| You are Janet Swigel, a 68-year-old female who has a follow-up appointment in the GI clinic today. Your first visit was 3 weeks ago when you presented with heartburn-related symptoms. At the time, you had been taking over-the-counter (OTC) Prevacid once a day for 3 weeks. Based on your symptoms, the GI doctor ordered an EGD. An EGD is when a camera is advanced down your throat, into your esophagus, and then into your stomach for testing. The doctor instructed you to stop taking your Prevacid for 2 weeks before the EGD because it can interfere with the test results.When you stopped the Prevacid, your symptoms worsened (see recent history for details related to your heartburn symptoms and OTC Prevacid use). These symptoms are the same as when you first started to experience them 5-6 months ago.Today, a student pharmacist will be interviewing you. The student will also provide treatment recommendations. The student will also counsel you on the new medication and lifestyle changes. If students ask any additional questions, the answer is "no" or "I don't know." |
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| Name of patient | Janet Swigel |
| Case Description | Gastroesophageal Reflux Disease |
| Clinical Setting | Ambulatory Care (GI Clinic) |
| Patient Demographics | Female, 68 years old |
| Presenting Complaint" | "I just learned about my test results. I have esophagitis and a hiatal hernia. The doctor said you would be by to talk to me about a new medication." |
| Brief summary | Recent History- Your heartburn-related symptoms worsened upon stopping Prevacid. - If asked how often your symptoms occur:Your symptoms mostly occur after meals most days of the week when not taking Prevacid.When you take Prevacid, you have symptoms 3-4 days per week with only some meals.- If asked how long this has been occurring:You have been experiencing symptoms over the past 5-6 months.- If asked what symptoms you experience:You report feeling something come back up into your throat and/or mouth.It isn't vomit, but you have an acidic taste in your mouth when this occurs.- If asked if you have difficulty swallowing:You do not have difficulty in swallowing food or liquids.- If you asked if any foods or drinks worsen your symptoms:You notice more symptoms on evenings when you consume red wine.- If asked if you experience symptoms at night:You report that your symptoms are worse, especially when going to bed.You cough a lot at night, which keeps you from sleeping and being tired all day.OTC Prevacid History- You had been taking this for 3 weeks at the time of your first appointment. - If asked why you chose OTC Prevacid: You saw a coupon in the Sunday ad. - If asked if you have tried any other over the counter products: You have not tried any other medications.  - Your doctor told you to stop Prevacid for 2 weeks before the EGD. - You asked your local pharmacist if it was OK to start taking Prevacid again after the EGD was completed because your symptoms worsened from not taking it. - Your local pharmacist said it was OK to do so and to let your doctor know at your next appointment |
| Past medical history | Atrial fibrillation × 12 yearsAsthma × 10 yearsType 2 diabetes × 5 yearsHigh blood pressure × 10 years |
| Allergies | Peanuts- If asked what your reaction is: You had hives. - If asked if you have any known medication-related allergies: You do not |
| medications | See table below for medications and notes.If asked about adherence: You do not miss any doses from your medications.If asked if you have a "rescue inhaler" or albuterol inhaler: |
|  |  |

| Medication  | Strength | Dose/Frequency | Indication | Notes (if asked) |
| --- | --- | --- | --- | --- |
| Diltiazem CD mg  | 120 mg | 1 capsule once a day | Atrial fibrillation |  |
| Hydrochlorothiazide  | 25 mg | 1 tablet once a day | High blood pressure | You take this in the morning |
| Metformin  | 500 mg | 1 tablet twice a day | Type 2 diabetes | You take this with food |
| Albuterol inhaler  | 90 mcg/act | 2 puffs by mouth every 6 hours as needed for shortness of breath | Asthma | You do have an albuterol inhaler. You haven't needed to use this at all within the past month. |
| IF asked, do you take any over the counter medications – then provide the following |
| OTC Prevacid 24 HR  | 15 mg | 1 capsule once a day | Heartburn | You haven't noticed any side effects.You do take this 30 minutes prior to breakfast (on an empty stomach).See "Brief Summary" for more details. |
| Aspirin 1 tablet once a day Heart protectionYou don't know if this is enteric coated or not. | 81 mg |  |  |  |