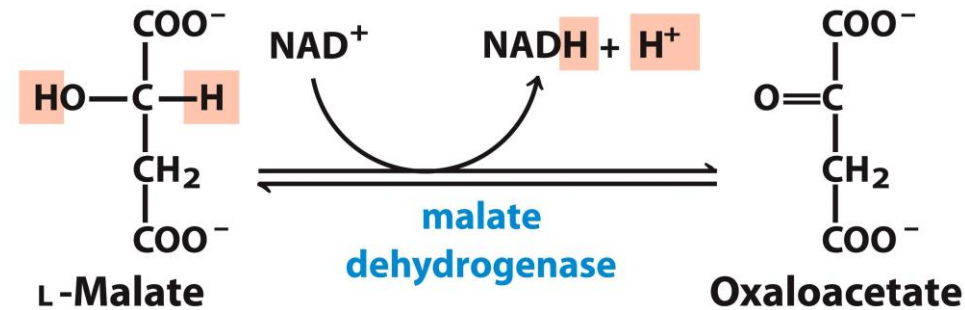
- Slightly thermodynamically **favorable/reversible**

- Product concentration kept low to pull reaction forward



# Oxidation of Alcohol to a Ketone (step 8)

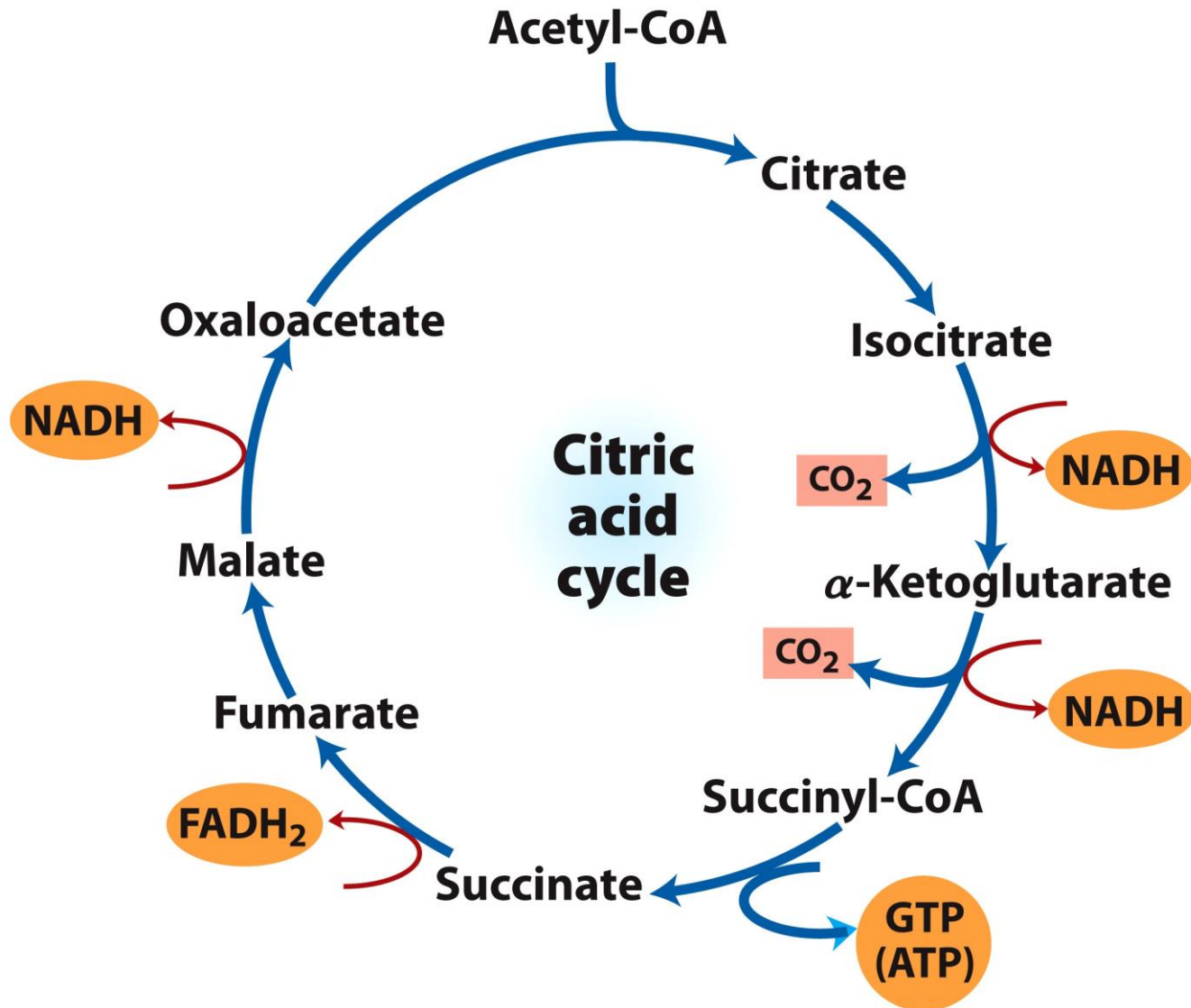
- Final step of the cycle
- Regenerates oxaloacetate for citrate synthase



$$\Delta G'^{\circ} = 29.7 \text{ kJ/mol}$$

- Highly thermodynamically **UNfavorable/reversible**
  - Oxaloacetate concentration kept VERY low by citrate synthase ( $< 10^{-6} \text{ M}$ )
    - Pulls the reaction forward

# One Turn of the Citric Acid Cycle



**Figure 16-14**  
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# Net Result of the Citric Acid Cycle

---



- Net oxidation of two carbons to  $\text{CO}_2$ 
  - Equivalent to two carbons of acetyl-CoA
  - but NOT the exact same carbons
- Energy captured by electron transfer to  $\text{NADH}$  and  $\text{FADH}_2$
- Generates 1  $\text{GTP}$ , which can be converted to  $\text{ATP}$

# Direct and Indirect ATP Yield

**TABLE 16-1**

**Stoichiometry of Coenzyme Reduction and ATP Formation in the Aerobic Oxidation of Glucose via Glycolysis, the Pyruvate Dehydrogenase Complex Reaction, the Citric Acid Cycle, and Oxidative Phosphorylation**

Reaction	Number of ATP or reduced coenzyme directly formed	Number of ATP ultimately formed <sup>a</sup>
Glucose → glucose 6-phosphate	-1 ATP	-1
Fructose 6-phosphate → fructose 1,6-bisphosphate	-1 ATP	-1
2 Glyceraldehyde 3-phosphate → 2 1,3-bisphosphoglycerate	2 NADH	3 or 5 <sup>b</sup>
2 1,3-Bisphosphoglycerate → 2 3-phosphoglycerate	2 ATP	2
2 Phosphoenolpyruvate → 2 pyruvate	2 ATP	2
2 Pyruvate → 2 acetyl-CoA	2 NADH	5
2 Isocitrate → 2 α-ketoglutarate	2 NADH	5
2 α-Ketoglutarate → 2 succinyl-CoA	2 NADH	5
2 Succinyl-CoA → 2 succinate	2 ATP (or 2 GTP)	2
2 Succinate → 2 fumarate	2 FADH <sub>2</sub>	3
2 Malate → 2 oxaloacetate	2 NADH	5
Total		30-32

<sup>a</sup>This is calculated as 2.5 ATP per NADH and 1.5 ATP per FADH<sub>2</sub>. A negative value indicates consumption.

<sup>b</sup>This number is either 3 or 5, depending on the mechanism used to shuttle NADH equivalents from the cytosol to the mitochondrial matrix; see Figures 19-30 and 19-31.

# CAC is an amphibolic pathway

- **Amphibolic**- serves in both catabolism and anabolism
- Precursors for many molecules
- Needs to be replenished (by anaplerotic reactions)  
*Red arrows*

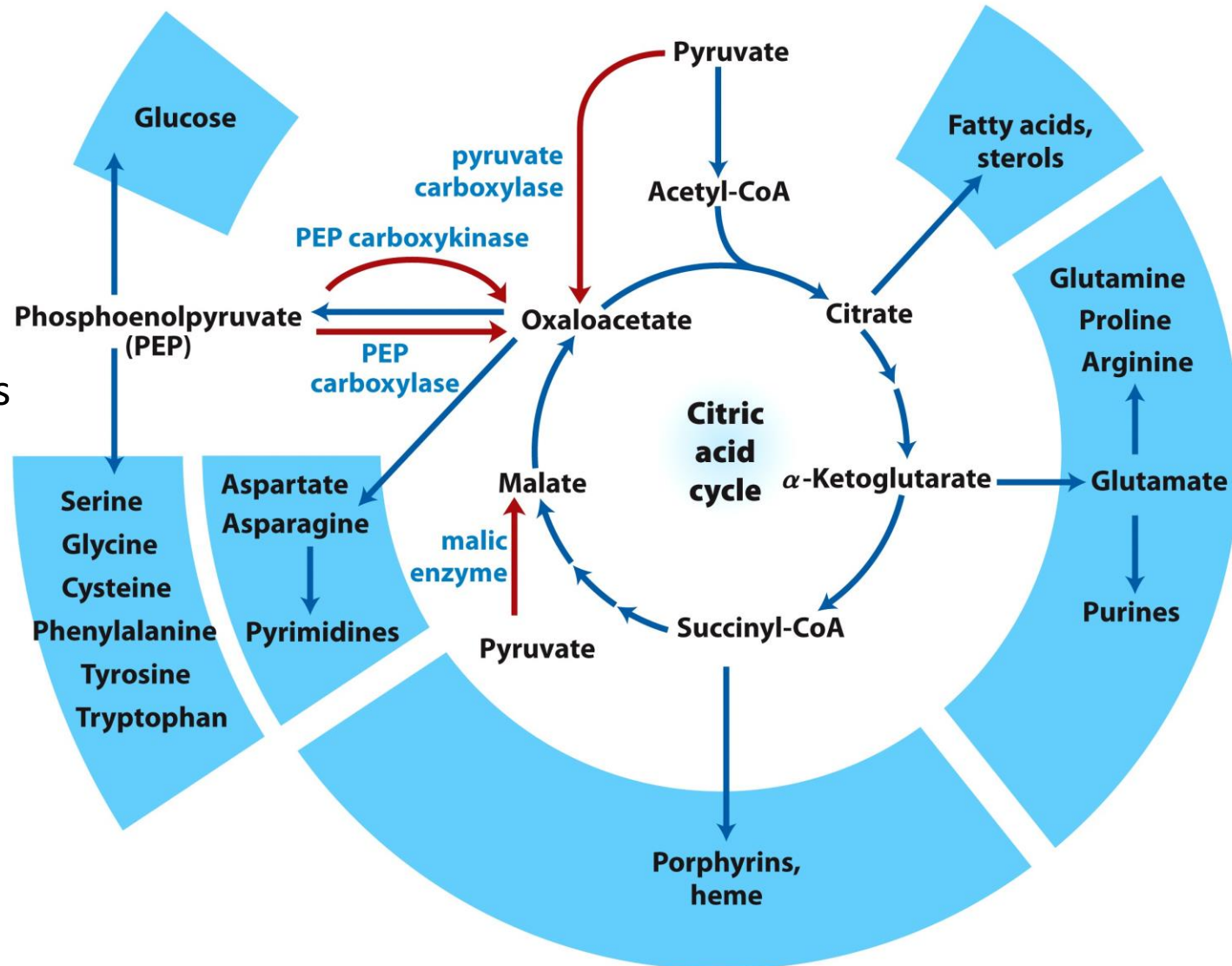


Figure 16-16  
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# Anaplerotic Reactions

- Must **replenish the intermediates** in order for the cycle and central metabolic pathway to continue
- 4-carbon intermediates are formed by carboxylation of 3-carbon precursors
- The replenishing and consuming reactions are in dynamic balance ([CAC intermediates] is  $\sim$  constant)

**TABLE 16-2** Anaplerotic Reactions

Reaction	Tissue(s)/organism(s)
$\text{Pyruvate} + \text{HCO}_3^- + \text{ATP} \xrightleftharpoons{\text{pyruvate carboxylase}} \text{oxaloacetate} + \text{ADP} + \text{P}_i$	Liver, kidney
$\text{Phosphoenolpyruvate} + \text{CO}_2 + \text{GDP} \xrightleftharpoons{\text{PEP carboxykinase}} \text{oxaloacetate} + \text{GTP}$	Heart, skeletal muscle
$\text{Phosphoenolpyruvate} + \text{HCO}_3^- \xrightleftharpoons{\text{PEP carboxylase}} \text{oxaloacetate} + \text{P}_i$	Higher plants, yeast, bacteria
$\text{Pyruvate} + \text{HCO}_3^- + \text{NAD(P)H} \xrightleftharpoons{\text{malic enzyme}} \text{malate} + \text{NAD(P)}^+$	Widely distributed in eukaryotes and bacteria

# Anaplerotic Reactions

- Must **replenish the intermediates** in order for the cycle and central metabolic pathway to continue
- 4-carbon intermediates are formed by carboxylation of 3-carbon precursors
- The replenishing and consuming reactions are in dynamic balance ([CAC intermediates] is  $\sim$  constant)

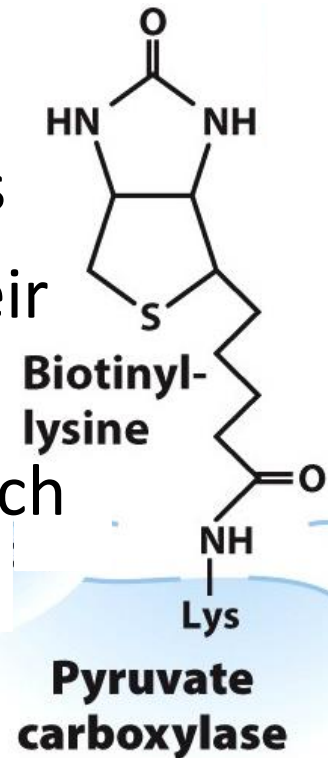
**TABLE 16-2** Anaplerotic Reactions

Reaction	Tissue(s)/organism(s)
$\text{Pyruvate} + \text{HCO}_3^- + \text{ATP} \xrightleftharpoons{\text{pyruvate carboxylase}} \text{oxaloacetate} + \text{ADP} + \text{P}_i$	Liver, kidney

- **Regulatory enzyme** – ***inactive*** in the absence of acetyl-CoA
- More acetyl-CoA, more activity  $\rightarrow$  more OAA to react with acetyl-CoA to start the cycle

# Biotin is a CO<sub>2</sub> carrier

- Vitamin B7 (biotin) is required in our food
- It is a cofactor (prosthetic group) in carboxylases
- Biotin is a specialized carrier of 1-C groups in their most OXIDIZED state (CO<sub>2</sub>)
- Pyruvate carboxylase has 4 identical subunits each carrying a molecule of biotin
- It is present in many foods and intestinal bacteria are able to synthesize it, hence biotin deficiency is rare
- Consumption of raw eggs in large quantities leads to biotin deficiency since egg white have the protein **avidin** which binds biotin very tightly and prevents its absorption in the intestine





# Biological tethers allow flexibility

- All enter the cells on the same transporter
- All are covalently attached to proteins
- All provide flexible arms on the enzymes to which they are covalently bound
- All act as tethers that move intermediates from one active site to the next

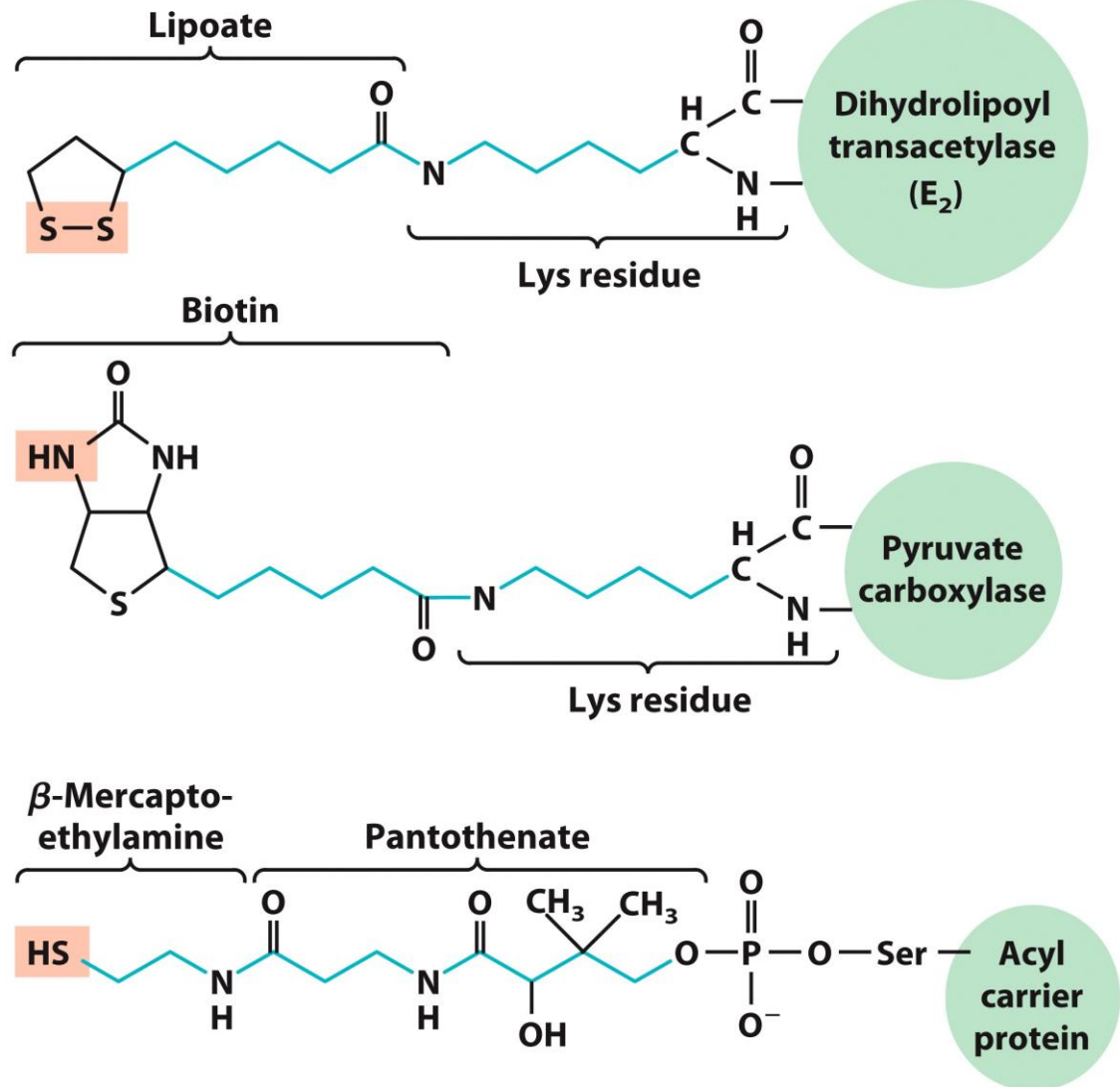
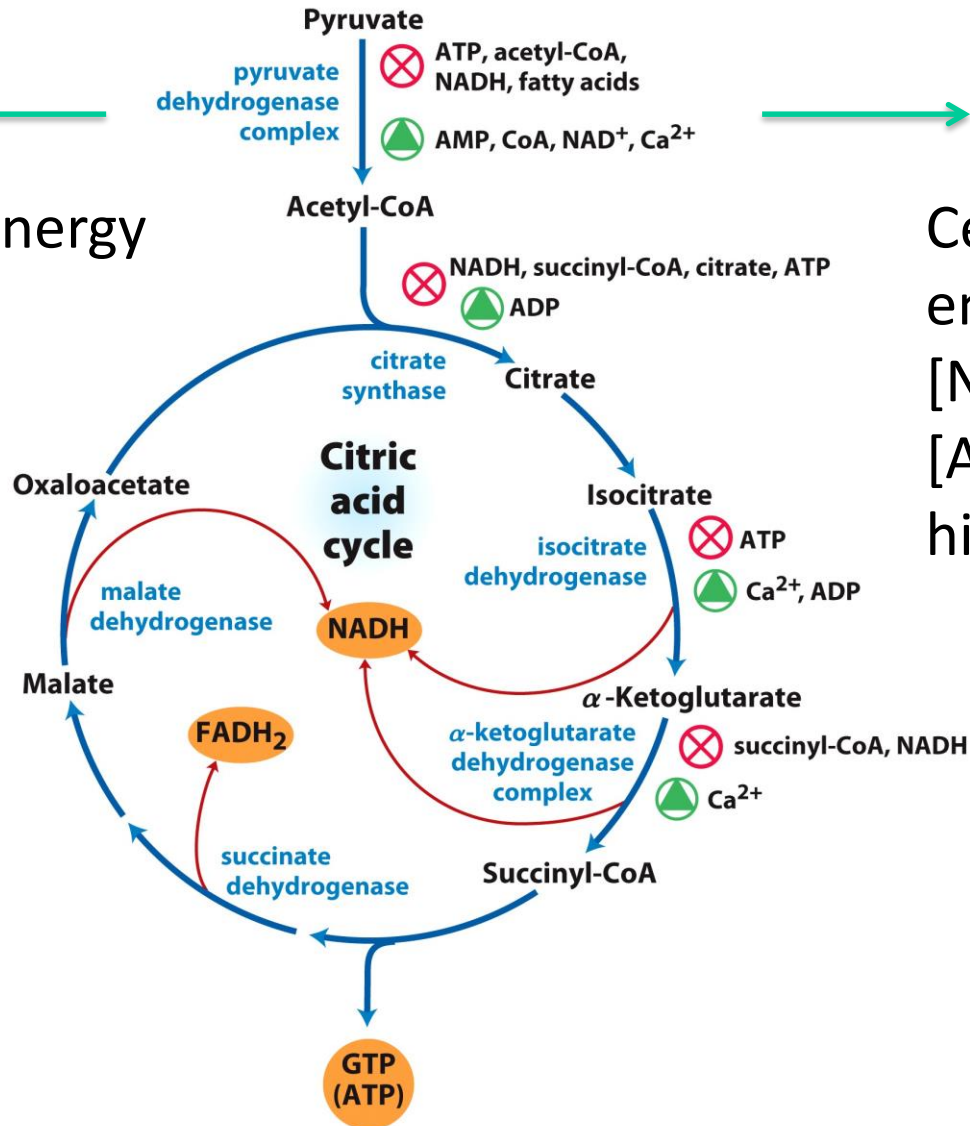


Figure 16-18  
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# Regulation of the Citric Acid Cycle



Cell has high energy demands!



Cell is supplied with enough energy  
 $[NADH]/[NAD^+]$  and  
 $[ATP]/[ADP]$  are high

Figure 16-19  
 Lehninger Principles of Biochemistry, Sixth Edition  
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# Regulation of the Citric Acid Cycle

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- Regulated at highly thermodynamically favorable and irreversible steps
  - PDH, citrate synthase, IDH, and  $\alpha$ KDH
- General regulatory mechanism
  - Activated by substrate availability
  - Inhibited by product accumulation
  - Overall products of the pathway are NADH and ATP
    - Affect all regulated enzymes in the cycle
    - Inhibitors: NADH and ATP
    - Activators: NAD<sup>+</sup> and AMP
    - Ca<sup>2+</sup> in muscles activates the cycle (Ca<sup>2+</sup> signals muscle contraction → need for energy)

# Regulation of Pyruvate Dehydrogenase

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- Also regulated by reversible phosphorylation of E1
  - Phosphorylation: inactive
  - Dephosphorylation: active
- PDH kinase and PDH phosphatase are part of mammalian PDH complex
  - Kinase is activated by ATP
    - High ATP → phosphorylated PDH → less acetyl-CoA
    - Low ATP → kinase is less active and phosphatase removes phosphate from PDH → more acetyl-CoA
  - Phosphatase is activated by insulin, PEP, and AMP, and inhibited by ATP, NADH, and Acetyl-CoA

# Additional Regulatory Mechanisms

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- Citrate synthase is also inhibited by succinyl-CoA
  - $\alpha$ -ketoglutarate is an important branch point for amino acid metabolism
  - Succinyl-CoA communicates flow at this branch point to the start of the cycle
- Regulation of isocitrate dehydrogenase controls citrate levels
  - Aconitase is reversible
  - Inhibition of IDH leads to accumulation of isocitrate and reverses aconitase
  - Accumulated citrate leaves mitochondria and inhibits PFK-1 in glycolysis

# CAC mutations lead to cancer

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- Mutations in CAC enzymes are very rare in man
- Genetic defects in fumarase → smooth muscle and kidney cancer
- Mutations in succinate DH → tumors of the adrenal glands
- Both enzymes are defined as tumor suppressor genes
- IDH mutation leads to a new function of the enzyme the net result of which is the development of glial cell tumors in the brain

# Question 5 (Take home exam)

**Due: NEXT WEEK** (jstiban@birzeit.edu)

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- **Please solve questions:**
  - 1. 5 (NAD redox carriers)**
  - 2. 10 (OAA in mito)**
  - 3. 18 ( $^{14}\text{C}$ -glucose)**
  - 4. 19 (Beriberi)**

*For written answers, I prefer to have them typed in Word. I can accept the assignment in one file sent to my email. For answers that require solving mathematically, you can either type them or write them down and scan them.*