

# Chapter 14: Energy Methods

14.1

- Work = Force x displacement (Work of a Force)  
= Moment x twist angle (Work of a moment)

$$U_e = \frac{1}{2} P \Delta$$

Work/Energy of external Forces

→ and for a moment:  $U_e = \frac{1}{2} M \theta$

- If we have two forces,  $P, P^*$

- Work of  $P$  for displacement  $\Delta^*$ :

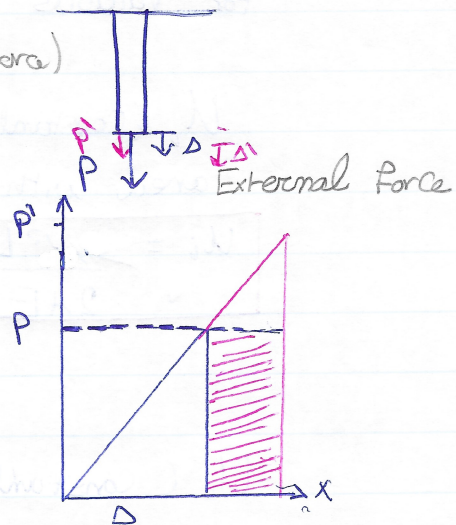
$$U_e = P \Delta^* \quad (\text{rectangular})$$

and for a moment:

$$U_e = M \theta^*$$

Note:

$P$  is constant in  $U_e$  because  $\Delta^*$  is caused by  $P^*$



- **Strain Energy**: internal work converted from external work done by the load applied

\* Strain energy in terms of Normal stress

Assuming material behaves in a linear elastic manner

$$U_i = \int_V \frac{\sigma^2}{2E} dV$$

Axial Force or Bending Moment

$$U_i = \int_V \frac{\tau^2}{2G} dV$$

Shear Force or Torsion

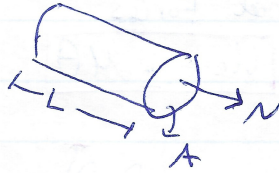
\*  $U_i$  is always positive whether  $\sigma$  is positive or negative  
Same for  $\tau$

$$U_e = U_i \quad \text{energy conservation}$$

## 14.2: Elastic Strain Energy For various loading

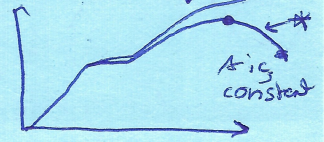
$U_i$  (Constant cross-section area with an axial force).

$$U_i = \frac{N^2 L}{2AE}$$



Note

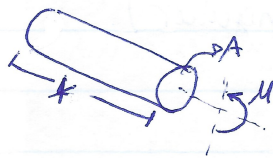
- cross section Area will decrease stress will increase in true fracture stress
- In the conventional Diagram, we assume  $A$  is constant Force will be decrease



$U_i$  (Variable cross-section area with a Bending Moment)

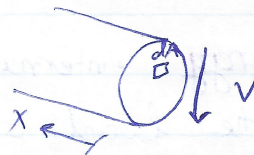
Using Flexure Formula

$$U_i = \int_0^L \frac{M^2 dx}{2EI}$$



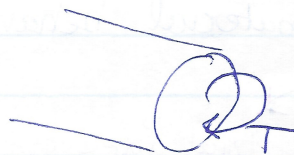
$U_i$  (Variable) cross-section area with a transverse shear)

$$U_i = \int_0^L \frac{f_s V^2 dx}{2GA}$$



$U_i$  (Variable cross-section area with a Torsional Moment)

$$U_i = \int_0^L \frac{T^2 dx}{2GJ}$$



## How to solve Questions

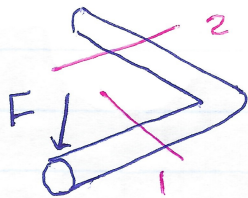
- If a displacement is required, use conservation of energy:-

$$U_e = U_i$$

$\frac{1}{2} P \dots$  = need to be calculated

To calculate  $U_i$ :

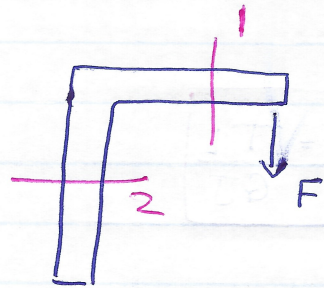
Take sections in the Body:



Here we take two sections

In 1:  $V$  &  $M$

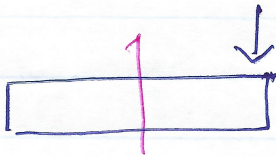
In 2:  $T$  &  $M$  &  $V$



Here we take two sections

In 1:  $V, M$

In 2:  $N, M$



Here we take one section

In section:  $V, M$

# 14.8:- Castigliano's Theorem

of Elastic System

$$\delta_i = \frac{\partial U}{\partial F_i}$$

↑ displacement      ↖ internal Energy      ↘ Force

\*  $\delta_i$  is same Direction of  $F_i$

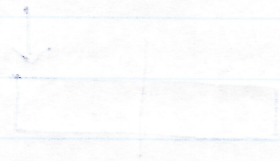
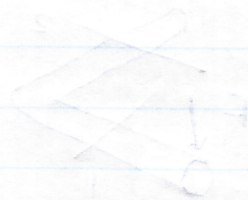
$$\delta = \frac{FL}{AE}$$

twisting

$$\theta_i = \frac{\partial U}{\partial M_i}$$

↘ Moment

$$\theta = \frac{TL}{GJ}$$



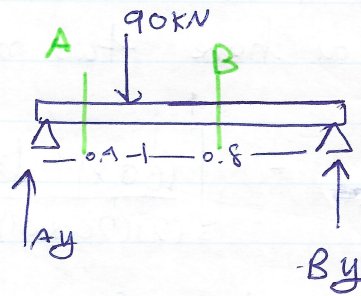
# Example on Elastic strain Energy

1- Find Reactions

$$\sum M_A = 0$$

$$(B_y)(1.2) - (90)(0.4) = 0$$

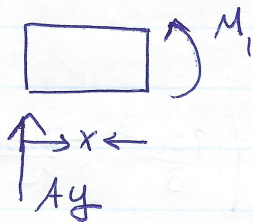
$$B_y = 30 \text{ kN} \uparrow$$



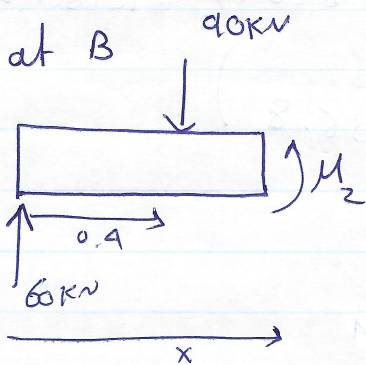
$$\text{So } A_y = 60 \text{ kN} \uparrow$$

We need to find  $M$  for two sections (A & B)

at A :-



$$\sum M = 0 \quad M - (A_y)(x) = 0$$
$$M = 60x$$



$$\sum M = 0 \quad M_2 - (60)(x) + (90)(x - 0.4) = 0$$

$$M_2 = 60x - 90(x - 0.4) = 60x - 90x + 36$$
$$M_2 = -30x + 36$$

3- you have two moments so  $U_{\text{tot}} = U_1 + U_2$

$$U_1 = \int_{0.1}^{0.4} \frac{(60x)^2 dx}{2(200 \times 10^9)(3.33 \times 10^{-6})} (10^6)$$

Note:  
Make 60 kN  
=  $60 \times 10^3 \text{ N}$

$$= \int_{0.1}^{0.4} \frac{3600x^2 dx (10^6)}{1332000} = \frac{3600x^3 (10^6)}{3 \times 1332000} \Big|_{0.1}^{0.4} = 5.76 \times 10^{-5} \times 10^6 = 57.6 \text{ J}$$

$$U_2 = \int_{0.1}^{1.2} \frac{(-30x + 36)^2 (10^6) dx}{1332000}$$

$$= \int_{0.1}^{1.2} \frac{(900x^2 - 2160x + 1296) (10^6)}{1332000} = \frac{1}{1332000} \left( \frac{900x^3}{3} - \frac{2160x^2}{2} + 1296x \right) \Big|_{0.1}^{1.2}$$

$$= \frac{(10^6)}{1.332 \times 10^6} \left( 300x^3 - 1080x^2 + 1296x \right) \Big|_{0.1}^{1.2}$$

$$= \frac{(10^6)}{1.332 \times 10^6} \left( 300(1.2^3 - 0.1^3) - 1080(1.2^2 - 0.1^2) + 1296(1.2 - 0.1) \right)$$

$$= \frac{(10^6)}{1.332 \times 10^6} \left( 499.2 - 1382.4 + 1036.8 \right)$$

$$= 115.3 \times 10^{-6} \times 10^6 = 115.3$$

so  $U_{\text{tot}} = U_1 + U_2 = 172.9 \text{ J}$